

# Pruritus Visual Analog Scale (Feline)

Pruritus prompts cats to groom excessively and/or scratch using the hind limbs.  
A healthy cat, free from pruritus, spends about 1 h per day grooming (normal grooming behaviour) and scratches around 1 min per day.<sup>28</sup>

Please read carefully (from the bottom to the top) the behavioural descriptors on the right and left side and mark on both lines how much your cat licks/scratches, on average, over 24 h.

## How much LICKING?

### Nonstop or nearly nonstop licking

My cat over-grooms even during the visit and/or hides constantly.  
Licking results invariably in hair loss and often induces skin lesions.

### Intense and prolonged licking

My cat wakes up and/or stops eating/playing to licking, and/or hides very often.  
Licking induces hair loss very frequently.

### Moderate licking

My cat often hides and wakes up sometimes to grooming, but never stops eating or playing to do so.  
Licking often results in hair loss.

### Frequent and protracted mild licking

My cat never grooms while eating, sleeping or playing. It occasionally hides.  
Licking seldom results in hair loss.

### Mild and episodic licking

My cat grooms more than it used to.  
Licking never results in hair loss.

Healthy cat: licking up to 1 h a day

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## How much SCRATCHING?

### Nonstop or nearly nonstop scratching

My cat scratches even during the visit and/or hides constantly.  
Scratching results invariably in skin lesions.

### Intense and prolonged scratching

My cat wakes up and/or stops eating/playing to scratching, and/or hides very often.  
Scratching results in skin lesions very frequently.

### Moderate scratching

My cat often hides and wakes up sometimes to scratching, but never stops eating or playing to do so.  
Scratching often results in skin lesions.

### Frequent and protracted mild scratching

My cat never scratches while eating, sleeping or playing. It occasionally hides.  
Scratching seldom results in skin lesions.

### Mild and episodic scratching

My cat scratches more than it used to.  
Scratching never results in skin lesions.

Healthy cat: scratching up to 1 min a day

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