# GRIZZ OVERLOOK

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Gluten Free

# Wake Up Call

Coffee 5 Cold Brew 6 Latte 7 Cappuccino 7 Espresso/Double 5/7

# Healthy Start

Green Juice Cleanser apple, romaine, spinach, kale, ginger, lime, cilantro. 9

**Orange Kickstart Juice** orange, apple, aloe vera, tumeric, lemon, cayenne. 9

**Berry Recovery Smoothie** apple, banana, coconut water, strawberry, blueberry, raspberry. 11 add organic plant based protein powder. 3

Brazilian Acai Bowl tropical fruit, macadamia nut granola, coconut chips. 15

Seasonal Fruit Plate seasonal fresh fruit and assorted berries. 14



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# Breakfast Specialties

#### Eggs Your Way\*

three eggs any style, choice of honey cured bacon, sausage patties or turkey chorizo sausage, served with assorted fresh fruit and gluten free toast. 19

#### **OG** Omelet

honey cured bacon, tomato, avocado, jack cheese, served with assorted fresh fruit and gluten free toast. 18

**Spinach Organic Egg White Omelet** caramelized onions, heirloom tomato salad, greek feta, with turkey chorizo sausage, salsa verde. 17 add avocado 5

# Traditional Eggs Benedict\*

poached eggs, canadian bacon, hollandaise, gluten free bread, served with assorted fresh fruit. 18

#### Avocado Toast Benedict\*

avocado spread, roasted tomato, poached eggs, hollandaise sauce, gluten free bread, served with assorted fresh fruit. 18

#### **Breakfast Sandwich\***

turkey chorizo sausage, fried egg, smoked gouda, avocado spread, jalapeño aioli, on gluten free bun, served with assorted fresh fruit. 16

# Breakfast on the Side

Sliced Avocado 5 Seasonal Berries 7 Turkey Chorizo Sausage 6 Country Sausage 6 Honey Cured Bacon 6 Canadian Bacon 6

# Shareables

**Guacamole** made fresh daily served with corn tortilla chips. 12 add salsa. 5

#### **Snapper Ceviche**

fresh lime, tomatillo, mango, avocado, corn tortilla chips. 16

# Salads & Bowls

Add any of the following to your salad Chicken 6 Salmon 12 Shrimp 8

## Fresh Hawaiian Heart of Palm Salad

red romaine, grapefruit, avocado, jalapeño, quinoa-pumpkin seed crunch, tamarind sherry dressing. 12

## Greek Salad

bibb lettuce, vine-ripened tomatoes, greek feta cheese, cucumber, marinated olives, herb vinaigrette. 14

# Favorites

Signature Fish Tacos crispy corn tortilla shells, smoked jalapeño aioli, salsa. 16

## OG BBQ Chicken Sandwich

smoked rotisserie chicken, house bbq sauce, slaw, white cheddar, gluten free bun, served with assorted fresh fruit. 17

## OG Burger\*

two 4 oz. patties, special sauce, american cheese, dill pickles, LTO, gluten free bun, served with assorted fresh fruit. 17

\*Our food is made with fresh ingredients, however: consuming racor undercooked meats, poultry, seafood, shellfish, or eggs, may increase your risk of foodborne illness, especially if four have certain medical conditions.