

## TOUCH

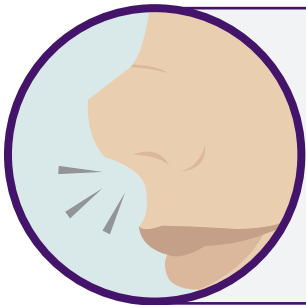
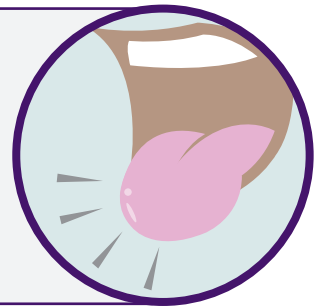
TOUCH is one of the first senses to develop, even before birth.

**TOP TIP:** Go on a scavenger hunt inside or out to find materials of different textures. Categorise the items in trays: smooth, bumpy, furry, etc.

## TASTE

Eating different foods can be a great sensory experience for children's TASTE that also incorporates the other senses.

**TOP TIP:** Get tamariki to try different fruits with their eyes closed and describe the taste. What does this taste remind you of? Is it sweet or sour?



## SMELL

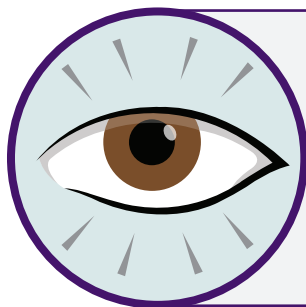
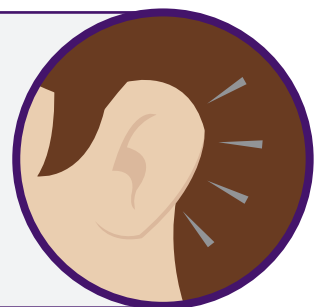
Developing the sense of SMELL also helps children increase their memory and creativity.

**TOP TIP:** Flowers in the garden can be used in sensory play by getting tamariki to creatively describe the scent.

## SOUND

Musical instruments help promote the sense of SOUND, developing listening skills, concentration, coordination, cooperation, communication, memory and creativity!

**TOP TIP:** Encourage playtime with musical instruments such as shakers, bells, drums, and triangles.



## SIGHT

Help children's brains create stronger connections through SIGHT.

**TOP TIP:** Colourful memory and matching games are a simple way to develop this sense.