



WELCOME & INSTRUCTION SHEET FOR ADULTS



WELCOME, ADULTS.

This workshop is all about teaching children how to recycle and explore what items can be rescued from the rubbish bin.

It's aimed at children aged 7-11 to empower them to be our recycling heroes. For many years adults have been sending things to the rubbish bin that should be recycled.

We've made these activities to educate children and encourage them to speak up at home about items that wrongly end up in the bin.

You can download and print:

- A RESCUE ME board game that's interactive and educational.
To play the game, you will need your own dice. Each game comes with:
 - » A pack of cards you can print and cut out
 - » Counters to cut out and use
 - » Fact sheets for our 5 characters
 - » Games Leader instruction sheet
- A fun activity sheet with a wordsearch, maze and other engaging ways to learn more about our recyclable characters.
- A Rescue Me log children can take home to track items they've rescued from the rubbish and put in recycling.
- A sticker template with Rescue Me stickers, for children to take home and stick on recyclable items. You can purchase blank sticker paper here: avery.co.uk/blank-labels. Select round 20mm stickers (88 per sheet) and print directly over them using the sticker template.



About the Rescue Me log

The Rescue Me log is designed as an activity to do with an adult at home.

The first stage is to check how to recycle the 5 items in their postcode using the Recycle Now Recycling Locator - <https://www.recyclenow.com/recycling-locator>

You can demonstrate the locator to children as part of the workshop by visiting the website and putting in their location.

If you've printed the stickers, children can then use them on the recyclable items they find.

ASSEMBLING THE RESCUE ME GAME

1. Print the 2 A4 sheets single-sided, cut and stick them together to create the gameboard.
2. Print the 2 A4 card sheets single-sided and cut out the cards on the dotted line. There should be 32 cards in total.
3. Print the 5 individual Fact Sheets single-sided.
4. Print the Games Leader sheet, (double-sided if possible).
5. Print the counters for the game. These should be cut out and used to play with. Alternatively, children can have a go at making their own counter to play with.
6. To play the game, you will also need one dice.

What is the Games Leader?

The Games Leader asks the character questions on the board and judges if the player's answer is correct. They also judge the winner of every group task. They act as a game's referee and instil fairness. This is a great role for a child who wants to practice speaking up and develop leadership skills.

How to play the Rescue Me game

6 player game.

5 players pick a character to play and 1 player is the Games Leader.

Use the icon of your character to move around the board.

Can you rescue the five household items from the dreaded rubbish bin and help them get to recycling heaven where they belong?

1. You have 3 minutes to read the fact sheet about your character and learn the facts. You'll be asked questions about the facts throughout the game.
2. Before you start, each player rolls the dice. Whoever rolls the highest number starts the game. Then continue the game clockwise.
3. The aim of the game is to get the five characters to recycling heaven, but there are obstacles along the way.
4. Move through the board by rolling the dice. If you land on a **question space**, and answer it correctly about your character, you get to roll again and take an extra go.
5. If you land on '**Pick Up a Card**' take one from the top of the deck. The cards will tell you whether to move forward, back, or to go to the rubbish bin.
6. If you pick up a '**Rescue Me**' card, hold onto it. You can use it to stop your character from going to the rubbish bin. Hand this card back to the Games Leader after you've used it.
7. If you get **sent to the rubbish bin** and you don't have a '**Rescue Me**' card to play, you must move to the rubbish bin on square 6 and continue the game from there.
8. All players must join in with the **Task** cards. The Games Leader chooses the winner after each task and that player gets an extra go.
9. The winner of the game is whoever saves their character from the rubbish bin and reaches recycling heaven first.

