

Summary of budgets available in 2019-20

Budget heading	Area	Returning MPs (Full 2019-20 budget)	New MPs (4 months prorated)
Accommodation Expenditure – Rental costs	London Area	£22,920	£7,640
	Outside London Area	£16,010	£5,337
Accommodation – Associated Expenditure only	(Non-London Area MPs only)	£5,270	£1,757
Office Costs	London Area MP	£28,270	£15,423 incl. £6,000 start-up supplement
	Non-London Area MP	£25,430	£14,477 incl. £6,000 start-up supplement
Staffing	London Area MP	£166,930	£55,643
	Non-London Area MP	£155,930	£51,977
London Area Living Payment (LALP)	For eligible MPs	£4,030	£1,343 (London Area MPs only)
Additional LALP	For eligible MPs	£1,430	£477 (Outer London Area MPs only)
Rental accommodation uplift for MPs with caring responsibilities	Per eligible dependant per year (max of 3 uplifts)	£5,435	£1,812

For London Area MPs, the winding-up budget is £57,150

For Non-London Area MPs, the winding-up budget is £53,950