

# Monthly Pawsletter



## May is Arthritis Awareness Month! -- What does that mean for pets?

Arthritis means inflammation or swelling of one or more joints. It describes more than 100 conditions that affect the joints, tissues around the joint, and other connective tissues. Specific symptoms vary depending on the type of arthritis, but usually include joint pain and stiffness. The most common type of arthritis in animals is Osteoarthritis. Osteoarthritis is a condition of chronic, progressive joint inflammation and degeneration. Management is aimed at keeping the pet comfortable and mobile.

Similarly to people, osteoarthritis in dogs and cats can be very painful and severely limit your pet's quality of life. Common symptoms associated with osteoarthritis include lameness, being less active, and less interest in playing/hiking/walks. There is no cure for osteoarthritis and reversing the disease process is unfortunately not possible at this point (neither in pets nor in people).

The best treatment for arthritis is prevention, and understanding osteoarthritis is important even if your pet may not have significant arthritis at this point.

Diagnosis of osteoarthritis in dogs and cats is generally straightforward and performed by either taking radiographs (X-rays) or observing cartilage changes in the joint during surgery. X-rays are also a good tool to monitor for progression of arthritis and we recommend performing these annually of each joint affected if possible.

There are multiple different ways that your vet may go about treating including but not limited to weight control, environmental changes, mobility aids, physical therapy, regular low impact activity, medications, supplements, injectable medications, and or adjunctive therapies!

There are new medications out on the market that are showing AMAZING results for cats and dogs as well that we now have in clinic! If you think your pet may have arthritis, give us a call today!

### In this newsletter you can expect:

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Arthritis Awareness Month

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Our Upcoming Community Events

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Clinic refresher- What do we offer and who do we see?

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Holidays this month!

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Donation Drive!

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Thank you!

18 May 2024

20-21 May 2024



## Joining in on Community Events!

We have been so excited to restart our participation in community events! Our team has had such an amazing time being out and about in Kitsap being there for our community and meeting all of you! We plan on continuing to do so, not only at the Port Orchard Farmers market every few weeks, but also with other events like F.A.R.M Days at the Kitsap Fairgrounds later this month from May 20th-21st and we have even more in the works!



Visit our events page to learn more!  
Just scan the QR code or visit  
[clovervalleyvet.com/events](http://clovervalleyvet.com/events)



11 May 2024

## Community Education Event- First aid (all species!)

It's time for our next Community Educational Event! This time, we are focusing on first Aid and Disaster Preparedness (and it even falls on National Pet Disaster Preparedness Day)!

On May 11th, members of our team will be at the Kitsap Saddle Club to discuss what to do for multiple different species to ensure that you are ready in case of emergency or disaster. We will be going over what to have at the ready and what to do in different scenarios.

We hope to see you there!

## Body Reclaimed by Deb Quagliato, CYT

CERTIFIED YOGA INSTRUCTOR

08 June 2024

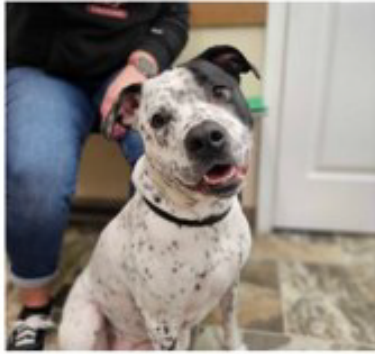
## Goat Yoga! Hosted at Yoked Farmhouse and Brewery!

Join us for some yoga on a beautiful June day at Yoked with their goats! Open to all levels of yogis as Deb, our manager and Certified Yoga Instructor, focuses on yoga for those with medical disabilities.. Come join us have a great time with the goats and each other and then enjoy a beer flight from Yoked afterwards!

- Date: 08 June, 2024
- Time: TBD
- Location: Yoked Farmhouse and Brewery, 525 SW Pine Rd SW, Port Orchard, WA 98367
- All are welcome to participate!

# What is it that we actually do? What do we see here at Clover Valley?

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## Small Animals

Dogs and cats of all sizes welcome! We not only have the ability for wellness, vaccines, nutrition, and behavioral exams but we also have the ability to see urgent care cases, run radiographs, in house and referral labs, laser therapy, and surgery! Our team is ever growing with services for small animal!



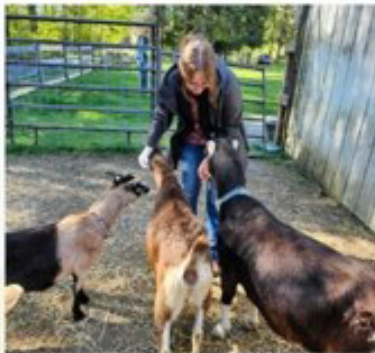
## Equine

Of course we see horses and donkeys! We even have 24/7 Equine ER on call services (even over the holidays!). Not only do we have Spring and Fall Wellness but we also offer Pre-Purchase exams, Nutrition consults, X-rays, Lameness and joint injection appointments, and reproductive services (these services are continuing to grow as well!)



## A Few Notes To Remember

- Our clinic is always growing and changing! We grow our services, have updates on our staff, and are continuously working on building our entire staffs knowledge base on a daily, weekly, monthly, and yearly basis!
- We are currently working on brining some new and exciting services to our clinic! We are hopeful to start offering these new services sometime this summer!
- We do have Equine ER hours 24/7 and we have a coalition with Sound equine for Farm Animal ER services for current clients!



## Farm animal

Goats, chickens, sheep, cows, and more! We have a doctor that is willing to see them here at Clover Valley! Whether its for wellness, vaccines, sick appointments, bumble foot, diagnostics, x-rays, and more, we can help you with your farm animal needs.



## Services

- Wellness
- Vaccines
- Diagnostics
- Surgery (call for specifics)
- Radiology
- Lameness
- Laser Therapy
- Equine and Small Animal Reproduction
- and more!



## Holidays this month! Celebrate with us!

- May 2 | **CLOSED for Staff Training!**
- May 5-11 | Dog Anxiety Awareness Week
- May 5-11 | National Pet Week (first full week of May starting on a Sunday)
- May 5-11 | American Humane's Be Kind to Animals Week (first full week of May starting on a Sunday)
- May 11 | National Animal Disaster Preparedness Day **AND our next Community Educational Event on First Aid and Disaster Preparedness**
- May 11-14 | Westminster Kennel Club Annual Dog Show
- May 12 | Mother's Day
- May 14 | International Chihuahua Appreciation Day
- May 17 | Endangered Species Day
- May 18 | Port Orchard Farmers Market-Community Booth!
- May 20 | National Rescue Dog Day
- May 21 | World Dog Day (third Saturday in May)
- May 20th and 21st | F.A.R.M Days!
- May 25 | International Cavalier King Charles Spaniel Day
- May 27 | **Memorial Day-CLOSED**



*Thank you for reading!*

DON'T FORGET ABOUT OUR YEAR ROUND DONATION DRIVE! WE ARE LOOKING FOR DONATIONS OF ALL TYPES FOR PAWS BREMERTON, PUGET SOUND GOAT RESCUE, AND SAVE A FORGOTTEN EQUINE!

You can also donate to any of these 3 amazing organizations online!

**PAWS of  
Bremerton**



**Puget Sound  
Goat Rescue**



**S.A.F.E (Save a  
Forgotten Equine)**

