



EMPLOYEE WELLNESS

Support your team's well-being with simple, seasonal initiatives that will help employees feel more grounded, energized, and connected.

Schedule a monthly team lunch for the rest of the year. Allow employees to vote on a time that works best for everyone's schedules.
Choose two new go-to spots from DoorDash's "healthy" food category.
Try a Mindful Monday or Wellness Wednesday meal program with nutritious desk deliveries.
Create a cozy recharge zone with fall-themed touches or updated wellness supplies.
Drop one short mental health article or podcast link in your team's communication tool each week (think: stress relief, work-life balance).
Start each week with a quick wellness session — guided meditation, stretch break, or ergonomic setup tips.
Launch a voluntary step challenge with small DoorDash gift card prizes to encourage midday movement and fresh air.



OFFICE EVENTS & CELEBRATIONS

Build community with inclusive moments that matter.

Add diverse cultural celebrations to your team calendar: Hispanic
Heritage Month, Diwali, Rosh Hashanah, and more. Our <u>Inclusive</u>
Holiday Calendar has important dates and meal planning tips to help
celebrate.
Create a celebration toolkit for managers — featuring dates, meal ideas, and event planning tips — to guide inclusive event planning.
Host a diversity-focused discussion or film screening for reflection and education around a fall holiday.
Kick off end-of-year holiday planning early with inclusive celebratory mocktails — or other ideas in our <u>events guide</u> .



EMPLOYEE PRODUCTIVITY & ENGAGEMENT

Keep momentum high with thoughtful gestures and teamdriven fun.

Schedule a Lunch & Learn session with leadership, with meals provided
by <u>DoorDash for Business</u> .
Run a virtual cooking demo or tasting , with ingredients delivered directly to employees.
Plan/refresh a calendar with everyone's birthday and work anniversaries , celebrated with digital DoorDash gift cards.
Kick off a shared "Fall Wins" doc and be the first to give a shoutout.
Ask each team member to add one song to a fall playlist — then drop the link in Slack.



FINISH THE YEAR STRONG WITH WELLNESS-FOCUSED MEALS

Food plays a vital role in workplace culture — and the right food choices can make or break your Q4. With DoorDash for Business, you can seamlessly provide meals for any fall occasion through:

Catering:

Serve groups a delicious meal in classic large trays or easy-to-distribute individual boxes.

Group orders:

Smaller groups of employees can individually add meals to a shared group cart and enjoy together.

Meal credits:

Provide flexible meal budgets to your team, whether in-office or remote.

Vouchers:

Send to employees and clients for ad hoc office events.

Gift cards:

Schedule for special occasions or to acknowledge an employee's job well done.