

CHRISTMAS PLAYDOUGH



New Zealand
Tertiary College



MERRY CHRISTMAS



INGREDIENTS:

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|---------------------------|-----------------------------|
| 1 ½ cups of salt | 6 cups of boiling water |
| 3 tbsp of Cream of Tartar | 6 cups of flour |
| ½ a cup of oil | Red or green food colouring |

METHOD:

- 1) Add the salt, Cream of Tartar and oil to a large bowl.
- 2) Pour in the boiling water so the ingredients melt together, stirring gently.
- 3) Add the flour (more or less can be used depending on the consistency) and a few drops of food colouring (the more you add, the more intense the colour will be).
- 4) Mix all ingredients well. Finish by kneading the dough.

Tip: To create even more of a sensory experience for tamariki, consider mixing in glitter (biodegradable is a great option) or different scents by adding peppermint extract, cinnamon or nutmeg. Cookie cutters can also be used to allow children to experiment with different shapes.

