



Preparation

- Be familiar with your favorite beach's rules, regulations, and leash laws
- Make sure your dog is fully vaccinated and on heartworm and flea and tick preventative.
- Make sure your dog is obedient and dog friendly
- Smaller dogs may get injured by larger dogs at the beach
- Be aware of your dog's tolerance to exercise, water, and heat. Some dogs may be at risk:
 - Age (young puppies/older dogs)
 - Breeds short muzzled dogs like Bulldogs, Boxers, Boston Terriers, etc. can overheat quickly
 - Overweight dogs

Items to bring

- · Collar, rabies tag, identification tag, and leash
- Dog bowl and an abundant supply of fresh drinking water
- Blanket or towel
- Umbrella for shade if no shade is available
- · Zinc-free, dog-friendly sunscreen
- Life jacket
- Poop bags



Medical conditions may occur as a result of a day at the beach. Contact your veterinarian in these instances.

Environmental

- Heatstroke
- Drowning
- Burning foot pads (from hot sand or blacktop)
- Sunburn

Wounds

- Jelly fish stings
- Dog fights
- Broken glass
- Fishhooks

Ingestion

- Salt water (salt toxicity)
- Sand
 - Impaction (blockage)
 - Gastroenteritis (vomiting & diarrhea)
- Shells
- Fish hooks
- Garbage
- · Dead sea life
- Sun screen