



2026/27

WABL SCHEDULE

MIDWEEK TRYOUT SESSION SCHEDULE

See below the schedule for the midweek WABL tryout sessions. These include sessions 2 and 3 of WABL Tryouts. Each age group will begin this schedule for their midweek on the week of 12th October, immediately following the Weekend Tryout Session (Session 1). The below schedule works in conjunction with, not in replacement of, the session 1 and 4 weekend tryout schedule. For the schedule of sessions 1 and 4, please continue to use the WABL Tryout Information Pack which is found on the Rockingham Flames webpage.

Please note, during the tryout process, teams will be in the process of getting selected, so you might not know exactly what team you are in. Until further notification is made to you, you come to the training for the squad, until you get an email notifying you that you have been cut. Additionally, as teams are selected, they will be notified and start to split off onto their own courts.

For groups like the U13 boys and girls who have midweek sessions where the 3/4/5s teams are separate from the 1/2s, until teams are selected officially, older age players attend the “team” 1/2s group sessions, and younger age players attend the “team” 3/4/5 sessions.

GIRLS MID-WEEK TRYOUT SCHEDULE

	Training 1				Training 2		
	Team	Venue	Day	Time	Venue	Day	Time
	U11 G 1	MBSC - Ct 4 & 5	Mon	4:45-6:00pm	BISC - Ct 1 & 2	Wed	4:30-5:45pm
	U11 G 2	MBSC - Ct 4 & 5	Mon	4:45-6:00pm	BISC - Ct 1 & 2	Wed	4:30-5:45pm
	U11 G 3	MBSC - Ct 4 & 5	Mon	4:45-6:00pm	BISC - Ct 1 & 2	Wed	4:30-5:45pm
	Training 1				Training 2		
	Team	Venue	Day	Time	Venue	Day	Time
Top-Age Players (2014)	U13 G 1	BISC - Ct 3	Mon	5:15-6:30pm	BISC - Ct 3	Wed	5:45-7:00pm
	U13 G 2	BISC - Ct 3	Mon	5:15-6:30pm	BISC - Ct 3	Wed	5:45-7:00pm
Bottom-Age Players (2015)	U13 G 3	BISC - Ct 3 & 4	Mon	4:00-5:15pm	BISC - Ct 3 & 4	Wed	4:30-5:45pm
	U13 G 4	BISC - Ct 3 & 4	Mon	4:00-5:15pm	BISC - Ct 3 & 4	Wed	4:30-5:45pm
	U13 G 5	BISC - Ct 3 & 4	Mon	4:00-5:15pm	BISC - Ct 3 & 4	Wed	4:30-5:45pm
	Training 1				Training 2		
	Team	Venue	Day	Time	Venue	Day	Time
	U15 G 1	BISC - Ct 3 & 4	Mon	6:30-7:45pm	BISC - Ct 3 & 4	Wed	7:00-8:15pm
	U15 G 2	BISC - Ct 3 & 4	Mon	6:30-7:45pm	BISC - Ct 3 & 4	Wed	7:00-8:15pm
	U15 G 3	BISC - Ct 3 & 4	Mon	6:30-7:45pm	BISC - Ct 3 & 4	Wed	7:00-8:15pm
	U15 G 4	BISC - Ct 3 & 4	Mon	6:30-7:45pm	BISC - Ct 3 & 4	Wed	7:00-8:15pm
	U15 G 5	BISC - Ct 3 & 4	Mon	6:30-7:45pm	BISC - Ct 3 & 4	Wed	7:00-8:15pm
	Training 1				Training 2		
	Team	Venue	Day	Time	Venue	Day	Time
	U17 G 1	BISC Ct 4	Mon	5:15-6:30pm	BISC - Ct 2	Wed	7:00-8:15pm
	U17 G 2	BISC Ct 4	Mon	5:15-6:30pm	BISC - Ct 2	Wed	7:00-8:15pm
	Training 1				Training 2		
	Team	Venue	Day	Time	Venue	Day	Time
	U20 G 1	BISC Ct 1	Wed	7:00-8:30pm	MBSC - Ct 3	Sat	10:15-11:45am

BOYS MID-WEEK TRYOUT SCHEDULE

		Training 1			Training 2		
	Team	Venue	Day	Time	Venue	Day	Time
	U11 B 1	MBSC - Ct 4, 5, & 6	Wed	4:30-5:45pm	MBSC - Ct 1, 2 & 3	Sat	9:00-10:15am
	U11 B 2	MBSC - Ct 4, 5, & 6	Wed	4:30-5:45pm	MBSC - Ct 1, 2 & 3	Sat	9:00-10:15am
	U11 B 3	MBSC - Ct 4, 5, & 6	Wed	4:30-5:45pm	MBSC - Ct 1, 2 & 3	Sat	9:00-10:15am
	U11 B 4	MBSC - Ct 4, 5, & 6	Wed	4:30-5:45pm	MBSC - Ct 1, 2 & 3	Sat	9:00-10:15am
	U11 B 5	MBSC - Ct 4, 5, & 6	Wed	4:30-5:45pm	MBSC - Ct 1, 2 & 3	Sat	9:00-10:15am
as a 1 off, session 3, 17th October, the U/11B age group will train at BISC instead of MBSC, still 9-10:15am							

		Training 1			Training 2		
	Team	Venue	Day	Time	Venue	Day	Time
Top-Age Players (2014)	U13 B 1	BISC - Ct 1	Mon	5:15-6:30pm	MBSC - Ct 7	Wed	4:30-5:45pm
	U13 B 2	BISC - Ct 1	Mon	5:15-6:30pm	MBSC - Ct 7	Wed	4:30-5:45pm
Bottom-Age Players (2015)	U13 B 3	BISC - Ct 2	Mon	5:15-6:30pm	BISC - Ct 1 & 2	Wed	5:45-7:00pm
	U13 B 4	BISC - Ct 2	Mon	5:15-6:30pm	BISC - Ct 1 & 2	Wed	5:45-7:00pm
	U13 B 5	BISC - Ct 2	Mon	5:15-6:30pm	BISC - Ct 1 & 2	Wed	5:45-7:00pm

		Training 1			Training 2		
	Team	Venue	Day	Time	Venue	Day	Time
	U15 B 1	BISC - Ct 1	Mon	6:30-7:45pm	MBSC - Ct 4	Wed	5:45-7:00pm
	U15 B 2	BISC - Ct 1	Mon	6:30-7:45pm	MBSC - Ct 4	Wed	5:45-7:00pm
	U15 B 3	BISC - Ct 2	Mon	6:30-7:45pm	MBSC - Ct 5 & 6	Wed	5:45-7:00pm
	U15 B 4	BISC - Ct 2	Mon	6:30-7:45pm	MBSC - Ct 5 & 6	Wed	5:45-7:00pm
	U15 B 5	BISC - Ct 2	Mon	6:30-7:45pm	MBSC - Ct 5 & 6	Wed	5:45-7:00pm

		Training 1			Training 2		
	Team	Venue	Day	Time	Venue	Day	Time
	U17 B 1	BISC - Ct 3	Mon	7:45-9:00pm	MBSC - Ct 6	Wed	7:00-8:15pm
	U17 B 2	BISC - Ct 3	Mon	7:45-9:00pm	MBSC - Ct 6	Wed	7:00-8:15pm
	U17 B 3	BISC - Ct 1 & 2	Mon	7:45-9:00pm	MBSC - Ct 4 & 5	Wed	7:00-8:15pm
	U17 B 4	BISC - Ct 1 & 2	Mon	7:45-9:00pm	MBSC - Ct 4 & 5	Wed	7:00-8:15pm
	U17 B 5	BISC - Ct 1 & 2	Mon	7:45-9:00pm	MBSC - Ct 4 & 5	Wed	7:00-8:15pm

		Training 1			Training 2		
	Team	Venue	Day	Time	Venue	Day	Time
	U19 B 1	BISC - Ct 4	Mon	7:45-9:00pm	MBSC - Ct 7	Wed	7:00-8:15pm
	U19 B 2	BISC - Ct 4	Mon	7:45-9:00pm	MBSC - Ct 7	Wed	7:00-8:15pm

COURT AVAILABILITY OVERVIEW

MIKE BARNETT

WABL Training Schedule 2026 / 27 (12th October - 24th October)							
Mike Barnett Sporting Complex							
Monday	Ct 1	Ct 2	Ct 3	Ct 4	Ct 5	Ct 6	Ct 7
4:00 - 4:45pm							
4:45-6:00pm				U11G 1/2	U11G 3/4		
6:15-9:00pm	Netball						
Mike Barnett Sporting Complex							
Tuesday	Ct 1	Ct 2	Ct 3	Ct 4	Ct 5	Ct 6	Ct 7
4:00 - 5:30pm							
4:45-6:15pm							
Mike Barnett Sporting Complex							
Wednesday	Ct 1	Ct 2	Ct 3	Ct 4	Ct 5	Ct 6	Ct 7
4:30 - 5:45pm				U11B 1/2	U11B 3/4/5		U13B 1/2
5:45 - 7:00pm				U15B 1/2	U15B 3/4/5		
7:00 - 8:15pm				U17B 3/4/5		U17B 1/2	U19B 1/2
Mike Barnett Sporting Complex							
Saturday	Ct 1	Ct 2	Ct 3	Ct 4	Ct 5	Ct 6	Ct 7
9:00-10:15am	U11B 1/2	U11B 3/4/5					
10:15am-11:45pm		WNBL1 Pathway Program	U20G 1				

BALDIVIS SPORT COMPLEX

WABL Training Schedule 2026 / 27				
Baldivis Indoor Sports Complex				
Monday	Ct 1	Ct 2	Ct 3	Ct 4
4:00-5:15pm			U13G 3/4/5	
5:15 - 6:30pm	U13B 1/2	U13B 3/4/5	U13G 1/2	U17G 1/2
6:30 - 7:45pm	U15B 1/2	U15B 3/4/5	U15G 1/2	U15G 3/4/5
7:45-9:00pm	U17B 3/4/5	U17B 1/2	U19B 1/2	
Baldivis Indoor Sports Complex				
Tuesday	Ct 1	Ct 2	Ct 3	Ct 4
5:15 - 6:30pm				
5:30 - 7:00pm				
7:00 - 9:00pm				
Baldivis Indoor Sports Complex				
Wednesday	Ct 1	Ct 2	Ct 3	Ct 4
4:30 - 5:45pm	U11G 1/2	U11G 3/4	U13G 3/4/5	
5:45 - 7:00pm	U13B 3/4/5	U13G 1/2		
7:00 - 8:15pm	U20G 1	U17G 1 / 2	U15G 1 / 2	U15G 3/4/5
Baldivis Indoor Sports Complex				
Saturday	Ct 1	Ct 2	Ct 3	Ct 4
8:00-10:00am	Programs	Programs	Programs	Programs
10:00-11:00am			Programs	Programs