



Compassionate Support For Pet Parents.

Grief is love in its most painful form.

TENDER TAILS OFFERS A COMMUNITY OF EMPATHY AND CARE WHERE PET PARENTS CAN EXPRESS THEIR MOST DIFFICULT FEELINGS, THOUGHTS, OR EXPERIENCES.

Losing a pet can be heartbreaking, and grief can be very isolating. Family members and friends may tell you to move on, but there is no timeline. Grief is an entirely normal and natural response to the loss of your pet.

Grief is a complex mix of emotions, none of which are wrong. You may experience immense guilt, sadness, anger, disbelief, forgetfulness, confusion, exhaustion, or feeling like there is something wrong with you.

You are not meant to be rushed or be alone when you grieve. You do not have to experience your grief alone.

There is support available, and we are here to help.





KATHLEEN DUNBAR
Veterinary Social Worker

Kathleen is dedicated to supporting people who have experienced pet loss. She provides individual counselling and facilitates pet loss support groups. She has a Masters of Social Work from Dalhousie University and has worked in the mental health field for more than two decades. She also works as a therapist in private practice.

Before becoming a Registered Social Worker, she worked in the veterinary industry as a Registered Veterinary Technician for many years. Kathleen has had many pets in her life since she was a child and understands the rewards of the human-pet bond.

TYPES OF APPOINTMENTS



Individual grief counselling is available in-person at Carnegy Animal Hospital, virtually, or by phone.



Eight-week pet loss virtual support group for adults mourning their pet. This group provides information on grief-related subjects through informal discussions and sharing stories. Topics such as depression, anxiety, and regret are covered.



Services are eligible for most benefits plans.

***There is support available,
and we are here to help.***

CALL 902-399-5869

OR

**SCAN BELOW TO BOOK
AN APPOINTMENT**



**Services available in most Canadian provinces.*

Carnegy Animal Hospital

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