**STAY HOME IF YOU ARE SICK.**

If you have coronavirus symptoms, stay home except to get medical care.

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**FACE COVERING REQUIREMENT**

- Minimum requirement is to cover mouth and nose while in the workplace at all times.
- This does not replace normal required PPE; i.e., respirator for toxic materials.
- This does not replace the "social distance" requirement of 6 feet.
- Face cover provided by GDIT is washable and reusable; best option is to take home wash with soap and water, if possible dry in SUN light or other UV light. The UV spectrum kills the virus.

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**STOP THE SPREAD**

- **WASH YOUR HANDS OFTEN WITH SOAP AND WATER.**
  - Scrub for at least 20 seconds. If soap and water aren't available, use an alcohol-based sanitizer.

- **MOVE AWAY FROM OTHERS WHEN YOU COUGH OR SNEEZE.**
  - Cover your nose and mouth with a tissue, and then throw the tissue away. Wash hands after blowing your nose, coughing, or sneezing.

- **AVOID CLOSE CONTACT WITH PEOPLE WHO ARE SICK.**
  - A person with coronavirus can spread it to others who are up to about 6 feet away.

- **DON'T TOUCH YOUR EYES, NOSE, OR MOUTH.**
  - A virus can enter your body this way.

- **CLEAN AND DISINFECT COMMONLY USED SURFACES.**
  - Wipe down doorknobs, tables, light switches, keyboards, and remote controls.

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