

TELUS Community Corner



Toronto TELUS Community Ambassadors helping sort books at First Book Canada.

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Giving makes us happier

At TELUS, we believe in the giving philosophy – We give where we live®, and it comes from our hearts. Thanks to the generous contributions the TELUS Community Ambassadors have made and continue to make, we can continue the legacy of being the most philanthropic company on the planet. Since 2000, we've volunteered more than 7.7 million hours and contributed nearly \$482 million to support the important work of charitable and non-profit organizations across the country.

In 2016, TELUS Community Ambassadors across the nation donated more than 50,000 care items including packing and distributing over 7,000 Comfort Kits and 12,000 Kits for Kids. Thanks to you, through our TELUS Match program in 2016, you helped give \$4.9 million to more than 2,350 charities across Canada and helped record over 870,000 hours in our Volunteer Rewards program.

The practice of generosity has been the subject of many research projects over

the years with results appearing in Time magazine, Psychology Today, Reuters, the Huffington Post, and major news outlets. This research shows that people who give, of themselves or their money, are happier than people who don't. It's a physical fact that when we give back we receive a boost of endorphins, the same ones associated with a runner's high. Giving back lowers our stress levels and makes us feel more connected to others. These 'symptoms' can last for hours after the act of giving, leading us to want to give even more.

At TELUS we know this is true. Our TELUS Days of Giving, TELUS Community Ambassadors and Team TELUS Cares programs are consistent reasons why TELUS is a leading philanthropic corporation. Providing coordinated and shared opportunities for our team members, retirees, friends and families, TELUS fosters a culture of giving back by inspiring us to help drive positive change in the communities where we live and work. All of these

opportunities provide motivation to give more, perpetuating the cycle of giving, generosity and happiness. We are excited to support this cycle of giving through our new Team TELUS Cares website which enables you to give 365 days a year. Check out our story on page 2 to learn more about how you can give back this National Volunteer Week (April 23-29, 2017), help us reach our one million hours of giving goal, and register for this year's TELUS Days of Giving (May 13 - June 11, 2017).

Your feedback is important to us.

We invite you to take our Community Corner survey to tell us what you think of our newsletter. It only takes five minutes.

Please [click here](#) to take the survey.



365 days of giving

Introducing our new Team TELUS Cares

Our culture of caring is at the heart of our future friendly story, inspiring and enabling the TELUS family to give back to communities across Canada. This support and commitment to our giving philosophy – We give where we live® – is a way of life for our team, and is enabling us to build stronger and more caring communities with our hearts, our hands, and our philanthropy.

The TELUS team proudly gives back through volunteering, fundraising and charitable giving. When asked how we could further support you in your actions to give back, and how best to innovate our programs, you told us you want more flexibility and choice in the ways you give back to your communities and how TELUS supports you in this regard. We heard you and took action.

We are pleased to introduce our enhanced Team TELUS Cares. We have updated our programs to make volunteering and giving easier, allowing you to support the causes you care most about throughout the year while also offering greater support for our charity partners. Our social purpose to enable a brighter future for people in our local communities is what drives us to continue to find innovative ways to enable, support and inspire our team to give back.

If you have not already received your login information for the new Team TELUS Cares website please email teamTELUScares@telus.com to get set up today.

TELUS Days of Giving

Volunteer with us during TELUS Days of Giving from May 13 to June 11. Celebrating 12 years, our national volunteer event brings together team members, retirees, family and friends nationwide to lend a hand in our local communities. Volunteers participate in a variety of activities including helping serve food at local shelters and landscaping for seniors' care homes. Last year, more than 20,000 volunteers helped make a difference in our communities and this year we are hoping for even more. New for 2017, in celebration of Canada's 150th birthday TELUS is committing one million hours of giving. Join us for TELUS Days of Giving to give back and help us reach our goal. Visit telus.benevity.org to register.



TELUS Walk to Cure Diabetes

2017 marks an incredible ten years as the proud title sponsor of Juvenile Diabetes Research Foundation's signature, national fundraising event, the TELUS Walk to Cure Diabetes. Over the past decade, TELUS, our team members, families and friends have contributed \$10 million through the TELUS Walk in support of finding a cure for type 1 diabetes. This year's Walk is scheduled for Sunday, June 11, in many cities across Canada; however some community events will be held on other dates. Please visit the JDRF website at www.jdrf.ca to find out when the Walk is taking place in a community near you. Join us at the TELUS Walk to Cure Diabetes and help find a cure for type 1 diabetes. Visit telus.benevity.org to register.

Save the Dates



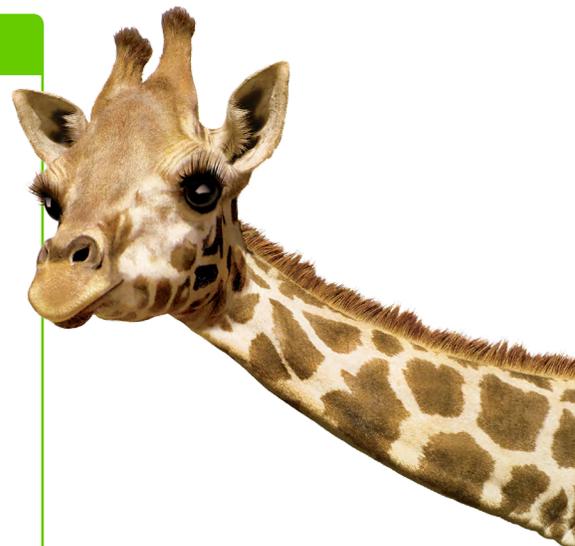
TELUS Days of Giving



TELUS Days of Giving: May 13 – June 11



TELUS Walk to Cure Diabetes: June 11



Volunteer Rewards

Volunteer Rewards (formerly Dollars for Doers) is a way for TELUS to reward you and your favourite charity for the good you do in your community. Whether you organize a fundraiser, volunteer at a seniors' centre, or serve food at a local shelter, it all makes a huge difference. TELUS is proud to recognize your volunteer efforts with a donation to an eligible Canadian registered charity of your choice.

New for 2017, TELUS will reward you with \$1 for every volunteer hour recorded, up to a maximum of \$500. To register your hours, please visit telus.benevity.org



1 volunteer hour = \$1 reward
Maximum amount: \$500 reward

Please note this program runs by calendar year, therefore please ensure that you log all of your volunteer hours and donate your volunteer rewards to the charity of your choice prior to December 31 each year. Your account will reset to zero on January 1, 2018.

In 2016, TELUS team members and retirees logged a record-breaking 870,000 volunteer hours. In recognition, we donated more than \$560,000 to Canadian charities. Since 2000, the TELUS team has volunteered 7.7 million hours of service supporting our communities and helping our fellow citizens in need.

TELUS Match

TELUS Match (formerly Team TELUS Charitable Giving) is an important part of how we support the causes you care about. Through this program, TELUS will match donations made by team members and retirees to eligible Canadian registered charities, up to an individual maximum of \$2,500 and up to an annual corporate budget match maximum.

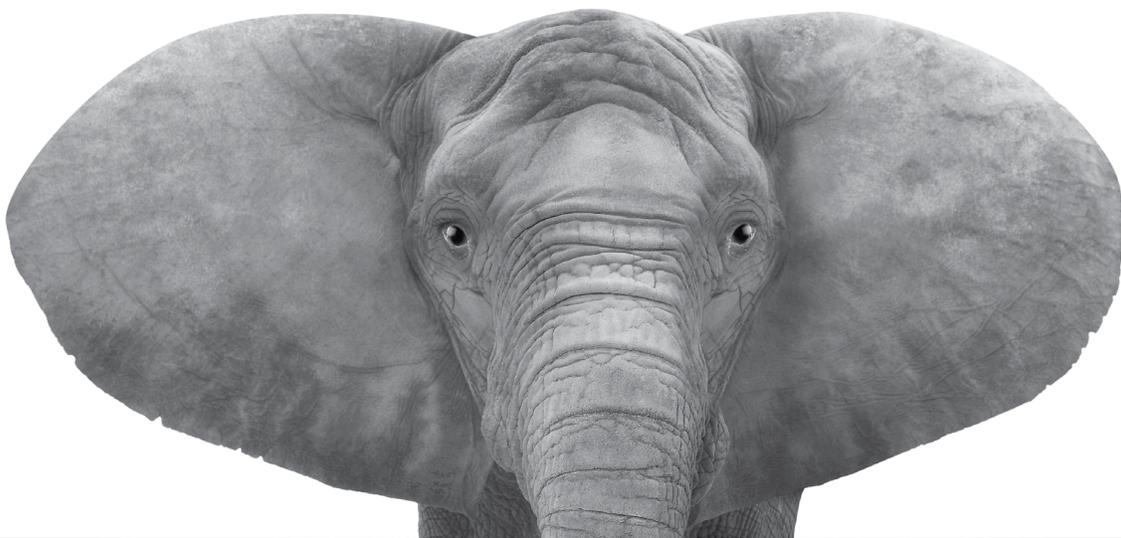
TELUS retirees: The 2017 TELUS Match program for retirees is now open. To process your donation, please visit telus.benevity.org.

TELUS team members: The 2017 TELUS Match program is now closed for team members. The next opportunity to participate will be in 2018.

In 2016, TELUS and program participants donated over \$4.9 million to more than 2,350 registered Canadian charities. Since 2000, our TELUS Match program has enabled TELUS and program participants to contribute nearly \$84.9 million to charitable organizations across Canada.

Questions?

If you have any questions about our Team TELUS Cares programs, please do not hesitate to email the team at teamTELUScares@telus.com or call **1-855-697-8183**.



TELUS Talk

Our future friendly story: illuminating our differentiated culture in the hearts and minds of Canadians

Our future friendly story is how we are making the future friendly and improving the lives of Canadians, our communities, and those around the world by connecting them to the people and things that matter most. The future is different today than it was when we first promised to make it friendly. Our promise hasn't changed, but we have. We are more than phones and networks – we are more than a telco.

How are we more than a telco? We are improving lives, every day and now it's time to talk about it:

- **Connected Life:** We are unleashing the power of technology to connect Canadians at home, in the workplace and on the move.
- **Community:** Putting Customers first means putting our communities first. Our spirited teamwork is at the heart of our culture of caring. We are giving back every day to thousands of communities here and around the world.
- **Health:** Our courage to innovate is changing people's lives. We are building a friendlier future to create better health outcomes for Canadians
- **Environment:** Our passion for growth includes sustaining the natural world around us. Through our technology, we have a positive impact on environment, not only for today, but also for tomorrow. Our planet needs us and we are proud to be one of the greenest companies on it.
- **Business:** Our ability to embrace change enables us to help businesses be more efficient and grow. We are making Canadian businesses our business.
- **Education:** We think everyone has a fundamental right to educational opportunities. We are partnering in our communities to make this happen.

You are TELUS. You are the architect of our values, the ambassador of our brand promise and the most authentic voice to share our story. Through your everyday actions as TELUS Community Ambassadors, you will bring our future friendly story to life. There is much excitement of what it means to be TELUS. Get inspired and help tell our story. Watch our powerful, heartfelt and [engaging video](#) that showcases the many ways in which the TELUS team is creating our future friendly story and making an important difference in our communities.



TELUS Talk

Making the future friendly in Manitoba

On February 28, 2017, TELUS proudly launched the new TELUS Manitoba Community Board in Winnipeg. The TELUS Manitoba Community Board will provide \$350,000 in grants each year to local registered charities across the province to help local youth succeed through the power of technology. This contribution is part of TELUS' total \$1 million commitment in 2017 for community investment in Manitoba.

Manitoba joins 11 other community boards in Canada and five internationally in areas where we have operations, bringing our global total to 17 TELUS Community Boards. Collectively, TELUS' 17 Community Boards have contributed more than \$54 million in support of 5,000 charitable projects across Canada, digitally empowering more than 2 million youth each year.

The unique differentiator for our TELUS Community Boards is their dedication to putting community investment

decision-making in the hands of local leaders who know their communities best. Indeed, all of our TELUS community boards include a membership of more than 60 per cent non-TELUS local community members. "Through our Community Boards, we put funding decisions directly in the hands of local leaders who know their communities best and understand where our contributions will create the most meaningful outcome. We look forward to working with these community leaders to make a real and positive difference in the lives of youth and families across Manitoba for many years to come." said Darren Entwistle, President and Chief Executive Officer, TELUS.

Organizations seeking funding from our Community Board must be a registered Canadian charity and demonstrate a focus on supporting local youth. The Boards accept grant applications three times per year and select those they feel have the most impact. For more information on how to apply to one of our community boards please visit telus.com/community



Members of our new TELUS Manitoba Community Board presenting a \$1 million cheque to the first recipients of our local funding

TELUS Internet for Good

Can you imagine your life without the Internet?

For most of us, a day without the Internet might mean getting lost on the way to an appointment, missing the latest news on our Facebook feed, or falling behind on our email. For others, lack of access to the Internet is a reality and it compromises access to education, future job prospects and excludes them from participating in the online daily life we all take for granted.

In November 2016, TELUS announced that 18,000 families in need across B.C. and 15,000 families in Alberta could connect in the home for \$9.95 a month through TELUS Internet for Good.

We believe no child should be left with their potential unrealized. We know that access to the Internet gives families in need the opportunity to succeed: it's right for our community members, it's right for our business and it's right for the strength of our economy.

That's why we created TELUS Internet for Good, a pilot program that shows an innovative collaboration between TELUS and the British Columbia Ministry of Social Innovation and Social Development and the Ministry of Community and Social

Services in Alberta in qualifying eligible participants for the program.

This program is a collaborative effort between a number of charitable community partners including the British Columbia Technology for Learning Society, Decoda Literacy Solutions, Alberta Computers for Schools, The Alberta Library and the Royal Conservatory working together to help families succeed.

Features include:

- \$9.95 per month (plus applicable taxes) for one year
- Speeds up to 25 megabits per second (where available) and up to 300 gigabits of data per month
- Access to a low cost refurbished computer
- Access to free internet training and online safety material
- Access to free music education programs

Visit telus.com/internetforgood for more information and watch the video to see how access to technology can create a brighter future for us all.

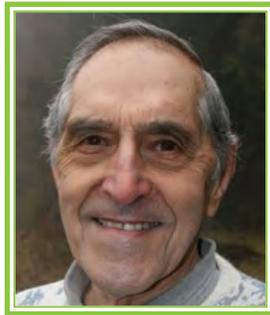
TELUS Recognition

TELUS Legend Award winners

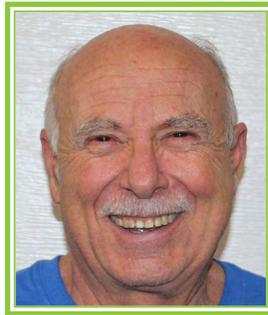
The Legend Award is the highest recognition for a team member or retiree, and celebrates those individuals who have consistently lived our collective TELUS values and made significant contributions to the TELUS legacy over the span of their career. In December 2016 we recognized four TELUS Community Ambassador members who joined the elite ranks of Legends at TELUS.



Manjit Kang
Sunshine Coast, BC



Vern Lofstrom
Sunshine Coast, BC



Lorne Ebenstiner
Kamloops, BC



Jayne MacDonald
posthumous Ottawa, ON

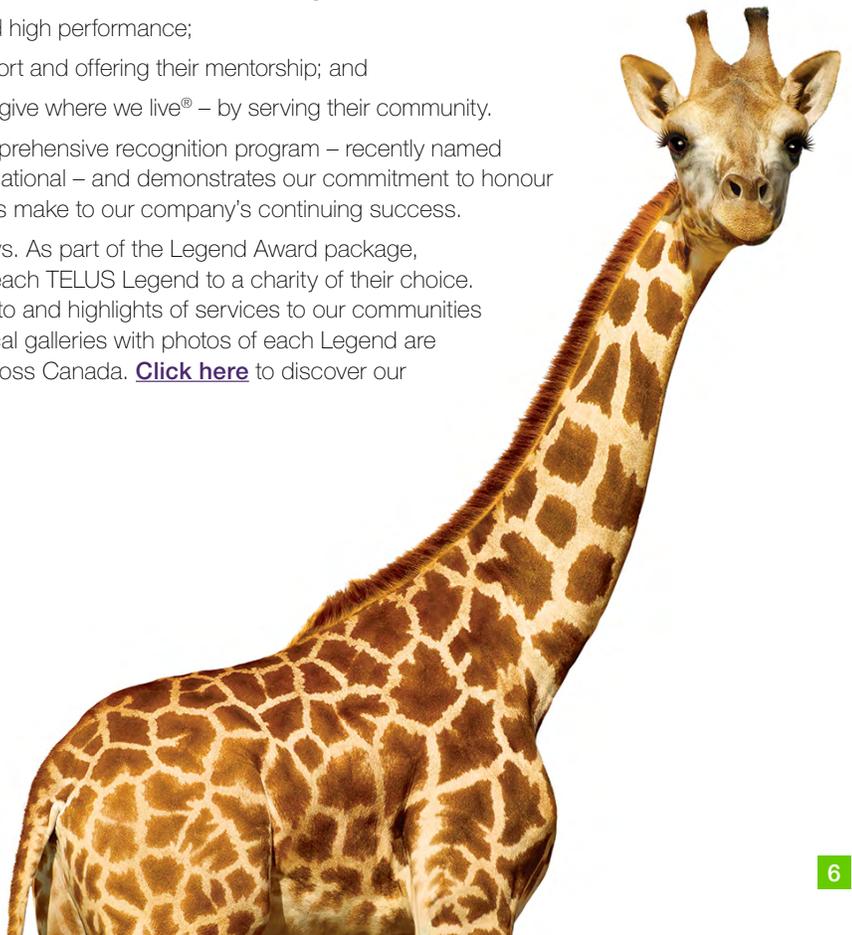
What makes a TELUS Legend?

The TELUS Legend Award recognizes current and former team members with 20 years of service or more who:

- Consistently and visibly exhibit the TELUS leadership values;
- Demonstrate resilience and unwavering leadership in the face of considerable challenges;
- Inspire fellow team members to pursue excellence and high performance;
- Give to others by sharing their time, lending their support and offering their mentorship; and
- Embrace our community investment philosophy – We give where we live® – by serving their community.

The TELUS Legend Award is an integral part of our comprehensive recognition program – recently named the best in the world by Recognition Professionals International – and demonstrates our commitment to honour the diverse contributions our team members and retirees make to our company's continuing success.

We pay tribute to our TELUS Legends in a variety of ways. As part of the Legend Award package, TELUS makes a \$500 charitable donation on behalf of each TELUS Legend to a charity of their choice. The online TELUS Legend gallery, which includes a photo and highlights of services to our communities and our business, honours our Legends publicly. Physical galleries with photos of each Legend are also being installed in our major centers of operation across Canada. [Click here](#) to discover our TELUS Legends online.



Club Updates

British Columbia

Fraser Valley ►

The Fraser Valley club was busy in 2016, with many activities. The club collected bottles, cans as well as held numerous book sales. Our sewers have been busy making fidget mats and over the past year have delivered 52 mats to three care homes. Over 1200 envelopes have been stuffed for the Langley Division of Family Practice and several members volunteered and participated in the Coldest Night Walk in New Westminster.

Our club also helped fill 365 shampoo and 212 detergent bottles for the homeless and attended a cheque presentation to Abbotsford Canuck Place while attending their Open House.

Congratulations to Fraser Valley club members Candace Johnson and husband Dave who were presented the Township of Langley's 'Top Volunteer Couple' award.



Fraser Valley TELUS Community Ambassadors filling and detergent bottles.
L to R: Cathy Koop / Diane Stiglich / Sheila Bracconnier / Jacque Kaczanowski / Sandy Johnson / Sharon Andronik / Noreen Gunn / Evelyn Mitchell

Upcoming event

24th Annual Rustic Open Golf Tournament

(BCTel) employees, retirees (and their families)

Date: Sunday, July 23, 2017

For entry form visit: golftalltimbers.com

Time: 10:00 a.m. Shotgun Start

For more information contact: Dan Antonelli

Location: Tall Timber Golf Course, Langley, BC

(phone: 604-522-8816, email: dantonelli@telus.net) or visit: tgc.ca

Hosted by: TELUS Retirees Men's Golf Club for TELUS

Kamloops ►

The Kamloops club has supported the Kamloops Hospice for some time now, especially during TDOG by planting flowers and weeding the gardens, as well as maintaining the lawns and gardens year-round. The HoverMatt Transfer Mattress is a project the Hospice had been raising funds for. The HoverMatt reduces caregiver injury, while eliminating the injuries related to lateral transfers and repositioning of patients, thus, increasing patient comfort and safety at the Hospice. The Kamloops Club decided to assist this project project with funds from our book sales and garage sales. On February 7, 2017, a unanimous decision was made by our club to purchase the HoverMatt for the Hospice. They have thus put a plaque on the unit, "Donated by the Kamloops TELUS Community Ambassadors." When our club went to the Hospice to present the cheque, they had already trained their staff on the use of the HoverMatt and recently had an occasion to use it and it worked wonderfully.



Kamloops TELUS Community Ambassadors presenting a cheque to the Kamloops Hospice.
L to R: Pat Bauer, Wendy Marlow (Hospice Executive Director), Al Yelland, Kate Ryan, Jenny Quince (Hospice Operations Manager), Jen Ebenstiner, Judy Haynes, Lorne Ebenstiner

Club Updates



◀ Kootenay West

On December 10, 2016, the Kootenay West club joined together for a food bank drive and Fundraiser for an LV Rogers Scholarship. The Working Poor Food Cupboard is for those who are employed but cannot make ends meet. The scholarship helps students further their education. The team raised \$810.00 and a pick-up truck full of groceries. A special thanks to Marge Witton and Holly Hasenkox for organizing the event and Bill Brown and Dave McMichael for transporting the donated groceries.

Okanagan ▶

The Ozonam house (Residential Men's addiction recovery home) provides a home for recovering addicts for up to two years, and can house a total of 18 men. This home provides a method for the men to become productive members of society again in our local community. Recently the Okanagan club donated 19 blankets, 19 bath towels, 19 hand towels and 19 facecloths to the home to support the men. Three afghans were also donated by club member Doreen Tosoff.



Okanagan TELUS Community Ambassador Linda Hayes (centre) providing donated blankets and towels to Davin Overland (left), president of the board and Melanie Okane (right), staff member at the Ozonam House.

◀ Prince George

The Prince George club has been a long-time supporter and contributor to caring for their community through St Vincent de Paul. The St Vincent de Paul Society provides over 400 individuals with a hot breakfast four times a year. Supporting the community and the members in it is near and dear to the hearts of the Prince George club, and the Society is very touched and grateful that we are able to support their breakfasts. A special thank you to Debbie Bruce, who coordinated dates, canvassed for volunteers, shopped for the breakfast and prepared and served the meals alongside fellow Community Ambassadors.



Prince George TELUS Community Ambassadors serving up a hot breakfast to members of the community at the St Vincent de Paul Society. Front row (L to R) Cheryl Purves, Gail Compton, Deb Aspa, Diane Girard. Back row (L to R): Debbie McInnis, Debbie Bruce, Sandy Grindley, Anita Connell, Barb Friesen



Club Updates



◀ South Island

In January the South Island club were thrilled to present a cheque to the newly renovated Rainbow Kitchen for \$1200.00. Many members were part of the six month long HeroWork project to update the building in which the Rainbow Kitchen operates. Once the reveal was complete, and club members handed over the cheque, they made the decision to become even more involved and volunteer year round at Rainbow Kitchen. Moving forward, a team of six volunteers will help the Kitchen staff by preparing food and serving lunch on the second Wednesday of every month. They will also be providing volunteer support to the Salvation Army throughout 2017 prepping and serving lunch once a month.

Sunshine Coast ▶

Every Monday, the Sunshine Coast club uses the TELUS van to pick up a wide variety of donated food, toiletries and excess products from London Drugs in Gibsons and drops them off at the St. Bart's Food Bank. The St. Bart's Food Bank feeds more than 150 individuals each month and is entirely supported and run by volunteers. The use of our TELUS Community Ambassadors van and drivers provides the important connection that makes it possible to connect the food bank and London Drugs together. Further assisting the St. Bart's Food Bank, once a month, our club drives members from the St. Bart's Food Bank to Costco in Burnaby where they can buy bulk goods at a discounted rate to help maximize the food banks budget. Thank you to our Ambassador drivers for giving their time.



Vancouver ▶

The Vancouver club has been participating in the TELUS Christmas Stocking program for over 35 years. Since 2000, more than 20,000 stockings have been collected and distributed to approximately 19 agencies. The Christmas Stocking program starts in early October when empty stockings, supplied by the club, are made available to team members, retirees, family and friends. Once they are filled, they are distributed to agencies housing the less fortunate throughout the lower mainland. Over 675 stockings were distributed in 2016 to seven agencies which included, Altira Women's Resources Society, 411 Senior Centre, Coquitlam School Board, Dixon Transition Society, Howe Sound Women's Centre and Options which includes, Evergreen Transition Home, Virginia Sam Transition House, Threshold Women's Outreach, and Spirit Way. This past Christmas, the Vancouver club was very fortunate to receive a generous contribution to the program from the TELUS Complex Service Assurance department. With the departments contribution we were able to assist Windsor and Lockdale Schools to fill 40 hampers for their Christmas Family Hamper program. The Christmas Stocking program is the combined effort of many club members, and we would like to specially thank Sharon Yli-Villamo who manages the program with the assistance of Christa Kuszczak, Ernie Smith who does the cutting and Sue Clark who does the sewing.



Club Updates

Alberta

Calgary ▶

The Calgary club have taken part in the dementia mats program since it began in 2011, and have made and delivered 656 mats to over 20 care facilities in the city. Each time a delivery is made the club receives a big smile and eyes light up, making the project that much more rewarding. Through this worthwhile undertaking, the care facilities staff have noticed that the mats safely stimulate or soothe the patients as well as provide entertainment for them when sitting in their chair. A lot of positive feedback has been received from the dementia mats with patients becoming more relaxed and content.



Calgary TELUS Community Ambassadors Liz Dwornik (left) and Sach Fujikawa (right) with some of the dementia mats made by the club members.

Edmonton ▶

The Edmonton club has supported Story Avenue since its inception in 2007. Story Avenue is an annual two-day event held every February at the Edmonton Public Schools' Centre for Education building. This event was an easy choice to make for our club as working with young people is high on the list of the club's priorities. Story Avenue offers over 400 grade 5 and 6 students from low-income area schools, access to ten professional authors and illustrators of children's books from across Alberta. Workshop sizes are small, allowing one-on-one interaction between students and artists. Students have the opportunity to attend two workshops during the morning. Each student receives a healthy snack and drink, and takes home the gift of a book by one of the artists. Community Ambassadors work as helpers to the artists during the workshops as well as assist the students. Seeing the excitement of students discover they really can write a story or draw an illustration is a wonderful experience. The Edmonton club's involvement and attendance as volunteers helps this program to be a success.



Edmonton TELUS Community Board member Linda Cook (left), together with Edmonton TELUS Community Ambassadors Bert Yeudall (middle) and Heather Hanson (middle right) presenting a cheque to Stephanie Gregorwich (middle left) and Kathy Oster-Brass (right) with the Young Alberta Book Society.

Upcoming event

Edmonton Retirees Luncheons

Date: Every 3rd Thursday of each month except December

Time: 11 a.m. to 1 p.m.

Location: Continental Inn, main floor restaurant

Cost: \$18 per person

Contact: Bruce Petterson **780-463-2347**



Medicine Hat TELUS Community Ambassador executives (L to R): Rick Brown, Sandy Hart, Fred Weinheimer, Brenda Ramsdale, Kathy Berger, Ingrid Koch, Kathy Kopperud, Tyler Ulmer.

◀ Medicine Hat

The Medicine Hat club gathered together on December 21 to deliver a full package of Christmas goods for a family in need, through Medicine Hat Cares. Medicine Hat Cares is a non-profit group that helps people in need that have no access to support for a variety of reasons. They required exactly what the club wanted to do, "help one family and do a great job". Two small children were in the family and that tugged at our heart strings. In a matter of days, the club had secured 112 food items, 42 gifts and gift cards and 21 care items. Everything was selected according to age and gender. The tiniest tot got a play "smart phone". Right down to the smallest details of including gift wrap was looked after for this family. Food, gifts and care items totaled almost \$1000.00, so the club was able to give a family a great Christmas and support the retailers in the community. Add the enjoyment they received preparing the packages and the love of giving and it was a win+ win+ win+ for everyone.

Club Updates

Red Deer ►

The Red Deer club has decided to focus its efforts on a new year, new executive members and new plans. New members include Theresa Stevens (President) and Lisa Holland (Communications Lead), who have proven to be quite valuable, coming with new ideas, and experiences from other clubs. They have used their time to develop a plan for new events throughout the rest of the year, while still volunteering at events such as the Red Deer Hospice Society's annual Gala Hospice's annual Gala.



Red Deer TELUS Community Ambassador executives from L to R: Rick Vermeulen (Fundraising Lead); Tom Parker (Volunteer Lead); Theresa Stevens (President); Tim Mearns (Vice President); Blaine Ritchie (Treasurer); Lisa Holland (Communications Lead), and Ian Savoury (Recognition, Recruitment & Onboarding Lead)
Regrets: Garner Kolybaba (Events & Engagement Lead)

Ontario



A resident of Owen Hill Care community enjoying the gifts she received as part of the Barrie TELUS Community Ambassador club's holiday Senior's Wish campaign.

◄ Barrie

In December 2016 the Barrie club took part in the Senior's Wish campaign with Owen Hill Care Community Home. Most of the residents of Owen Hill live with dementia, Alzheimer's and other health conditions which require a great amount of care. Many of the residents do not receive visitors over the holidays, so our club wanted to do something special that would bring the residents extra Christmas cheer! Each team in Barrie adopted 1 to 2 senior citizens living in the home and shopped from a list of gifts on their wish list. Popular wish list items included clothes, calendars, body wash, hand cream, crossword books, nail polish and jewellery; each gift package also included a warm blanket. Our team members took the time to beautifully wrap and decorate their gifts, making every effort to help the senior they adopted feel cared for. Our club then visited Owen Hill where team members and their families sang Christmas carols and handed out TELUS monkey critters to every resident and staff. Through the efforts and kindness of the Barrie club, all 67 residents at Owen Hill received a gift package on Christmas morning filled with gifts they had wished for.



Happy recipient of Backpacks for the Homeless (an initiative that the Ottawa TELUS Community Ambassadors participated in), Penelope Dej, with the backpack and contents including hygiene products, clothing, treats and a gift card.

◄ Ottawa

This past year 2,300 people experiencing homelessness in Ottawa received backpacks filled with hygiene products, clothing, treats, a Tim Horton's gift card and a personal note from each volunteer. The Ottawa club fundraised for this backpack program, organized the supplies and put together the backpack kits. Along with our Ottawa club there were a number of other churches and organizations that helped support this initiative, resulting in a true community spirit of everyone coming together to help others.

Club Updates

Toronto Central ►

Clothing is a basic necessity and is essential to good health, self-esteem, social inclusion, and employability. Access to free, good quality clothing allows impoverished individuals to spend their scarce resources on food, housing, and other basic necessities. Last fall our club collected 562 articles of gently-used professional, casual, and formal attire and accessories, as well as new toiletries for New Circles and Dress for Success. New Circles provides clothing, social programs, and skill building opportunities to individuals living on low-income assistance. Dress for Success empowers women to achieve economic independence by providing a network of support, professional attire and development tools to help them thrive in work and in life. Thanks to club member Dominic Hapanowicz for organizing the drive at the TELUS Explorer building and to the MITS Delivery team who delivered 298 casual attires to New Circles and 264 formal attires to Dress for Success.



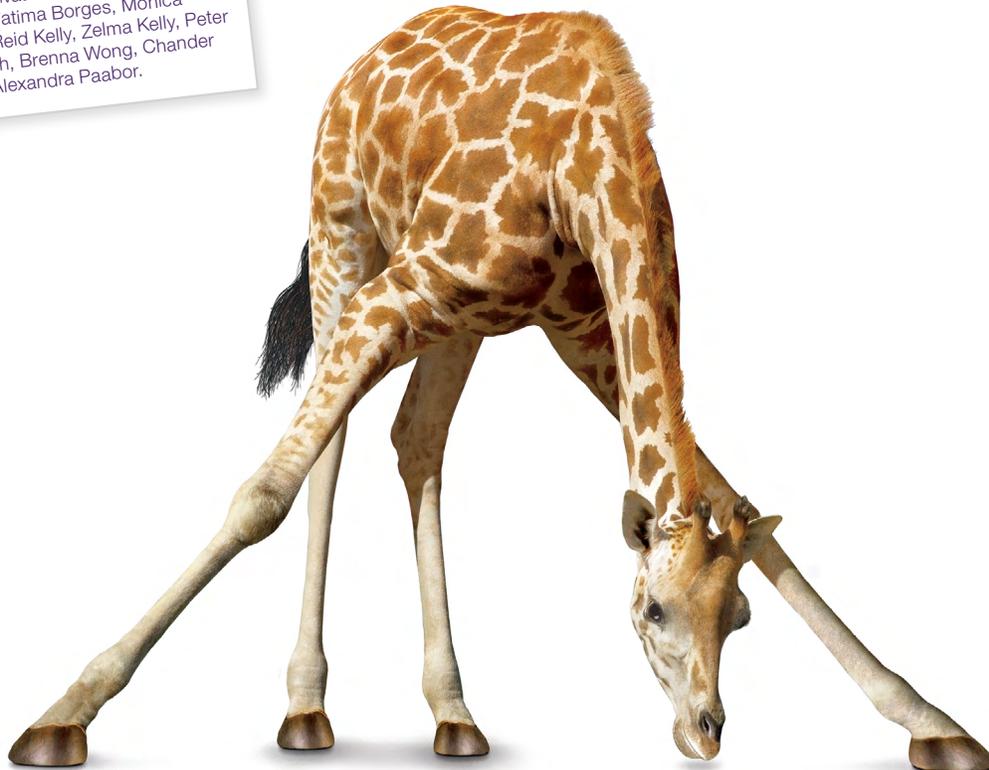
Toronto Central TELUS Community Ambassadors Brendon James, Dwayne Willis and Robert Lyte from the TELUS Management IT Services sorting and packing donated clothing for the Clothing Drive for New Circles and Dress for Success.



Toronto East Community Ambassadors serving meals at the annual Salvation Army Holiday Dinner. L to R: Jessica Kirk, Fatima Borges, Monica Winger, Blake Kelly, Reid Kelly, Zelma Kelly, Peter Kapatsos, Sandy Mah, Brenna Wong, Chander Kapatsos. Missing: Alexandra Paabor.

◀ Toronto East

The Toronto East club once again supported our annual Salvation Army's community Holiday Dinner by volunteering our time to help our vulnerable neighbours get back on their feet. This annual event, held on Christmas Eve, helps to ensure that all families have a wonderful holiday and are able to enjoy sitting down to a hot, freshly cooked meal, and even a visit from Santa Clause to hand out presents to the children. A very special thanks to club member Monica Winger for coordinating the event.



Club Updates

Quebec

Montreal ▶

The Montreal club has been providing lunches to feed the homeless for organizations that provide guidance in reintegrating into a regular lifestyle. In February, TELUS team members and families joined together to serve 30 meals and 10 takeout meals for a Valentine's Day lunch. TELUS team members not only helped the L'itinéraire community group with the food donation and service, but helped to warm the hearts of participants on Valentine's Day.



Montreal TELUS Community Ambassadors Fabiola Belotte, Brigitte Contant, Elizabeth (Brigitte's daughter), Shibly Nahar, Jeannot Martel, Amanda Andre, Nathalie Cholette, Marine Groulx, together with many participants at the Itinéraire.



Quebec/Beauce TELUS Community Ambassadors Mario Desgagnés (right) and Éleine Coté (left) presenting donation cheque of \$25,000 to Moisson Québec, alternative food banks in the greater Quebec City region.

◀ Quebec/Beauce

The Pre-Novice Hockey Festival is held by the minor hockey association to help provide maximum ice time and reduce registration fees. For 40 years this entirely volunteer-run event welcomes more than 60 teams of young hockey players between the ages of 5 to 9 years and over 1,500 family members. The Quebec/Beauce club worked with TELUS to help raise over \$20,000 to benefit the association and conducted over 96 hours of volunteer service. Jonathan Proulx from TELUS was instrumental in the success of the event, by chairing the event for the second consecutive year and by being a part of the organising committee for the past 4 years, with over 200 voluntary work hours served.

Rimouski ▶

The Rimouski club held a conference with speaker Jean-Pierre Paradis who shared his volunteer experience with the Red Cross supporting the Syrian refugees and victims of the Fort McMurray disaster. The event was a success and more than 20 members attended the conference. The club is looking forward to the next series of conferences that put the spotlight on remarkable volunteers and their accomplishments.



Rimouski TELUS Community Ambassador executives:
Front row (L to R): Sylvie Belzile and Lise Dubé,
Back row (L to R): Huguette Roussel, Lise Fréchette,
Yves Landry, Mélissa Bérubé, Jacinthe Beaulieu.
Missing: Diane Ouellet and Jovette Pelletier

Atlantic Canada

Atlantic Canada ▶

The Atlantic Canada club partnered once again with the South and Central Health Hospital, for its 6th annual Grand Falls-Windsor TELUS Ambassador Christmas Program for Pediatrics. Our club has supported this unit during the holiday season since 2011, donating items such as Christmas trees, decorations, blankets, books and Christmas stockings. Every year, our club reaches out to the Pediatric Unit and discusses what their current needs are; this year they requested baby, child and teen blankets, and a rocking chair for newborns and their parents. The club gathered together donations of these items which were delivered on Christmas Eve.



Kristen Clarke with her baby daughter sitting in the donated rocking chair.

Alberta and BC Pay Day Lottery

The TELUS team member and retiree 50/50 Pay Day Lottery is a critical way the Community Ambassadors Program sustains itself and funds local community programs and causes in British Columbia and Alberta. Through this initiative, team members contribute three dollars per draw for a total of 26 draws per year. Retirees contribute five dollars to a separate draw, for a total of 12 draws per year. Every draw half the entire pot goes to the lucky winner and the other half goes to a fund used by Community Ambassadors in B.C. and Alberta for local volunteer and giving initiatives.

Sign up today to help make a difference in your community and for your chance to win! This program is only available to team members and retirees living in B.C. and Alberta.

Retirees in BC: **1-877-334-5050** or **email tcc_bc@telus.com**

Retirees in AB: **1-877-768-3587**

Team members: register through your SAP Selfserve portal or go to **[go/givewherewelive](#)**

Team member Pay Day Lottery winners

Alberta

November 10, 2016	Tyler Lushman	Peace River	\$4,345.50
November 24, 2016	Vera Yamniuk	Edmonton	\$4,330.50
December 8, 2016	Adam Pitts	Calgary	\$4,375.50
December 22, 2016	Kelly Hendrick	Calgary	\$4,414.50
January 5, 2017	Catherine Hiller	Edmonton	\$4,417.50
January 19, 2017	Terena Johnson	Calgary	\$4,438.50
February 2, 2017	Ken Capulong	Edmonton	\$4,444.50
February 16, 2017	Debra Lee	Calgary	\$4,492.50
March 2, 2017	Doreen Hoskins	Edmonton	\$4,501.50
March 16, 2017	Caitrin Claffey	Edmonton	\$4,489.50

British Columbia

November 10, 2016	Tammy Brown	Burnaby	\$6,117.00
November 24, 2016	Joanne Goh	Burnaby	\$6,111.00
December 8, 2016	Derek Landon	Kelowna	\$6,207.00
December 22, 2016	Rick Llyall	Burnaby	\$6,249.00
January 5, 2017	Mark Schrader	Burnaby	\$6,241.50
January 19, 2017	Alexander Zaganas	Burnaby	\$6,208.50
February 2, 2017	Tammy Ellis	Vancouver	\$6,199.50
February 16, 2017	Ryan Peddie	Prince George	\$6,213.00
March 2, 2017	Christopher Wragg	Burnaby	\$6,195.00
March 16, 2017	Joon Kul Lee	Burnaby	\$6,187.50

50/50 Retiree Lottery winners

Alberta

November 24, 2016	Michael Dillon	Calgary	\$2,448.00
December 22, 2016	Daniel Boyko	Vegreville	\$2,460.00
January 19, 2017	Eugene Poulin	Edmonton	\$2,458.00
February 16, 2017	Lily Blackburn	Edmonton	\$2,464.00

British Columbia

Management

November 24, 2016	David Wing	North Vancouver	\$1,805.00
December 22, 2016	Jeanine Drewitt	Port Coquitlam	\$1,812.50
January 19, 2017	Gilbert Cyr	Summerland	\$1,812.50
February 16, 2017	Alvina Waskiewich	Kelowna	\$1,822.50

TWU

November 24, 2016	Maryanne Kowalyk	Delta	\$1,042.50
December 22, 2016	Andre Berube	Nanaimo	\$1,045.00
January 19, 2017	Don Danyluk	Richmond	\$1,082.50
February 16, 2017	Maureen Twaites	Delta	\$1,085.00

In Memoriam

Name	Date of Death	Location
Gary Hahn	September 7, 2016	Parksville, BCPhilip

If you would like to include a name of a TELUS retiree who has passed away, contact **teluscommunityambassadors@telus.com** or **1-866-697-8184**.

Permission from the family is required before we can post a name.

Key contacts for TELUS Community Ambassadors

Corporate contacts

TELUS Community Ambassadors
510 W Georgia St, 23rd Floor
Vancouver, BC V6B 0M3
1-866-697-8184 (toll free)
teluscommunityambassadors@telus.com

Team TELUS Cares

Volunteer Rewards and TELUS Match
1-855-697-8183 (toll free)
teamTELUScares@telus.com

Pension contacts

AB/B.C. and QC pension
Morneau Shepell Ltd.
1-877-768-3587

B.C. TWU pension
Christina Littlejohn
604-430-1317
christina.littlejohn@twplans.com

Retiree Customer Service Concerns
SOS.request@telus.com
SOS support team will respond
within 48 hours



Club contacts

BRITISH COLUMBIA

B.C. 50/50 lottery

Ross Simpson
604-432-2519 | 1-877-334-5050
tcc_bc@telus.com
(Tuesdays and Thursdays only)

B.C. provincial programs

Bobby Farr
604-432-5825
bfarr@telus.net

Central Island

Glen Husband
250-390-6616
gjhusband@telus.net

Fraser Valley

Linda Jackson
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Kamloops

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Kootenay East

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Kootenay West

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South Island

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Sunshine Coast

Manjit Kang
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Upper Island

Gordon Cromer
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Vancouver

Ross Simpson
604-432-4735
yale4me@telus.net |
tcc_bc@telus.com

Vernon

Colleen Dix
250-558-8585

ALBERTA

Alberta 50/50 lottery & provincial programs

Maureen Atha
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Nina Takayanagi
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Edmonton workshop

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Red Deer

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ATLANTIC CANADA

Atlantic Canada

Jaye Lisson
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If you are not yet a Community Ambassador or know a fellow team member or retiree who would be interested in joining this group of volunteers, please email us at teluscommunityambassadors@telus.com