## Body Score Chart

### What's Your Dog's Score?

<table>
<thead>
<tr>
<th>Score</th>
<th>Description</th>
<th>Tips</th>
</tr>
</thead>
</table>
| **1. TOO THIN** | Your dog is underweight | + Slowly increase your dog's food and keep activity to a minimum for now  
+ Take your dog to your veterinarian and create a plan to gain weight safely  
+ Watch your dog blossom with good health as he gains weight |
| **2. SLIM** | Your dog should weigh a bit more | + Slowly increase your dog's food until you find the right amount  
+ Maintain a moderate level of activity |
| **3. PERFECT** | Your dog is at a healthy weight | + You have found the magic balance of nutrition and activity. Keep up the good work! |
| **4. OVERWEIGHT** | Your dog weighs a little too much | + Time to cut back on those ‘extras’ and decrease his calorie intake  
+ Increase activity to get your dog back into shape |
| **5. OBESE** | Your dog is overweight | + Time to up the exercise and reduce the calorie intake  
+ Take your dog to your veterinarian and create a plan to lose weight safely  
+ Watch your dog blossom with good health as he loses weight |