

BUDGET HEADING	AREA/ELIGIBILITY	2024-25 BUDGET	2025-26 BUDGET
Accommodation	London area	£29,290	£31,840
	Constituency (outside London)	£19,940	£21,680
Accommodation – associated costs only	(Non-London area MPs only)	£6,630	£6,870
Accommodation uplift for dependants	Per eligible dependant per year (max of three uplifts)	£6,680	£7,270
Office costs	London area MPs	£36,550	£39,560
	Non-London area MPs	£33,020	£35,930
Staffing costs	London area MPs	£268,550	£281,980
	Non-London area MPs	£250,820	£263,370
London Area Living Payment (LALP)	London area MPs	£4,680	£4,845
Additional LALP	London area MPs of 23 outer London constituencies	£1,665	£1,725
MP parental leave and absence	(Pro rata for period of absence plus on-costs)	£68,847	£70,912
Hotel nightly cost limit	London	£210	£230
	Rest of UK	£150	£165
	Europe	£210	£210
Subsistence cost limit	(Per overnight stay)	£25	£25