

BC 70 Soest Trainingszeiten

| | Mannschaft | Jahrgänge | Liga | Trainer | Montag | Dienstag | Mittwoch | Donnerstag | Freitag | Samstag |
|----------------------------------|--------------------|--------------------|----------------------|---|----------------------------------|----------------------------------|----------------------------------|------------------------|-------------------------------|-----------------------|
| Senioren | Herren 1 | | 2.RL | Uli Overhoff | 20:30 - 22:00 Alde | | 20:30 - 22:00 HSBK | 20:00 - 22:00 Alde | | |
| | Herren 2 | | LL | Dirk Heidenreich | | | 19:00 - 20:30 HSBK | | 20:30 - 22:00 HSBK | |
| | Herren Hobby | | | Christian Nöcker/ Andreas Kayser | | | | 20:00 - 22:00 CRRS | | |
| | Damen 1 | | OLD | Christof Lurse / Thorsten Haverland | 20:30 - 22:00 HSBK | 20:00 - 22:00 Alde | | 19:30 - 22:00 HSBK | | |
| | Damen 2 | | LLD | Thomas Kaplon | | 20:00 - 22:00 HSBK | | | 20:00 - 22:00 CRRS | |
| | Fitness 50+ | | | Ulrich Wieching | 19:30 - 21:30 Patrokli | | | | | |
| | Damen Senioren | | | Elke Brügger | | | | 20:30 - 22:00 Petri | | |
| Jugend - Jungen | U18 männlich | 2004/2005 | | Danko Popovic | | | 16:00 - 18:00 CRRS | | 19:00 - 20:30 HSBK | |
| | U16 männlich | 2006/2007 | | Jordan Rose | | 19:00 - 20:30 HSBK | | 18:00 - 20:00 Alde | | |
| | U16/U14 männlich | 2007/2008/ 2009 | | Michael Heitmann | | 17:45 - 19:15 Petri | | | 18:30 - 20:00 CRRS | |
| | U14 männlich | 2008/2009 | | Mike Willems | 17:45 - 19:15 HSBK | | 16:00 - 17:30 HSBK | | 17:00 - 18:30 CRRS | |
| | U12 offen | 2010/2011 | | Jordan Rose | 18:00 - 19:30 Patrokli | 16:00 - 17:30 HSBK | | | 15:30 - 17:00 CRRS | |
| | U10 offen | 2012/2013 | | Christof Lurse / Henne Haverland + Nici Völkel | 15:30 - 16:30 CvS - Halle 1-3 | | | | 17:30 - 19:00 Petri | |
| | U8 offen | 2014/2015 | | Andreas Kayser | | | | 17:30 - 19:00 Petri | | 10:00 - 11:30 HSBK |
| Jugend - Mädchen | U18 weiblich | 2004/2005 | | Jochen Fernkorn | 19:15 - 20:30 HSBK | | 17:30 - 19:00 HSBK | | | |
| | U16 weiblich | 2006/2007 | | Ricardo Ritzinger | | | 18:30 - 20:00 Petri | | 17:30 - 19:00 HSBK | |
| | U14 weiblich | 2008/2009 | | Thorsten Haverland / Miriam Elter | | 17:30 - 19:00 HSBK | | 16:00 - 17:30 HSBK | 14:30 - 16:00 HSBK | |
| | U12 weiblich | 2010/2011 | | Christof Lurse / Sophia Elter | | 16:45 - 18:00 Patrokli | | | 16:00 - 17:30 HSBK | |
| | U10 weiblich | 2012/2013 | | Kirsten Janning | 15:30 - 16:30 CvS - Halle 1-3 | | | | 15:00 - 17:30 Petri | |
| | U8 weiblich | 2014/2015 | | ??? | | | | 16:00 - 17:30 Petri | | 10:00 - 11:30 HSBK |
| Kindersport | U6 offen | | | Carolyn Janning / Marina Weyer | 15:00 - 16:30 Patrokli | | | | 14:00 - 15:30 CRRS - klein | |
| | Individualtraining | Bis 2012 | | Jordan Rose | 16:30 - 18:00 Patrokli | | | | | |
| BB-Schulsport- gemeinschaften | SSG Bruno | 2.-3. Klasse | | | | 14:30 - 16:00 Bruno | | | | |
| | SSG Petri | 2.-3. Klasse | | | | | | | | |
| | SSG Hellweg | 2.-3. Klasse | | | | | | | | |
| | SSG Convos | 5.-6. Klasse | Schul- mannschaft | Julian Brede | 15:30 - 16:30 CvS - Halle 1-3 | | 15:30 - 16:30 CvS - Halle 1-3 | | | |
| | SSG Alde | | Schul- mannschaft | | | | | | | |
| freie Zeiten | | | | 20:30 - 22:00 Petri | 15:30 - 16:30 CvS - Halle 1-3 | 15:30 - 16:30 CvS - Halle 1-3 | 19:00 - 20:30 Petri | 14:00 - 15:30 CRRS | | |
| | | | | | 20:30 - 22:00 CRRS | | | 19:00 - 20:30 Petri | | |
| | | | | | | | | 20:30 - 22:00 Petri | | |

- HSBK Hubertus-Schwartz-Berufsskolleg, Hattroper Weg
- Alde Aldegrevier Gymnasium, Pollhofstraße
- Petri Petri Grundschule, Oelmüllerweg
- Patrokli Patrokli Grundschule, Schonekindstrasse
- CRRS Christian Rohlf's Realschule, Paradieser Weg
- Convos Conrad-von-Soest Gymnasium, Paradieser Weg
- Astrid Astrid-Lindgren-Grundschule, Kaiser-Otto-Weg

