



New Zealand
Tertiary College

Health and Wellbeing

Prospectus





Empowering students to
care, educate and serve
meaningfully and effectively.

New Zealand Tertiary College (NZTC) was founded in 1982. Since then, we have gained significant professional recognition for our graduates and New Zealand Qualifications Authority (NZQA) approval for our programmes.

We are committed to providing comprehensive and professional programs to support the healthcare sector in Aotearoa New Zealand and worldwide.



Welcome to
New Zealand Tertiary College

New Zealand Tertiary College (NZTC) offers NZQA-approved programmes that enable individuals to up-skill in their careers. We support students throughout their learning by providing flexible study options with a strong emphasis on practical, hands-on experience.

Welcome to New Zealand Tertiary College — we look forward to supporting you on your learning journey.

Contents

Welcome to NZTC	5
Our values	8
Work opportunities	9
Student support	10
Flexible study to suit you	11
Health and Wellbeing pathways	13
Health and Wellbeing qualifications	14
New Zealand Certificate in Health and Wellbeing (Level 2)	16
New Zealand Certificate in Health and Wellbeing - Healthcare Assistance Strand (Level 3)	18
New Zealand Certificate in Health and Wellbeing (Advanced Care and Support) (Level 4)	20
Additional information	23
Frequently asked questions	24
How to become an NZTC student	25
Find out more	26

Our values

Vision - Ngā Tumanako

We are committed to fostering innovation which empowers our learners and the community to thrive in an ever-changing world.



Competence - Matautau

We provide career focused education that builds skills and confidence, empowering learners to make a positive social impact through a commitment to excellence.



Partnership - Whakahoahoa

We value building strong and respectful relationships by appreciating each partner's unique needs, strengths and contributions.



Heart - Ngakau

We ensure every learner, their whānau, and community feel valued through authentic connections that nurture belonging, wellbeing, and success.



Work opportunities

Employment opportunities for Healthcare Assistants are expected to increase, with strong demand across the healthcare sector.

Completion of Health and Wellbeing courses with NZTC may lead to employment opportunities in the following areas:

Rehabilitative Care

Supporting people within our communities or in care settings who are recovering from injury to achieve the highest possible level of independence.

Hospital

As part of a multidisciplinary hospital team that includes doctors and nurses, Healthcare Assistants (HCAs) play a vital support role, working under the direct supervision of a registered nurse to deliver safe and effective patient care.

Community Care

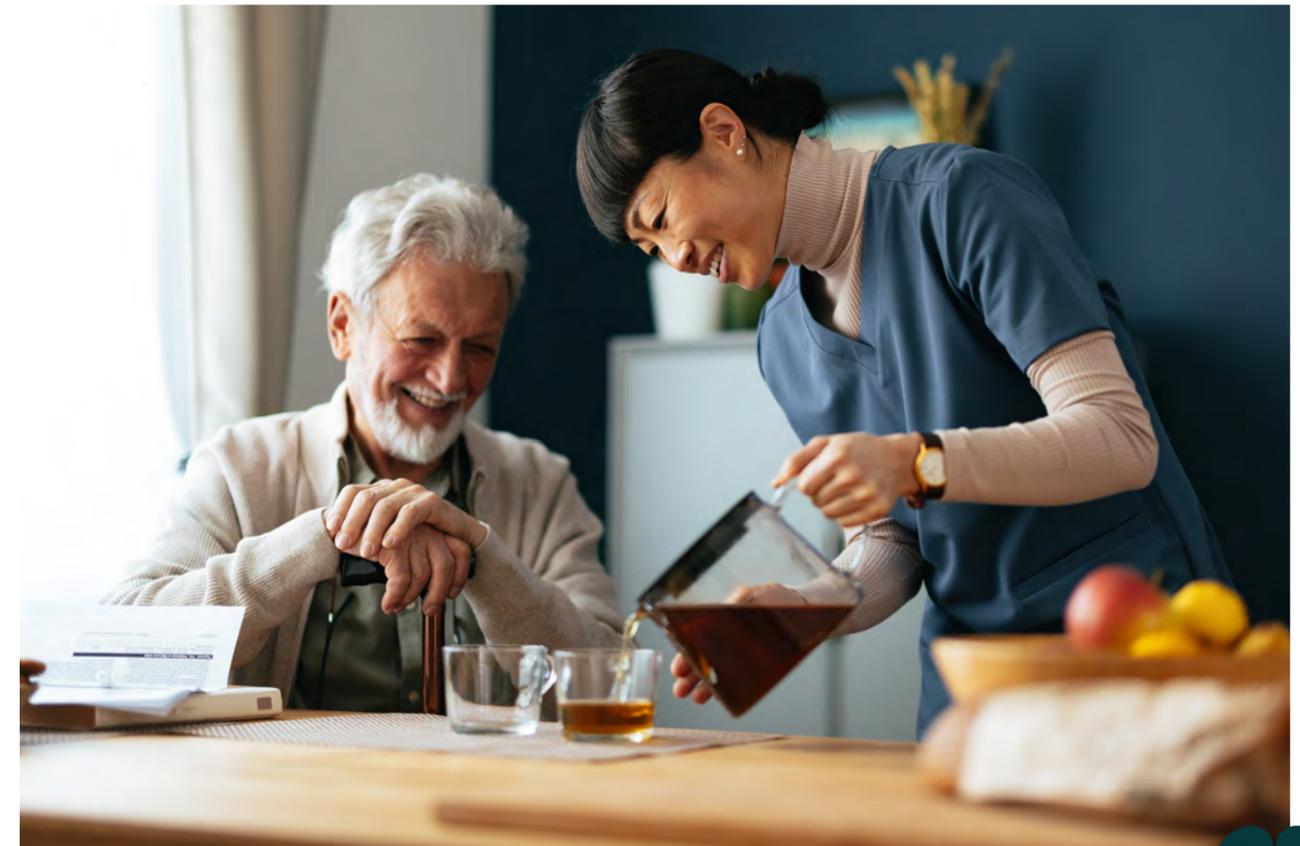
Healthcare Assistants provide care and support to clients within their own homes, enabling them to maintain independence in the community

Residential Care

Under the direction of a registered nurse, Healthcare Assistants support residents according to their individual needs, helping to enhance their quality of life.

Hospice

Working alongside a multidisciplinary healthcare team, Healthcare Assistants provide compassionate support to meet the physical, emotional, social, and spiritual needs of clients with life-limiting conditions and their families.



Student support

Our students are at the heart of everything we do. We pride ourselves on our range of support services available to help you succeed in your studies.

A quality learning environment

At NZTC, you'll feel supported throughout your studies, with access to excellent online resources and passionate teaching staff committed to your success.

Academic Staff

NZTC delivers its Health and Wellbeing programmes through highly qualified academic staff with extensive experience across healthcare and adult education.

Māori and Pasifika support

To ensure we are hearing the voices and meeting the needs of our Māori and Pasifika students, we have a team to support out Māori and Pasifika learners

Student support

Our student support team is available to help you manage any issues that may affect your performance as a student.

IT Help

For any IT related challenges, help is at hand. Our team can resolve any technical issues you may have, giving clear guidance without the 'techy talk'.

Handbooks

Students are provided with a Student Handbook that contains information on the policies, processes and regulations of NZTC that a student may refer to throughout their study.

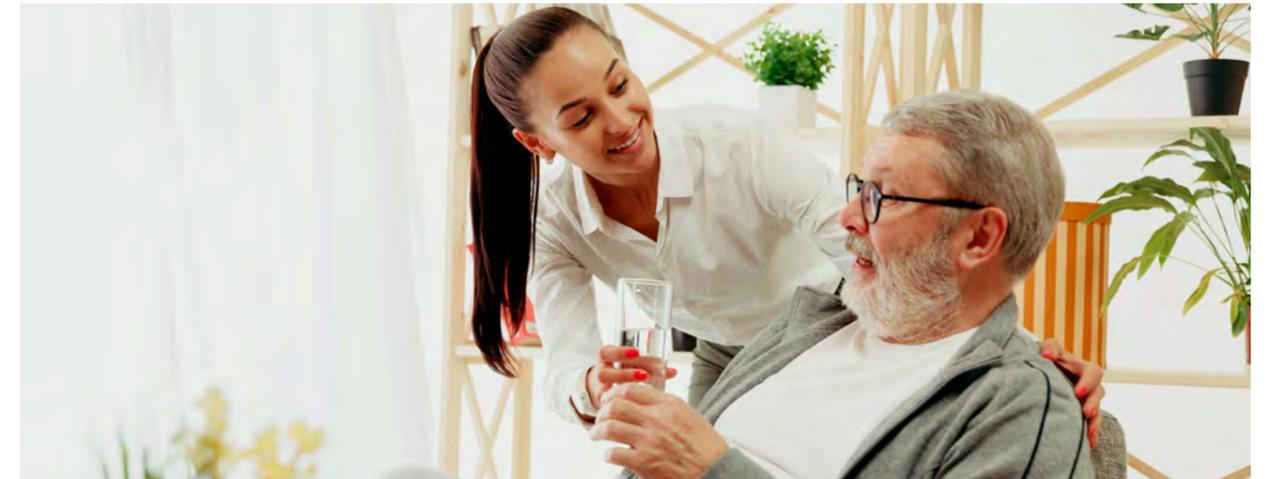
Flexible study to suit you

NZTC offers study options designed to suit a range of learning styles, ensuring a high-quality and engaging educational experience. All NZTC Health & Wellbeing qualifications are delivered through a blended learning model, combining the flexibility of online learning with practical, work-based experience.

All students have access to NZTC Online, which provides course materials, research and support resources, as well as facilities for assessment submission and feedback.

To study with NZTC, you will need access to a computer with reliable internet connectivity and be prepared to engage in self-directed study to successfully complete courses within specified timeframes.





Education pathway

Our Health and Wellbeing programmes support ongoing learning, allowing you to build your knowledge and progress to higher levels of tertiary study.

New Zealand Certificate
in Health and Wellbeing
(Level 2)

New Zealand Certificate in Health
and Wellbeing - Healthcare
Assistance Strand (Level 3)

New Zealand Certificate
in Health and Wellbeing
(Advanced Care and
Support) (Level 4)

Student Profile

Kevin Pappachan

Kevin Pappachan always liked helping others. Encouraged by his wife, he decided to follow his heart and embark on a more fulfilling career.

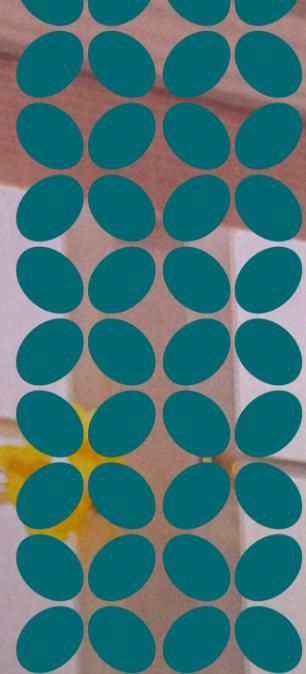
Kevin initially enrolled in the New Zealand Certificate in Health and Wellbeing – Health Assistance Strand (Level 3) and after graduating decided to further upskill by studying the New Zealand Certificate in Health and Wellbeing (Advanced Care and Support) (Level 4).

“This is my first experience to study a program online and it was a very good experience as I felt I was studying in a college atmosphere. All the topics are well organised with a very clear explanation. The journal after each topic aided me to think more about the topics and deepened my knowledge. Most importantly, the discussion part was very helpful as it provided a clear picture about how to approach each assignment.”

Now, two years after he started his first course at NZTC, he is determined to continue studying while he works to keep his skills up to date.



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Kevin Pappachan



Health and Wellbeing Qualifications

New Zealand Certificate in Health and Wellbeing (Level 2)

New Zealand Certificate in Health and Wellbeing - Healthcare Assistance Strand (Level 3)

New Zealand Certificate in Health and Wellbeing (Advanced Care and Support) (Level 4)



New Zealand Certificate in Health and Wellbeing (Level 2)

The aim of this programme is to develop capable, ethical, and professional Healthcare Assistants who possess introductory knowledge and practical skills for entry-level roles within the health and wellbeing sector.

The programme supports learners to understand the diverse and changing needs of individuals in care and to provide respectful, person-centred support under the guidance and supervision of a health professional.



Method:
Full-time



Mode:
Blended



Level:
2



Duration:
12 weeks



Credits:
40

Programme overview

- Perform person-centred care tasks and functions in a health or wellbeing setting, providing respectful, safe and inclusive support.
- Understanding responsibilities and boundaries of the role of the Healthcare Assistant.
- Develop the skills required to manage and respond appropriately to change.
- Culturally inclusive communication skills.

Highlights / Opportunities

- Develop introductory skills with no previous study experience needed.
- Practice with confidence in New Zealand's culturally and socially diverse health sector.
- Pursue higher level study with NZTC.

Entry requirements

New Zealand Certificate in Health and Wellbeing (Level 2) has open entry, but the following is required:

- Applicants must have turned 16 years of age prior to starting the programme.
- Applicants with English as an additional language are required to provide proof of their English language competency.

Before being accepted into the programme applicants:

- Must declare any physical or learning disabilities, or diverse needs that may impact on your performance as a student.



Student Profile Jen Skinner

With one full-time job, a part-time job and a personal life to manage Jen Skinner, a New Zealand Certificate in Health and Wellbeing (Level 2) graduate, found studying through NZTC Online incredibly helpful.

"I work on a dairy farm milking cows in the morning, and then work for a luxury lodge doing reservations. With my busy schedule, being able to fit studying around these commitments was such a blessing."

Originally from South Africa, Skinner found the 'Individual Client Care' course resonated particularly well with her as it focused on the importance of working within a person-centred framework.

"I think this is so relevant in our world with many different cultures and belief systems. Coming from a country like South Africa, where there are more cultures than you can count, it's so important to recognise and respect each person's individuality."

"Coming from a country like South Africa, where there are more cultures than you can count, it's so important to recognise and respect each person's individuality."

Jen Skinner

New Zealand Certificate in Health and Wellbeing - Healthcare Assistance Strand (Level 3)

The aim of this programme is to recognise the entry-level skills and knowledge required to provide respectful, person-centred support in the health and wellbeing sector, preparing graduates to work safely under the supervision of a health professional while contributing to quality care for individuals, whānau, and the wider community.



Method:
Full-time



Mode:
Blended



Level:
3



Duration:
22 weeks



Credits:
70

Programme overview

- Apply knowledge of relevant regulations in a health and wellbeing setting in an ethical and professional manner.
- Provide culturally inclusive person-centred care under direction and delegation of a health professional.
- Develop effective and culturally inclusive communication skills.

Entry requirements

New Zealand Certificate in Health and Wellbeing (Level 3) has open entry but the following is required:

- Applicants must have turned 16 years of age prior to starting the programme.
- Applicants with English as an additional language are required to provide proof of their English language competency.

Before being accepted into the programme applicants:

- Must declare any physical or learning disabilities, or diverse needs that may impact on your performance as a student.

Highlights / Opportunities

- Develop the knowledge and skills required to be a capable health assistant.
- Practice with confidence in New Zealand's culturally and socially diverse health sector.
- Pathway into the New Zealand Certificate in Health and Wellbeing (Advanced Care and Support) (Level 4).



Student Profile Anjali Elias

Anjali Elias has always been dedicated to making a positive impact in people's lives.

Enrolling in the New Zealand Certificate in Health and Wellbeing – Health Assistance Strand (Level 3), Anjali was drawn to NZTC's strong student support and reputation for equipping graduates with the skills and knowledge needed to excel in the industry.

"I am passionate about supporting individuals with disabilities to enhance their quality of life and promote their independence. This field allows me to provide personalised care that respects each person's unique needs and abilities."

"This field allows me to provide personalised care that respects each person's unique needs and abilities."

Anjali Elias

New Zealand Certificate in Health and Wellbeing - (Advanced Care and Support)(Level 4)

This qualification recognises advanced skills and knowledge to provide person-centred or relationship-centred care for people with complex needs, preparing experienced practitioners to work under broad guidance, demonstrate leadership, and contribute to high-quality health and wellbeing services.



Method:
Full-time



Mode:
Blended



Level:
4



Duration:
1 year



Credits:
120

Programme overview

- Develop collaborative and person-centred approaches to care.
- Develop effective and culturally inclusive communication skills.
- Apply and enhance knowledge of health or wellbeing conditions and organizational processes.
- Gain understanding of leadership practices.

Highlights / Opportunities

- Develop advanced skills and practices required to provide person-centred care and support.
- Pursue higher level tertiary education.

Entry requirements

Before being accepted into the programme applicants:

- Must have completed the New Zealand Certificate in Health and Wellbeing - Health Assistance Strand (Level 3) or equivalent.
- Must declare any physical or learning disabilities, or diverse needs that may impact on your performance as a student.

Note:

Applicants must have turned 16 years of age prior to starting the programme.

Applicants with English as an additional language are required to provide proof of their English language competency.



Student Profile Jenita Karki

Jenita Karki's close bond to her grandparents led her to finding her vocation in aged healthcare.

Recognising her dedication to helping others, a friend recommended completing a Health and Wellbeing qualification at New Zealand Tertiary College. After further research she felt confident that NZTC aligned with her learning style and enrolled in the New Zealand Certificate in Health and Wellbeing (Advanced Care and Support) (Level 4).

"Studying online gave me my own space. I could study or access study materials whenever I liked, or whenever I had time. It meant I could pursue my education while balancing other responsibilities, and I didn't have to worry about going to classes."

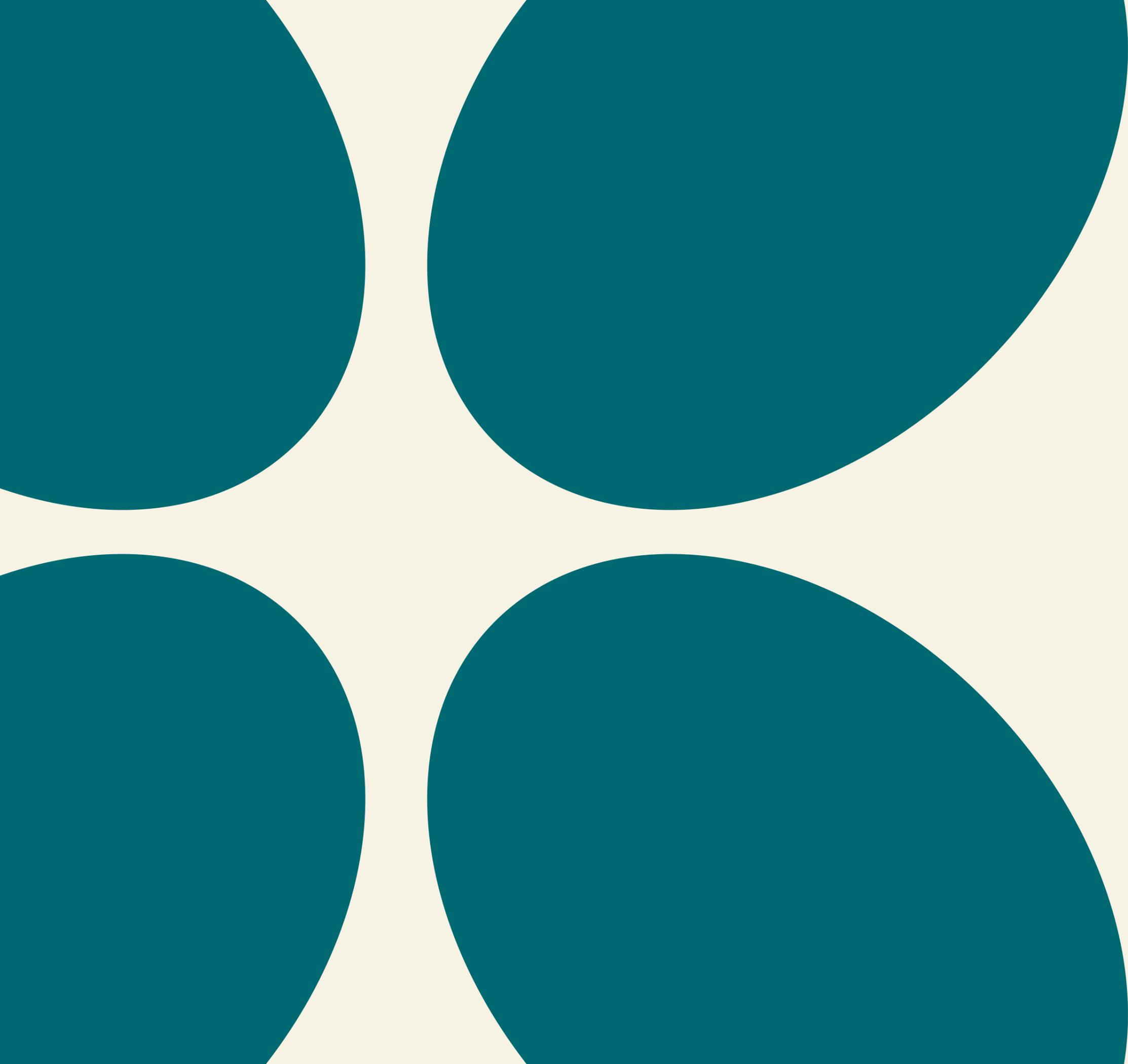
Jenita quickly found that the learning she completed online was supporting her daily tasks and care of clients.

"The course 'Contributing to Change' helped me to identify areas of improvement within my workplace, positively impacting the residents and daily operations of the dementia ward."



"Studying online gave me my own space. I could study or access study materials whenever I liked, or whenever I had time. It meant I could pursue my education while balancing other responsibilities..."

Jenita Karki



Additional information

[Frequently asked questions](#)

[How to become an NZTC student](#)

[Find out more](#)

Frequently asked questions

Who studies at NZTC?

We welcome all students. Some students begin their study with us straight out of school, while others have previously worked in the healthcare sector or in a completely different industry.

I have studied previously. Is there a possibility of receiving credit towards a New Zealand Tertiary College program?

Yes. Credit Recognition and Transfer (CRT) is credit towards your chosen programme at NZTC for courses which you have already studied at other tertiary providers.

CRT is assessed on a case-by-case basis. If you wish to apply for credit, you may be required to pay a \$95 fee which covers the cost involved in the assessment process.

For New Zealand qualifications:

If you have a completed (or partially completed) qualification in health and wellbeing from a New Zealand education provider, you may be eligible to receive credit. Receiving credit for your previously completed qualification depends if the learning outcomes in NZTC courses you want to take and the program of your previous study are on the same educational level and meet the same learning outcomes. To be assessed for CRT, you will need to supply a verified copy of your transcripts and learning outcomes for each course or qualification you have completed. Your previous educational institution will be able to provide these.

For overseas qualifications:

You may be eligible for CRT if you have completed a health and wellbeing qualification at an overseas tertiary institution. Before NZTC begins the CRT process, you need to get your qualification assessed by NZQA. Please contact NZQA for more information about this process - www.nzqa.govt.nz

Are NZTC programmes internationally recognised?

NZTC health and wellbeing programmes are approved by the New Zealand Qualifications Authority (NZQA) and listed on the New Zealand Qualifications Framework (NZQF). Programmes listed on the NZQF come with an assurance of quality and are recognised and trusted worldwide.

Is there any financial support?

If you are a full-time student and a New Zealand or Australian citizen, or a permanent resident, you may be eligible for a student loan or allowance through StudyLink to help with your compulsory fees, course related costs and living costs.

The student allowance is a weekly payment for full-time students to help with day-to-day living costs. For more information see the StudyLink website - www.studylink.govt.nz

How are the courses assessed?

All courses are internally assessed and include theory based assessments and practical components. There are no exams.

Are my tuition fees safe?

In the unlikely event that NZTC is unable to deliver the programme you have enrolled in, NZTC has protected your fees with Public Trust. Fees deposited and protected by the Public Trust are held in the Common Fund which has an unsecured guarantee from the New Zealand Government. The student fee protection for NZTC is fully compliant with NZQA rules. Should access to your fees be necessary, you may contact Public Trust on **0800 494 733** or email feeprotect@publictrust.co.nz

This arrangement has been accepted by NZQA as meeting the requirements of the Education and Training Act 2020 and the Student Fee Protection Rules 2021.

Should you have any questions not covered in this section, please email our Admissions Team or visit our website for more information.

How to become a NZTC student

All applications to study at NZTC are completed online.

1. Choose your programme of study

Before you begin your application, you need to decide which programme you would like to study. Our website has detailed information about each programme or you can contact our Admissions Team to discuss the best option for you.

2. Apply

Visit our website to complete your online application.

Some programmes have additional admission requirements and you will need to provide verified ID. NZTC will support you through this process.

3. Offer of placement and acceptance

If your application is successful, you will receive an offer letter and invoice. This may be conditional on meeting specific requirements.

To accept the offer of placement, you will need to return your signed offer letter to NZTC, ensuring you initial on each page and pay the tuition fees (if applicable).

4. Enrolment

When you have accepted your place and paid your fees, you will be issued with a Student Acknowledgement Form, which you will need to sign and send back, ensuring you initial on each page.

Once we have received this form, you will be enrolled as a current student and issued with your student details and course start date in order to begin your studies.



Find out more

Visit our website

For the latest information on our programmes and to keep up-to-date with what is happening at NZTC visit www.nztertiarycollege.ac.nz

Call or email us

If you would like to speak with our Admissions Team, please feel free to call **(09 520 4000)** or email admissions@nztertiarycollege.ac.nz

Note: Every effort has been made to ensure the accuracy of the information in this prospectus at the time of going to print. However, changes may occur.

Please refer to our website - www.nztertiarycollege.ac.nz for the most up-to-date information.

New Zealand Tertiary College reserve the right, without notice, to withdraw courses, amend fees, vary the content and delivery of programmes etc. at any time before or after the applicant's admission. The college is responsible for all admissions decisions.

Connect with us on social media





admissions@nztertiarycollege.ac.nz
www.nztertiarycollege.ac.nz