

Feline Radioiodine Center

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QUICK REFERRAL GUIDE FOR RADIOIODINE

HOW TO REFER:

- 1. Email us records from 1 yr prior to diagnosis 2. ask your client to email us I-131records@nva.com.
 3. share our website. www.ovshosp.com/feline-radioiodine-center. We'll take it from there!
- <u>TIME TO TREATMENT</u>: Stable patients who have completed a methimazole or y/d trial: usually 1-2 months. Patients who do not tolerate those treatments: usually within a month.
- <u>COST: Consult</u> \$175-\$200. <u>Pre-testing</u> (not all tests are required for each patient): ~\$300-~\$1100. <u>Radioiodine:</u> \$1475 - 48 hour stay, usually for patients with TT4 less than 10. \$1575 - 72 hour stay, usually for patients with TT4 up to 20. \$1875 - 72 hr stay, higher dose for aggressive benign nodules. \$3000 - 10 day stay, high dose for suspected adenocarcinoma. <u>Post-testing: per your fees</u>.

WHEN TO REFER:

- Most patients should have completed a methimazole or y/d trial prior to referral. Younger patients with TT4 < ~ 7.5, mild clinical signs, and no evidence of renal disease may be exceptions.
- Other than rare exceptions, we will advise waiting to do radioiodine for gray zone TT4 cases due to the higher risk of iatrogenic hypothyroidism.
- Radioiodine is most effective when pursued **early in the disease**. Clients are advised of a lower 1st injection cure rate with longer disease course and higher TT4 (85 90% vs 95% for early cases).
- Patients must be stable to be admitted to the hospital for the injection and post-radioiodine isolation. We have a limited ability to monitor, test and treat radioactive patients. Radioiodine should virtually never be an emergency procedure in a severely debilitated patient.

TESTING:

- Please submit **all TT4 to reference lab**. Due to high variability in in-house testing, we will ask for repeat testing if in-house results are sent to us for pre- or post-radioiodine thyroid values.
- **TSH** is preferred over (or in addition to) fT4-ED to evaluate thyroid status, especially to confirm early cases or to diagnose iatrogenic hypothyroidism. We have the Truforma feline TSH and may ask that some tests are run at our clinic.
- **SDMA** is available at Antech as an inexpensive add-on (code T1035.)
- A full panel with U/A is needed 3 –4 wks after starting methimazole to assess safety and efficacy.
- Please submit labwork including TT4 even if there is a reaction. 1. It may be our only chance to assess renal values with lower TT4. 2. Potential liver, bone marrow reactions need to be assessed.
- If you perform radiographs at your clinic, please see below for guidelines

TIMELINE AND REQUIRED TESTS:

- **PRE** (*Required*) **Full lab panel to reference lab** within 30 60 days pre-radioiodine. Timing is at OVSH doctor's discretion based on overall health, co-morbidities, age.
- **PRE** (*Required*) **3-view chest and abdomen with board-certified radiologist review** within ~ *30 days* prior to radioiodine. An Against Medical Advice will be needed if radiographs are declined.
- **PRE** (*Recommended*) **Pro-BNP** or **echocardiogram** as auscultation and radiographs are not adequate to diagnose most cases of thyrotoxic cardiomyopathy.
- **POST** (*Required*) Reference lab full panel with urine at 1, 3 and 6 months post-radioiodine.

We appreciate you referring to us and allowing us the privilege of treating your patients.