

SAMPLE STATEMENT OF PURPOSE FOR MEDICAL STUDIES

Below is a sample statement of purpose written by a student applying to a University abroad for Medicine.

Sample 2:

Name of the applicant: Dr. Sarun Paul

Course applied: MSc in Cardiovascular and Diabetes Research

India leads the world in the number of people suffering from diabetes and cardio-vascular diseases; this is a fact corroborated by most medical agencies. The worrying factor is that the age of those getting diagnosed with diabetes and cardiac issues is getting lesser. This is testimony to the lifestyle changes in the current generation and their unhealthy eating habits, which is getting addicted to 'junk food'.

I have completed my MBBS course from MGM Medical University, Ahmedabad and have worked for two years in the Government Medical Hospital, Rajkot. I secured 83% overall in my final exams and received a certificate of merit for being the 'Best Medical Student'.

During my days of training as a medical student, I noticed the number of patients who were admitted to the hospital because of lifestyle-induced diabetes and cardiac complaints. The percentage of such complaints was much higher than those of patients with age-afflicted and hereditary medical complaints. This prompted me to conduct a survey of about 50 patients who had been admitted to the hospital in the age-group of 23 to 40 years and I found that in nearly 15 patients, just eating proper nutritious food on time could have prevented hospitalisation for cardiac complaints.

This reiterates the fact that healthy eating, ample exercise and regular medical check-ups can prevent life-style diseases. I would like to focus my energies on understanding more about how the human body reacts to herbal medical alternatives. In some tests run here, I noted that blood-sugar levels and cholesterol levels could be controlled by regular consumption of extracts from bitter gourd and fenugreek. I noted this in some patients, and this is an acknowledged practice in many families in India.

So I would like to devote time to conduct systematic research on the positive impact of bitter gourd and fenugreek extracts on diabetic and cardiac patients. As a first step in this path, I wish to apply for a place on the MSc in Cardiovascular and Diabetes Research offered by the University of Leeds.

The excellent research facilities and the strong research-centric curriculum seem to be the perfect choice for me to further my academic and professional goals. The strong Indian community in Leeds is another factor which draws me. I hope that I can fulfill my dream of becoming a certified medical specialist in diabetic and cardiovascular diseases at the University of Leeds.

Please note: The second statement of purpose is a more elaborate one written by a practising doctor who wishes to join MSc in Cardiovascular and Diabetes Research at the University of Leeds.