

2025 - 2026 Rockingham Flames WABL / State Championship Trials

The 25/26 WABL Tryouts are here. Below is all the information you will need regarding tryouts, selection process, and age groups. Please read this information carefully before registering, as fees are not refundable.

Registration for Trials closes at 5pm, October 8th, 2025

Eligibility for WABL 2026

To be eligible to participate in trials and be selected in a Rockingham Flames team, the player must be playing in Rockingham Basketball Association's 2025 Winter Domestic season and/or be registered and financial for the 2025/2026 Summer Season. If a player does not meet this requirement, they will not be able to participate. Checks will be run on all players.

Selection of Teams

WABL is a yearlong commitment. Tryouts are held early October. State Champs are held November/ December. WABL pre-season runs November to March. WABL runs April to August, with finals in September.

If you would like to be considered for a WABL team in 2026, you must participate in the State Champs trial process, even if you are unable to play.

Tryouts October 2025

Tryouts will be between 4-8 sessions depending on factors such as tryout numbers and team rank.

Trial squads will be reduced and cut during the tryout process, and this will happen at the end of each session. Parents informed within 48 hours of the session ending by the High Performance Manager if their child has been cut.

Teams will be selected by the Head Coaches in the age group, in conjunction with the High Performance Manager.

Girls - Saturday 11th October / Saturday 18th October (Sessions 1 and 4) @ Mike Barnett Sports Complex

U11 Girls (2015, 2016, 2017) - 9am - 10:45am

U13 Girls (2013 and 2014) – 11:05am - 12:50pm

U15 Girls (2011 and 2012) – 1:10pm - 2:55pm

U17 Girls (2009 and 2010) AND U20 Girls (2006, 2007, 2008) – 3:15pm - 5pm

Tryout sessions 2 and 3 will be TBC, but will be during the week of 13-17 October (depending on court and coach availability, will be confirmed shortly)

Boys - Sunday 12th October / Sunday 19th October (Sessions 1 and 4) @ Mike Barnett Sports Complex

U11 Boys (2015, 2016, 2017) - 9am - 10:45am

U13 Boys (2012 and 2013) - 11:05am - 12:50pm

U15 Boys (2010 and 2011) - 1:10pm - 2:55pm

U17 Boys (2008 and 2009) - 3:15pm - 5pm

Tryout sessions 2 and 3 will be TBC, but will be during the week of 13-17 October (depending on court and coach availability, will be confirmed shortly)

U19 Boys (2007 and 2008) – Monday 13th @ Baldivis Indoor Sports Complex

State Championships Training

After these dates above, training times will be updated via the clubs website on a weekly basis.

2025 State Championships

The team selected in October 2025 will be for the State Championships only.

The dates for the Championships are as follows:

14/15/16 November 2025 – State Titles – All Championship Divisions across all age groups @ Bendat

22/23 November 2025 – U11 Boys & U15 Boys (Divisions 2–5) @ Bendat & Warwick

29/30 November 2025 – U13 Girls & U17 Boys (Divisions 2–5) @ Bendat & Warwick

6/7 December 2025 – U13 Boys, U17 Girls, U19 Boys & U20 Girls (Divisions 2–5) @ Bendat & Warwick

13/14 December 2025 – U11 Girls & U15 Girls (Divisions 2–5) @ Bendat

State Championships Court Time

Due to the nature of the State Championships, and how short the games are, not every player selected is guaranteed to play in every single game.

Flames players are entitled to play in at least 3 State Championship games, assuming the player meets the teams expectations with regards to behaviour, attitude, and attendance. The Head Coach will determine the total amount of court time given.

Early 2026 - Into WABL Grading and WABL 2026

The 2025 State Championship teams will come back together inside their own age groups early in 2026, where coaches can tweak their squads, before naming their 2026 WABL Teams.

This is not a new tryout phase. This process is allowing coaches to move players up or down based on team personnel, State Championship form etc.

Teams will be selected by the Head Coaches in the age group, in conjunction with the High Performance Manager.

Trial Cost

The cost of the tryout is \$50. This is not refundable. Please read this document carefully before registering your child.

Can't attend the Tryout's?

Players that are absent from these tryouts, without an exemption, will not be included in the 2026 WABL team selection.

An exemption will only be granted by emailing **hpm@rockinghamflames.com.au**, with the players name, date of birth, and reason for needing an exemption.

Exemptions will only be handed out by our HPM's discretion, for things such as Injury, Illness, Family Travel etc.

Requesting an exemption does not guarantee one being granted, only a valid reason will be approved.

What to bring

- Correct basketball for your Childs age group
- Water bottle
- Mouthguard

- Flames reversible singlet; a reversible singlet, or a light AND dark t-shirt if you don't have a reversible. Clothing from other clubs will not be allowed.

Parents Attendance at Weekend Trial Phase

Parents in the Under 11's age group are welcome to attend the weekend Tryouts phase.

Parents in the Under 13's age groups and above are unable to attend the weekend Tryouts phase. Please drop your child off 15 minutes before the start of the trial session. You will be welcome to stay in the foyer of the facility but won't be able to access the training courts where the tryouts will be conducted.

Registration for Trials closes at 5pm, October 8th, 2025

Exemptions

Exemptions to the WABL Trial and selection process may be applied by the HPM exclusively at the HPM's discretion.

Questions

Having read through this thoroughly, if you still have any questions, please direct them to our HPM at hpm@rockinghamflames.com.au