

**Most of an adult guinea pig's diet should be hay!**



## Guinea Pig Food Guide

### 80% Grass Hay:

Unlimited timothy hay, orchard grass, oat hay.  
Avoid alfalfa hay due to high calcium levels.

### 10% Veggies:

- bell peppers (all colors)
- carrots
- cilantro
- parsley
- snap peas
- romaine lettuce

### *In moderation:*

- broccoli
- kiwi
- oranges
- papaya
- strawberries
- turnip greens
- kale

### 10% Pellets Enriched with Vitamin C:

1/8 cup per guinea pig per day.  
No colorful pieces or dried fruits/veggies.

### Avoid:

- avocado
- bread/toast
- cereal
- corn
- pasta
- rhubarb
- tomatoes
- spinach

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