



'TIS THE SEASON TO BE RESPONSIBLE

HOW TO PLAN FOR A SAFE HOLIDAY SEASON

As COVID-19 cases are on the rise again, you might be rethinking your holiday plans. Since large gatherings and air travel are not advised, staying home (and cozy!) with the people in your household is the safest way to bring the holiday cheer. Learn about California's new guidelines and how to plan a responsible holiday season.

[See guidelines](#)

THE LATEST ON COVID-19 TESTING

As you spend more time outside of your home, learn more about the types of COVID-19 tests available, when Blue Shield will cover these tests, and how essential workers can access testing services.

[Learn more](#)

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For more help and resources, visit blueshieldca.com or contact Member Services at the number located on your member ID card. If you do not have your ID card, you can call (800) 393-6130 (TTY: 711).

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Language Assistance Notice

For assistance in English at no cost, call (866) 346-7198.

Para obtener asistencia en Español sin cargo, llame al (866) 346-7198.

如果需要中文的免费帮助，请拨打这个号码 (866) 346-7198.

Blue Shield of California member grievance procedure

You can file a grievance online, by mail, or by phone. If you need help, call Member Services at (800) 393-6130.

Puede hacer un reclamo por internet, correo postal o por teléfono. Si necesita ayuda, llame a Servicio para Miembros al (800) 393-6130.

您可以通过在线、邮寄信件或电话提出申诉。如果您需要帮助，请致电 (800) 393-6130 联络客户服务部。

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