

BUDGET HEADING	AREA / ELIGIBILITY	2022-23 BUDGET	2023-24 BUDGET
Accommodation - rental costs	London Area	£25,080	£26,840
	Outside London Area	£17,840	£19,090
Accommodation - associated costs only	(Non-London Area MPs only)	£5,910	£6,330
Rental accommodation uplift for dependants	Per eligible dependant per year (max of three uplifts)	£5,720	£6,120
Office costs	London Area MPs	£31,620	£33,840
	Non-London Area MPs	£28,570	£30,570
Staffing costs - including Covid uplift	London Area MPs	£237,430	£252,870
	Non-London Area MPs	£221,750	£236,170
London Area Living Payment (LALP)	London Area MPs	£4,310	£4,435
Additional LALP	London Area MPs of 23 outer London constituencies	£1,530	£1,575
Hotel nightly cost limit	London / Europe	£190/night	£210/night
	Rest of UK	£150/night	£150/night