To register for *My Account* for the first time, have a copy of your invoice on-hand and locate your **1** Account Number, **2** Postal Code, **3** Invoice Number and **3** Invoice Date:

- > Go to: portal.sparlings.com
- > Click the 'Register Now' button.
- > Enter a user ID, password and your security questions/answers.
- The next screen asks you to review/confirm or go back to correct information. Click 'Submit' to proceed.
- You will receive a confirmation e-mail from the Parkland Customer Portal Administrator to activate your account. Click the link in the confirmation e-mail.
- > Enter your password.
- > Review and accept the terms to proceed.
- To add an account, have your invoice available for **1** Account Number,
  **2** Postal Code, **3** Invoice Number and **4** Invoice Date.

**NEED HELP** Please contact your local branch or **SIGNING UP?** email **customer.care@parkland.ca**.

