

PET LOSS SUPPORT & GRIEF RESOURCES

CRISIS SUPPORT AND COUNSELING

Pet Grief Support Helpline

Companion Animal Association of Arizona (CAAA) (602)995-5885

ASPCA National Pet Loss Hotline

24/7 Grief support (877)474-3310

Lasting Paws Pet Memorial Services

24/7 Grief support (855)245-8214

Maricopa County Crisis

Hotline: (602)222-9444 Warmline: (602)347-1100

Crisis text line: 988

VIRTUAL SUPPORT **GROUPS**

Lap of Love

Virtual Grief Support Groups Meetings held 7 days a week (Free) Individual loss support session (\$50/session) Arms of Love 6-week course (\$149) www.lapoflove.com/our-services/pet-losssupport

Hospice of the Valley

Virtual Grief Support Group Meetings held 1st Saturday of the month from 10am to 11:30am (602)530-6970

Association for Pet Loss & Bereavement

Virtual Grief Support Group and Chat Room Virtual Anticipatory Grief Chat Room www.aplb.org



"If love alone could have kept you here, you would've lived forever".

- Author Unknown





PET LOSS BOOKS FOR ADULTS

Grieving the Death of a Pet

By Betty Carmack

Repairing the Heartache of Pet Loss Grief By C. Jeffrey

And I Love You Still... A Thoughtful Guide and Remembrance Journal for Healing the Loss of a Pet

By Julianne Corbin

Moving On Doesn't Mean Letting Go: A **Modern Guide for Navigating Loss** By Gina Moffa

The Book of Pet Love & Loss: Words of **Comfort and Wisdom From Remarkable People**

By Sara Bader

Goodbye, Friend: Healing Wisdom for Anyone Who has Ever Lost a Pet By Gary Kowalski

PET LOSS BOOKS FOR CHILDREN

The Rainbow Bridge: A Visit to Pet Paradise By Adrian Raeside

Dear Brave Friend

By Leigh Ann Gerk

The Invisible Leash

By Patrice Karst

Goodbye, Bella: A Pet Loss Story

By Katherine Pendergast & Lacie Brueckner

The Forever Dog

By Bill Cochran

Saying Goodbye to Lulu

By Corrine Demas

Balloons for Tiger

By Lori Orlinsky



"When tomorrow starts without me, don't think we're far apart, for every time you think of me, I'm right here in your heart". - Author Unknown