



**RBRA Domestic Competition
Rules and By-Laws:
A Quick Reference Guide**

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Interpretation of the Rules

DEFINITIONS

| Term | Definition |
|----------------------------------|--|
| Association | Rockingham Basketball and Recreation Association will be referred to as the RBRA |
| Board | The RBRA Board of Directors duly appointed under the Constitution of the RBRA |
| CC | Court Controllers are person/s in charge of game-day operations |
| CM | Competition Manager oversees all Domestic competitions |
| Division | The various skill levels used to group teams within a grade. |
| Domestic Club | One (1) or more teams identified by name or uniform |
| Domestic Club Official | President/Chairperson or Vice President/ Chairperson of a Club |
| Employees | RBRA Staff, Referees, Referee Coaches, Court Controllers |
| Electronic Scoring Device | A tablet or laptop that is used to record scores and fouls of the game. The electronic score board controller is the device used to put scores and fouls up onto the score board |
| Grade | Team categories based on the birthyear of the players |
| Grading Committee | RBRA appointed committee assigned to oversee the grading of all Competitions |
| New Players | Players who have not played in the previous season of an RBRA Domestic Competition |
| Player Transfers | Any player looking to move to a different Club or Team |
| RBRA | Rockingham Basketball & Recreation Association |
| RC | Referee Coordinator |
| Referee | An official who enforces and maintains order in the game |
| Referee Coach | Official responsible for overseeing Referees during a game |
| Representative Player | Any player who is playing in, or played in a Team in the most recent completed Season/ Competition in: NBL1, BWA State, WABL |
| SM | Stadium Employees of Management |
| Team | A group of between 4 and 12 players |
| Volunteers of the RBRA | Board members, Committee Members, Advisory Members, RBRA Coaches and Managers, Tribunal Panel |
| WABL | Junior representative players who play in the Basketball WA run Western Australian Basketball League |
| WC | WABL Committee oversees all WABL Competitions |
| Website | rockinghamflames.com.au |

INTERPRETATION

- Day to day interpretation of the rules are the responsibility of the Court Controllers, Referee Coaches and Referees.

Rules and General Provisions

RULES

- FIBA rules & interpretations apply unless stated otherwise.
- As our competition is not fully timed, minor adjustments will be made to the FIBA rules which cannot be enforced fairly without stopping the game clock
- Special conditions apply to some Competitions – see ‘Special Rules’
- RBRA Rules/By-Laws cover other administrative matters not covered by these rules.

GENERAL PROVISIONS

- Parents/Guardians of players (under 18) with medical conditions must inform Coaches/Managers – kept confidential.
- Coaches & Referees ensure bleeding players are substituted.
- Court Controller must clean blood spills with spill kit.
- Referee discretion:
 - Player may return once bleeding stopped & wound securely covered.
 - Player cannot return if bleeding persists; soiled clothing must be changed.
- Injured players not to be moved until attended by first-aid or parent/guardian.
- No court modifications allowed.
- Officials/Staff may ask anyone 18+ to leave stadium.
- RBRA Policies & Codes of Conduct apply to all participants at all venues.

RBRA COMPETITIONS – RULES & BY-LAWS

- RBRA adopt Basketball WA Tribunal By-Laws.
- Rules/By-Laws may change or be overridden at RBRA discretion.

*These may differ from season to season at the discretion of RBRA *

Registrations

| | |
|------------------------------------|--|
| Player Registration General | <ul style="list-style-type: none"> • Players must register into Teams by CM’s due date using PlayHQ link • Players must pay RBRA Season Player fee plus BWA affiliation fee if due |
| Junior Players Registration | <ul style="list-style-type: none"> • Juniors play in grade based on year of birth • Juniors may play up ‘1’ additional grade as a second competition. They cannot play up alone, only in addition to their grade. • Juniors cannot play in more than one team per grade (e.g. they may only play in ‘1’ team in Under 16s). |
| Senior Player Registration | <ul style="list-style-type: none"> • Seniors may play up ‘1’ division with written request to CM • Seniors can only play up ‘3’ games before permanently registering in higher team • Juniors in Senior Competitions play at their own risk • Juniors in Senior Competitions follow Senior rules |

TEAM NOMINATION

- Team entry may be capped depending on numbers
- Team registrations must be submitted by due date; late entries *may* be considered by emailing CM
- Clubs enter Teams into '**grades**'/'**divisions**' via PlayHQ Club portal
- Non-Club Teams submit expression of interest form via website; successful teams to receive registration link from CM
- Club Team fees invoiced on same timeline as non-Club Teams
- Teams must follow grading structure – see 'Grading & Divisions'
- Teams must comply with Representative Player restrictions

JUNIOR REPRESENTATIVE PLAYER RESTRICTIONS

- Strict limits on NBL1, BWA State, WABL players in Domestic Competitions
- Teams generally allowed max 3 in-grade WABL players plus 2 out-of-grade WABL players playing up

PLAYING IN '2' COMPETITIONS

- Players in 2 competitions must get voucher code from CM to override second RBRA season fee
- Original grade (birth year) is always prioritised as **first team**

FILL-IN PLAYER

- Both RBRA and non-RBRA players may fill in '2' games max
- Fill-in players may only play in '1' team per grade
- Non-RBRA fill-ins must purchase '1' single-game voucher from RBRA website
- Fill-in vouchers expire '6' days from purchase
- After '2' fill-ins, player must register into team before playing third game

Divisions

Teams are *graded* into divisions based on the number of WABL representative players:

| | |
|----------------------|---|
| Division A | Teams with 3 or more WABL players |
| Division B | Teams with 1–2 WABL players |
| Divisions C–D | Teams with 0 WABL players |
| State players | considered in-grade WABL players and are capped at 1 per team |

- WABL teams with exemptions to play Domestic must compete in a grade higher than their WABL grade
- WABL teams placed in Domestic must be deemed suitable for Division A
- WABL teams must submit an application to the CM before fixtures are set
- Grading determines whether teams stay in their nominated divisions
- Grading takes place over the first 3 weeks of competition
- Minor adjustments may occur after the initial grading period
- Grading committee may make last-minute game changes
- Ladders begin from Round 4

Player transfers

JUNIOR DOMESTIC PLAYER CLEARANCES

- A player may transfer between Domestic Clubs or non-Club Teams by acquiring a player transfer
- Applications are only accepted when entering a new season
- In-season transfers must be requested by emailing the CM
- A season is considered to begin from Round 1 of any competition, including grading
- Player clearance forms are available on the RBRA website
- Representative players may not transfer into a team if it results in a rule violation
- Players must attempt to resolve any issues with their current Club or Team before applying
- All sections of the clearance form must be completed by the player, Club or Team, and CM
- Players cannot play for a new Club or Team until final approval is received via email from the CM
- Transfers will not be approved if fees are outstanding or property has not been returned
- If a Club or non-Club Team does not approve a transfer within 7 days of notification, the matter can be referred to the CM

COERCION, PERSUASION OF JUNIOR PLAYERS

- Clubs and non-Club Teams may not offer a position to, or play, a player until the transfer is considered and approved by the current Club or Team and the CM
- Transfers will not be approved if the player was approached, coerced, or persuaded by any official or representative of RBRA or a Club/Team member
- Any breaches may be reported for unsportsmanlike conduct to the RBRA Tribunal Panel

Fixtures and Venues

FIXTURES AND COMPETITION DAYS

- Byes will be avoided wherever possible
- Game times may change depending on the number of teams
- Game days may change depending on the number of teams
- Game days and times may also change if an NBL1 home game is scheduled
- Competitions may run across more than one day in a single week
- If extreme circumstances require a game to be postponed or rescheduled, a written request must be submitted to the RBRA
- Where possible, RBRA will attempt to reschedule postponed games
- If a player has two games scheduled at the same time, they must prioritise their **first team** – their grade team determined by birth year (e.g. turning 15 in 2026 means Under 16s is their first team; they may play Under 18s as a second team, but must play Under 16s if both games clash)

VENUES

- RBRA operates out of satellite venues including Baldivis Indoor Sports Complex (BISC) and Mike Barnett Sports Complex (MBSC)

- Fixtures may rotate through multiple venues or days during a season
- Venues may change depending on team numbers in each competition
- Venues may also change if an NBL1 home game is scheduled

Player Penalties

EJECTIONS & SUSPENSIONS

If a player or coach receives '2' technical or unsportsmanlike fouls (or a combination of these) during a game, they will be ejected. This will also trigger an automatic '1' week suspension.

These penalties extend through all RBRA events, irrespective of the grade or division it was handed in:

| | |
|-------------------|--|
| EJECTION | Applies to the entire game day, meaning if a player is ejected from an U16s game, and they also have an U18s game later that day, they are unable to play in it. |
| SUSPENSION | Applies similarly – the suspended player is unable to play in any of their games the following week. |

Note: '1 week' refers to 1 game week, rather than calendar week. This prevents a suspended player from circumventing the suspension if they have a bye the following week.

SENIOR COMPETITIONS

There will be an additional fine attached to all Automatic '1' week suspensions, deducted from the team bond and to be replenished prior to the next game.

| FIRST OFFENCE | SECOND OFFENCE |
|---------------|---|
| \$50.00 | \$100.00 plus RBRA Disciplinary Meeting |

| | |
|-----------------------|--------------------------------|
| Bank | Bendigo Bank |
| BSB | 633-000 |
| Account Number | 193616265 |
| Reference | 'Team name, Grade and Division |

- Please email the receipt to boc@rockinghamflames.com.au prior to the team's next scheduled game

Illegal Players

PLAYERS CLASSED AS ILLEGAL FOR GAME PURPOSES:

- Players playing in an incorrect age group
- Players not playing in the grade determined by their year of birth
- Players who play or have played in two different teams in the same grade without a clearance signed by the CM
- Player's full name not entered on the electronic scoring device

- Players not in attendance and not entered on the electronic scoring device by half time
- Playing under a false name
- Playing in a lower grade or division than what they are registered in
- Representative players participating in a competition that is not compliant with Appendix E, including as fill-in players
- Female playing in a male grade, or male playing in a female grade unless it is a mixed grade
- Playing while under suspension
- Playing while identified as un-financial with RBRA
- Playing in finals after being deemed illegal during minor rounds
- Playing in finals without meeting the minimum eligibility of 6 games played
- Any exemptions must be submitted in writing to the CM

PENALTY FOR AN ILLEGAL PLAYER

- If a team fields an illegal player or breaches RBRA Domestic Rules and By-laws, the game is forfeited, and the opposing team is awarded the win
- Players cannot participate in a game if they are not present by half time and not listed on the scoring device,
- Knowingly playing an illegal player may be considered unsportsmanlike behaviour and reported to the RBRA Tribunal Committee
- Protests regarding player eligibility must be emailed to the CM first, then followed up with the CC during the game if unresolved, following the procedure 'Reports and Protests'.

Premiership Ladders/Competition Points

PREMIERSHIP LADDERS

| | |
|--------------------------|--|
| Under 08s and 10s | will not display ladders on the RBRA public PlayHQ landing page |
| All other ladders | shown in order of Win/Loss/Draw, followed by overall For/Against points percentage |

- Ladders will commence from Round 4 of any season

COMPETITION POINTS

Competition points are awarded as follows:

| | |
|---------------------|----------|
| WIN | 3 points |
| FORFEIT WIN | 3 points |
| DRAW | 2 points |
| BYE | 2 points |
| LOSS | 1 point |
| FORFEIT LOSS | 0 points |

How points are awarded in other circumstances:

| Circumstance | Outcome |
|--------------|---------|
|--------------|---------|

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| Game ends in a draw | Allowed during the minor rounds but not in the finals series. No overtime in minor rounds; overtime only applies in finals |
| Teams finish on equal points | Ladder positions will be decided on a head-to-head basis (most wins between the tied teams ranks higher). If still tied, game points differential between the tied teams will be used. If still tied, it will revert to overall For/Against points percentage. |
| A 'washout' game | Considered a draw with each team awarded 2 points and the score recorded as 20–20 |
| Team joins competition after it has started | They will not receive points for missed games |
| Team requesting regrading outside of grading period | Normally not carry over points to the new division; this is at the discretion of the RBRA to ensure fairness for all teams |

Finals Series Rounds

| | |
|--------------------------------|---|
| Format | <ul style="list-style-type: none"> Finals will follow a 1st vs 4th and 2nd vs 3rd format, with the two winners progressing to the grand final The finals format may change if deemed in the best interest of the grade; where possible, this decision will be made by Week 4 of the season, but may occur at any time under special circumstances If a team withdraws before the finals series begins, they will be removed from the premiership ladder and will not be eligible for finals |
| Eligibility | <ul style="list-style-type: none"> A player must be credited with six qualifying games for a particular competition to be eligible for the finals Only qualifying games count toward finals eligibility for a particular grade Has their full name and playing number entered in the electronic scoring device RBRA representative teams entered in Domestic competition will appear on the premiership tables but will not participate in the finals; they will be withdrawn after the final fixture Protests regarding player eligibility in finals must be submitted via email to the CM for review All areas are subject to change at the discretion of the RBRA |
| Qualifying game meaning | <ul style="list-style-type: none"> A qualifying game is any non-finals match, including games won or lost by forfeit A game will count as a qualifying game if the player: <ul style="list-style-type: none"> Is not classified as an illegal player Is legally substituted into the game has their full name and playing number entered in the electronic scoring device Byes do not count as qualifying games A washout is a game with no recorded results. Games declared a washout do not count toward a player's qualifying total, unless an exemption is granted by the RBRA based on fairness and circumstances If a team loses by forfeit, players on that team are not credited with a qualifying game If a team wins by forfeit, players may be credited as follows: <ul style="list-style-type: none"> Notified forfeit: all registered players at the time of the forfeit |

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| | <ul style="list-style-type: none"> ○ Un-notified forfeit: only players present and listed on the scoring device at the time of the forfeit • If a player legally transfers teams or their team withdraws, their previously credited games carry over to the new team • If injured, a player can be credited with a qualifying game without being present, provided a medical certificate is submitted to the RBRA for exemption |
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Abandoned Games

| WHEN THE GAME WAS ABANDONED | RESULT/OUTCOME |
|---|--|
| Game reached half time | The results will stand |
| Before half time, where one team forfeits due to justifiable injuries | The game will be treated as a full-time game, with scores standing. This game will still count as a played game and be eligible for finals |
| Before half time due to factors outside of RBRA's control <ul style="list-style-type: none"> • Including, but are not limited to: <ul style="list-style-type: none"> ○ Power outages ○ Wet floors | There will be no result, and the game will be considered a washout with each team awarded 20 points |

Responsibilities

| | |
|-----------------------------|---|
| Scorers | <ul style="list-style-type: none"> • All teams must provide a competent scorer/timer for the duration of the game. If the scorers cannot decide among themselves: <ul style="list-style-type: none"> ○ Team A will complete the electronic scoring device ○ Team B will complete the electronic scoreboard controller • Scorers/timers have no influence on the game other than to fulfill their scoring duties |
| Coaches and Managers | <ul style="list-style-type: none"> • Coaches or Managers are responsible for ensuring the correct entry of players' names on the electronic scoring device or paper score sheet • Only one coach is permitted to stand during the game at any time • Coaches and assistant coaches are prohibited from standing at the same time • Coaches and team managers must ensure all people in the team bench area, including players, remain seated • If any information in the electronic scoring device is disputed, the coach and team manager must follow procedure by sourcing a CC • All volunteers, including coaches and managers, must meet legislative and RBRA requirements regarding Working with Children checks and Police Volunteer checks, if required • Coaches and managers must return all bibs at the end of the game; any bibs not returned will be charged to the team • Coaches and managers must ensure all team invoices are paid by the due date specified by the CM |

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| | <ul style="list-style-type: none"> Coaches and managers must ensure any 'fill-in' players are appropriate for the grade/division and properly registered Coaches and managers must ensure that all junior teams have an adult present at each game to be responsible for the team's actions |
|--|---|

Game Start/Late Start

TO START A GAME

- A game cannot start unless each team has at least 4 season-registered players present.
- Fill-in players do not count towards the 4 registered players.
- Fill-in players must show the Court Controllers the receipt.
- Players must play under their own name.
- Matching uniforms are required.
- Juniors must wear mouthguards.

PENALTY FOR LATE STARTING GAME

- Failure to start on time may result in a 2-point penalty per minute for the opposing team.
- Teams may choose to delay starting but may face penalties or forfeit, depending on referee discretion.

***This is at the referee's discretion depending on the lateness of the game

LATE STARTING PLAYER

- Players not in attendance by the end of the first half or not listed on the score sheet are ineligible to play.
- The decision to add a player to the score sheet is at RBRA's discretion.

Forfeits

NOTIFIED/UNNOTIFIED

Notified forfeits have a strict deadline to avoid penalties

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| Monday to Friday competitions | Notification must be received by 12:00pm on the day of the scheduled game |
| Saturday competitions | Notification must be received by 8:00am on the day of the scheduled game |

Forfeits should be emailed to forfeits.RBRA@gmail.com. Un-notified forfeits where sufficient notice is not provided will incur penalties.

FORFEIT PENALTY / OTHER

- Penalties may apply if a team fields an illegal player.
- Late-forfeiting teams will be subject to a **fine of \$50**, payable to the RBRA Bank Account provided below

| | |
|-----------------------|--------------------------------|
| Bank | Bendigo Bank |
| BSB | 633-000 |
| Account Number | 193616265 |
| Reference | 'Team name, Grade and Division |

- Please email the receipt to boc@rockinghamflames.com.au prior to the team's next scheduled game

| ACTION | CONSEQUENCE |
|---|--|
| If a team does not have at least 4 players who have legally taken the court within 10 minutes of the scheduled start time | Will lose by forfeit. |
| If a team with an overdue RBRA invoice | Will lose by forfeit. |
| If one team forfeits | The final score will be 20-0 |
| If both teams forfeit | The result will be recorded as a 0-0 forfeit loss for both teams |
| If a team forfeits three times in a season | They may be removed at the discretion of RBRA |
| If a game has started but not reached half-time and one team forfeits due to justifiable injuries | The game will be considered a full-time game with scores standing. This game will still count as played and eligible for finals. |

Timing of Games

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|----------------------|---|
| MINOR ROUNDS | <ul style="list-style-type: none"> • All Minor Round games shall be timed from a central running clock, with 2 x 19-minute halves and a 2-minute half-time break. • Each team is allowed 2 time-outs per half. • No time-outs are permitted in the final 3 minutes of either half. |
| FINALS SERIES | <ul style="list-style-type: none"> • Finals Series games will be timed with individual court clocks: 19-minute 1st half (running clock), 2-minute half-time break, 19-minute 2nd half with first 16 minutes as running clock, and the last 3 minutes are fully timed. • Extra periods in finals will begin after a 2-minute break, lasting 3 minutes, and are fully timed. • Each team gets 2 time-outs in each half and 1 time-out in any extra period. • No time-outs are allowed in the final 3 minutes of the first half. |

Equipment

STADIUM PROPERTY/ RBRA PROPERTY

- Players, spectators, or others found abusing stadium property (e.g., hanging off rings) may be reported to stadium management at the discretion of any RBRA official or employee.
- Abusing RBRA property may result in expulsion from the stadium and possible disciplinary action.

BASKETBALLS

- RBRA will supply a suitable game ball.

| BASKETBALL SIZES | | | |
|------------------|------|-----------------|------|
| GRADE | SIZE | GRADE | SIZE |
| BOYS U08 | 5 | GIRLS U08 | 5 |
| BOYS U10 | 5 | GIRLS U10 | 5 |
| BOYS U12 | 5 | GIRLS U12 | 5 |
| BOYS U14 | 6 | GIRLS U14 | 6 |
| BOYS U16 | 7 | GIRLS U16 | 6 |
| BOYS U18 | 7 | GIRLS U18 | 6 |
| BOYS U21 | 7 | - | - |
| BOYS SENIORS | 7 | WOMEN'S SENIORS | 6 |

Reports and Protests

RBRA

- The RBRA Disciplinary Tribunal Procedures are applied as per BWA.
- All individuals entering RBRA venues or affiliated stadiums may be reported by any RBRA Official or Staff Member.
- Protests and disputes must be submitted in writing to the CM within 24 hours, detailing the event.
- The CM will refer protests/disputes to the RBRA for consideration. The matter may be escalated to the Board, who may appoint a judicial panel to investigate and make a final ruling. The finding will be communicated to all parties involved.
- The CM will refer all reports to the RBRA Disciplinary Tribunal Panel.

MEMBERSHIP PROTECTION POLICY

- RBRA adopted the Basketball Australia Membership Protection Policy (updated 18th June 2018).
- The Basketball Australia Membership Policy is available on the BWA website:
<https://basketballwa.asn.au/wp-content/uploads/2018/08/Item-TBC-ii.-BA-Member-Protection-Policy-Revised-June-2018-CLEAN.pdf>

Special Rules

| | |
|---|---|
| Under 08s and 10s | <ul style="list-style-type: none"> No finals series, no uniforms or late start penalties; non-compliance penalties at discretion of RBRA Scoreboards show no team leading by 20+ points (mercy rule). Backboards lowered to 8 feet, free throws from the front of the circle. No 3-point line; 3-pointers count as 2 points. Defensive retreat to half court after baskets or in offensive backcourt. Teams can use fill-in players from opposing teams/lower divisions to avoid forfeit. No MVP or premiership awards. |
| Under 12s and 14s | <ul style="list-style-type: none"> Use inside (6.25m) 3-point line where both 6.25m and 6.75m are marked. Teams leading by 30+ points must retreat to half court. Zone defence not permitted (penalty: technical foul). Score margin management: no full court press, no further points added if leading by 30+, regular scoring resumes if margin drops below 30. Suggestions for score margin management include playing with non-preferred hand, passing to all players, and using time outs. |
| All Other Grades | <ul style="list-style-type: none"> Use outside (6.75m) 3-point line where both 6.25m and 6.75m are marked. |
| Seniors | <ul style="list-style-type: none"> Players wishing to play in 2 divisions must apply in writing to the CM. Fill-in rule: Players can fill-in for a higher division, but not a lower one. Fill-in players from lower divisions can play for a higher division a max of 3 times before being permanently moved. |
| Zone Defence | <p>Zone Defence is not permitted in Under 08s, 10s, 12s and 14s</p> <ul style="list-style-type: none"> Zone defence: Any defence played in the offensive frontcourt, which does not incorporate normal man-to-man defensive principals, shall be considered a zone. For this purpose, trapping defences that rotate back to man-on-man defensive principles shall be acceptable. Trapping defences and double team defences in the offensive backcourt shall be acceptable, but must rotate back to man-to-man defence in the offensive frontcourt Only the Referee/Referee Coach may determine whether a prohibited defence is being played. If it is believed that a prohibited defence is being played, please ask for the Referee Coach. If it is an illegal defence, the Referee Coach shall instruct the Referees to charge a technical foul against the Coach and the appropriate penalty applied <p>All other grades will play standard rules and are not restricted by the Zone Defence rule</p> |
| Team Fouls | <ul style="list-style-type: none"> 7 team fouls in a half triggers free throws for the 8th foul. |
| Technical Fouls | <ul style="list-style-type: none"> Players receiving a behavioural technical must sit out 5 minutes of running game clock (including time-outs, excluding half-time). |
| Penalty for Non-Compliance <ul style="list-style-type: none"> Technical foul for non-compliance at discretion of referees and referee coaches. Disciplinary action for failure to show good sportsmanship. | |

Awards

| | |
|-----------------------------------|---|
| Grand Final Team | <ul style="list-style-type: none"> The winner of the grand final from U12s and above is declared the premiers/champions, as decided by RBRA. Winning and runner-up teams will receive awards. Awards are presented immediately after the game ends. |
| Most Valuable Player (MVP) | <ul style="list-style-type: none"> One MVP is chosen for grand finals in each competition from U12s and above. MVP is selected by an independent person. MVP awards are presented immediately after the game ends. This may change seasonally at the discretion of the RBRA |
| Under 08s and 10s | <ul style="list-style-type: none"> Players from U08s and U10s will receive an award. Awards are presented after the final game. |

Uniforms

COMPULSORY UNIFORMS

| | |
|--|---|
| Mouthguards | Compulsory for U08s - U18s, recommended for others (aligned with SportSafe and Basketball WA). |
| Uniforms | Must be approved by the RBRA. Uniform designs and team names must be emailed to CM. Matching uniforms are required for all competitions. Standard FIBA rules apply for sizing and style. Shorts must be mid-thigh to knee length. |
| Print on uniform (player numbers) | Playing singlets must have visible front (5cm+) and back (20cm+) numbers. Player numbers must be between 0, 00-99. |

VARIATIONS AND EXCEPTIONS

- No uniform penalty in the first 3 weeks of the season; exemptions must be emailed to CM by week 3.
- New player exemptions (excluding fill-ins).
- No grace period for pockets in shorts or singlets.
- Alternative shirts allowed if singlet is ripped or soiled with blood during the game.
- Compression undergarments must be black, skin-coloured, or match the shorts.
- Bike shorts or similar may be worn if mid-thigh or longer.
- If a player does not have team shorts, they may wear club/team shorts, Flames training shorts or plain black shorts with a small logo.
- Medical exemptions must be emailed to CM.
- Colour clashes require teams to swap singlets (Team A must change).
- Bibs may be provided by Court Controllers if needed.

PROHIBITED

| GENERAL | |
|---|--|
| <ul style="list-style-type: none"> • Objects that could cause injury (plastic, metal, hard materials). • Long fingernails (must be cut to fingertips). • Headgear, hats, and certain hair accessories (braids/plaits are permitted HOWEVER any form of beads or beading within braids/plaits are prohibited). • Exposed jewellery (including medical bracelets). • Piercings must be taped or covered, medical bracelets with a sweatband. • Basketball shorts/singlets with pockets or t-shirts with sleeves. • Non-approved compression wear that extends beyond the uniform. • Mixed uniform sets (singlets and shorts must match). • Triple-digit uniform numbers • Same player number as another on the court | |
| SENIORS | EXAMPLES |
| Unapproved shorts | <ul style="list-style-type: none"> • Board shorts • Booty shorts • Shorts with pockets • Shorts with zips |
| JUNIORS | EXAMPLES (IN ADDITION TO SENIOR EXAMPLES) |
| Unapproved shorts | <ul style="list-style-type: none"> • Shorts with pockets • Association shorts • BWA shorts • Shorts with large or multiple logos • Striped-side shorts • Rockingham SHS playing shorts • Shorts with zips |

PENALTY FOR BREACHING UNIFORM BY-LAW

- First breach results in a warning.
- Documented by Court Controllers.
- Repeated breaches (2+ times) prevent the player from taking the court until the uniform is corrected, and may lead to further sanctions by the RBRA