

Packing list

Clothes

- Pants (preferably with ventilation) + warm pants for the evenings
- Jacket (preferably with ventilation and hood) + warm jacket/down jacket for the evenings
- Warm clothes (can get cold both during tours and evenings)

IMPORTANT!

- Shoes (warm as we will be outside 24/7) Preferably as big as possible (scooter shoes)
- Undershirt + midlayers (preferably several pairs)
- Warm socks
- Several pairs of gloves. (Finger + thumb gloves)
- Hat
- Buff
- Cap
- Underwear
- Swimwear (sauna)

Gear

- Avalanche kit - (tranciever + shovel + probe + extra batteries)
- Skis + boots (with walking function)
- Helmet
- Goggles
- Skins
- Poles
- Backpack
- Headlamp
- Windbag (good to have)

Other

- Towel (sauna)
- Sun cream
- Sunglasses
- Toiletries
- First aid
- Thermos
- Power bank
- Spoon/cutlery
- Travel sheet (to sleep in)
- Bars/snacks
- Water bottle
- Abrasion tape
- Camera

