

Anjali and Rubecca's Caregiver Alliance Transcript

Video Title: Anjali and Rubecca's Psoriasis Story

[Lilly Dermatology Clinical Trials | Skin Disorder Research](#)

Audio	Speaker	Time
[Guitar and drum instrumental.]		00:00:00,000
Hi, I am Rubecca and this is my daughter Anjali.	Rubecca	00:00:06,000
I have psoriasis.	Anjali	00:00:08,000
<p>As a baby she was always really happy. She was the first born so she was everybody's favorite, everyone was excited, my parents especially. All of our family is in the local area.</p> <p>When Anjali was about in maybe third grade or so we had noticed after I was doing her hair after a bath one time that she had these, um, like these bigger flakes in her hair. And it wasn't until we had had visited a couple of different dermatologists that</p>	Rubecca	00:00:11,000

<p>said she might have psoriasis.</p>		
<p>I don't remember a lot just, uh, like the burning and the trying different doctors.</p>	<p>Anjali</p>	<p>00:00:39,000</p>
<p>Then eventually it did progress and build up and it got very red.</p> <p>So we were at, uh, we first heard about the trial through one of her routine doctor visits. Our doctor had told us that there was a clinical trial available for her psoriasis. So we were hesitant at first you know looking into ok well what does it mean for her. Both from a side effects standpoint as well as from a logistics standpoint. In terms of how do we get her to her appointments, does she have to miss a lot of school. Um just trying to understand all of the factors involved with making that decision.</p>	<p>Rubecca</p>	<p>00:00:45,000</p>
<p>There were a lot of times when I just really wasn't in the mood to</p>	<p>Anjali</p>	<p>00:01:17,000</p>

<p>fill out the different things that the diaries and stuff. But I knew that it had to be done for them to get the correct information.</p>		
<p>I think our, uh, that the person running the protocol had mentioned that for the younger people in the study that was something that some of the other moms would have to do because you know the child was too young to write or something like that. But her doctor said that it was my job to make sure they were turned in and not forgotten at home before we went to the doctor's office.</p> <p>My responsibilities were more, I think it was minimal compared to most because she was a bit older older. But, um, definitely I think the biggest thing for me was the scheduling, in trying to just make sure that between school and</p>	<p>Rubecca</p>	<p>00:01:29,000</p>

<p>work that she was able to get to where she needed to be on time. That she was taking her meds.</p>		
<p>Yeah, I would have to call my mom I would have to tell her to come bring it because I'd be gone for the night and the morning, so I didn't want to miss two. So, she would have to grab it and come bring it to wherever I was.</p>	Anjali	00:02:04,000
<p>She would go for a sleepover then I would get a call "Mom can you come in and drop my medication off".</p> <p>Other kids notice things or people say things to her, I could tell if she came home and her feelings were hurt, but she didn't want to tell me why they were hurt. So, I think in that respect that was for me harder. Because you know kids at a young age, when they are very young, they don't know what it is and then as</p>	Rubecca	00:02:14,000

<p>they get older, sometimes they are just plain mean.</p> <p>But throughout it all I would have to say she has been very brave. And I think she is a very confident young lady now.</p>		
<p>It's 'cause I know that if I do have a problem or anything that I have someone that I can go talk to to get help with.</p>	Anjali	00:02:44,000
<p>We hadn't had any exposure to clinical trials until her doctor had mentioned that it was an option for her. I mean it definitely brought us closer together too because even though some of the visits were really long car rides, they would give us a chance to actually break away from the day to day. Talk about school, how the day went, anything else that might be bothering her, or even fun things that happened that normally we don't get the chance to.</p>	Rubecca	00:02:53,000

<p>It's definitely a good idea to try because it's something different and it's something that not a lot of people have tried. So, if it has a chance of helping, it's worth a shot.</p>	<p>Anjali</p>	<p>00:03:14,000</p>
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