



## Your pet has been asked to fast prior to your visit

Certain procedures that your SAGE medical team may recommend warrant fasting to minimize complications such as vomiting, regurgitation, or pneumonia.

### WITHHOLDING FOOD

1. **Patients over 16 weeks of age and all adults:** Food should be withheld at least 6 hours (8 hours for brachycephalic breeds such as Bulldogs, Pugs, Persians, French Bulldogs, Boston Terriers, etc.).
  - a. For **morning appointments** *before* 12 pm: No food after midnight.
  - b. For **afternoon appointments** *after* 12 pm: No food after 6 am.
2. **Pediatric patients (6-16 weeks of age):** Feed a small meal 2-4 hours before anesthesia and surgery. Food should not be withheld for longer than 4 hours in your puppy or kitten as they do not have adequate energy reserves.
3. **Special considerations (Diabetics, patients with insulinoma, endoscopy/colonoscopy patients, special laboratory testing, or other special circumstances):** Please call your SAGE medical team for instructions if you have not heard from them directly regarding fasting. There may be special instructions regarding longer or shorter fasting and changes in access to water.

### WITHHOLDING WATER:

**For any patient:** Water can be given up to the time of your pet's appointment, unless instructed otherwise by the SAGE team.

Please contact your SAGE medical team if you have any questions or concerns regarding these instructions.