



# Wondering if a Clinical Trial is Right for You?

## Who can Participate?

Every year, thousands of people take part in clinical research studies, helping test potential new treatments that may make life better. Each clinical trial has rules about who can participate called inclusion and exclusion criteria. These rules as well as the potential risks and benefits of the clinical trial are captured in the informed consent process. These criteria are developed with much thought and consideration. They are necessary to prove whether medicines work or not in a specific patient population and make sure the appropriate participants enter the trial and stay safe. Each participant can drop out of the clinical trial at any time even after they have agreed to participate.

## Who is Involved?



Participant



Principal Investigator



Study Coordinator



Research Site



Ethics Review Board



Sponsor

## What is a Clinical Trial?

A clinical trial or research study is the backbone of medicine development. Before reaching your medicine cabinet, each medicine went through years of scientific studies in people like you. This was to assess whether the treatment was safe and effective. Clinical trials help answer questions like:

- ? Is the medicine being studied effective?
- ? Is it safe?
- ? Are there side effects?

## Why Participate?

By choosing to participate, you may:



Receive study-related monitoring of your health



Help discover new cures and treatments



Help others by advancing medical research

Visit [trials.lilly.com](https://trials.lilly.com) to learn more about your possible participation.