**SAGE Veterinary Centers offers physical** rehabilitation and sports medicine at our **Campbell and Redwood City locations.** 





**PHYSICAL** REHAB

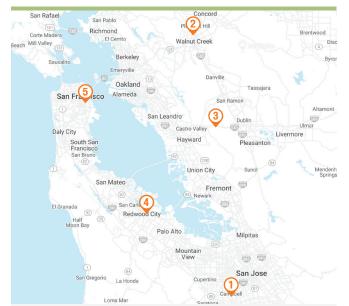
Physical rehabilitation is analogous to physical therapy in humans. It is the science of movement and aims to maximize the ability to move around in one's environment and perform daily activities.



**MEDICINE** 

**Sports medicine can help** condition a working dog to prevent injury, or help them return to work or competition if they are injured.

## SAGE LOCATIONS









2 SAGE CONCORD 2055 Meridian Park Blvd Concord, CA 94520 925-627-7243



3 SAGE DUBLIN 7121 Amador Plaza Rd Dublin, CA 94568 925-574-7243



(4) SAGE REDWOOD CITY 934 Charter St Redwood City, CA 94063 650-417-7243



5 SAGE SAN FRANCISCO 600 Alabama St San Francisco, CA 94110 415-566-0540

Visit our website at <u>sagecenters.com</u> for more information.



# PHYSICAL **REHAB**



**IMPROVING THE LIVES** OF PETS AND THEIR PEOPLE



#### **SERVICES WE OFFER**

- + Underwater treadmill
- · Strength and balance training
- + Endurance training
- + Fitting your pet with carts and mobility devices
- + Fitting your pet with custom orthotics and braces
- + Massage, myofascial release, and joint mobilization
- Personalized home programs



Underwater treadmill therapy, shown here, is one of the treatments our Physical Rehabilitation department offers to help manage pain.

Physical rehabilitation and sports medicine improves strength, balance and coordination, and endurance. It helps to manage pain and can help your pet return to their favorite activities, be more comfortable, and live a fuller and happier life.



Our certified small animal rehabilitation therapists include veterinarians and licensed physical therapists and technicians.

We work with animals recovering from surgery and offer treatment options to non-surgical candidates, such as geriatric and overweight pets, or pets with chronic or progressive conditions like degenerative myelopathy.

For a dog, daily activities include walking, running, playing, getting on/off furniture, grooming, and sport or work-specific activities. Following surgery, injury, or with age, these basic movements can become challenging. Physical rehabilitation provides many benefits such as pain management, improved balance, muscle strengthening, and an overall improvement in well-being.



#### YOUR FIRST VISIT

Your pet's first visit will consist of a consultation performed by a rehabilitation therapist. This will include a detailed history, assessment of their home environment, and a discussion about goals for your pet's function. We may also perform a gait analysis and measure muscles and joints before we formulate a treatment plan.

Treatment plans may involve exercises that you can do at home, as well as services that we can offer at our facilities.



We encourage you to become an active partner in your pet's daily progress, and we hope to make it a fun experience for both you and your pet.



### **REHABILITATION SESSIONS**

As part of the therapeutic plan, your therapist may recommend your pet attend formal rehabilitation sessions at one of our facilities. We make an effort to accommodate owners who wish to stay and participate during the sessions.

The therapies we perform may progress or change over time, depending on your pet's response to treatment.