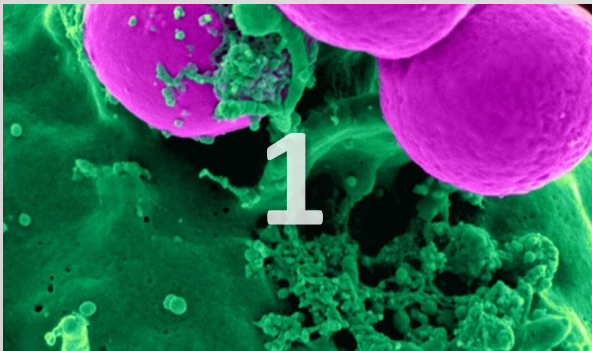




# THERE ARE THREE (3) KEYS TO MINERAL LOSS REDUCTION

Stannous Fluoride



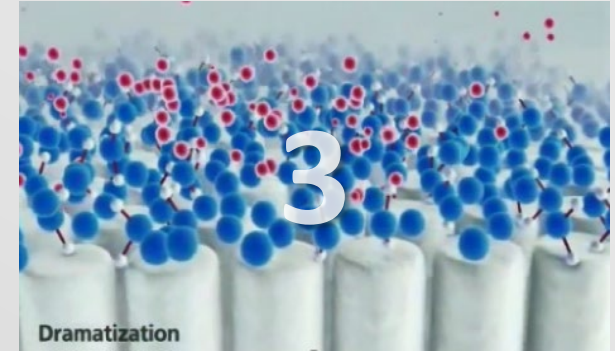
Trap & Remove Bacteria

Reduce the amount of acidic biofilm to prevent subsurface mineral loss



Remineralization

Provide a pro mineral formation environment to reinforce HAP crystals to reverse subsurface mineral loss



Surface Protection

Provide a sacrificial barrier on tooth enamel surfaces to reduce surface mineral loss

Sodium Fluoride

# What is ETW?

- Changing dietary habits
- Higher consumption of acidic beverages (colas, sports / energy drinks) – (especially Children and Athletes)
- Higher incidence of xerostomia from medications for chronic conditions  
Low salivary flow clears acids less quickly (especially Geriatric)
- More people retain teeth for a lifetime, and we are living longer

**Interaction between attrition (abrasion) and erosion =  
Erosive Tooth Wear**





DENTAL EROSIVE WEAR

# CHEMICAL WEAR & SURFACE MINERAL LOSS

“ Normal tooth brushing has no harmful effect on sound dental tissues. The softened tooth surfaces caused by exposure to acidic products are vulnerable to tooth brushing. However, softened enamel is not remineralized by saliva over short time periods, so will be worn away **even in the absence of tooth brushing.**”<sup>8</sup>

Intrinsic

Vomiting and GERD

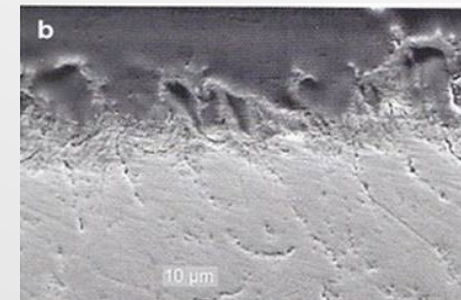
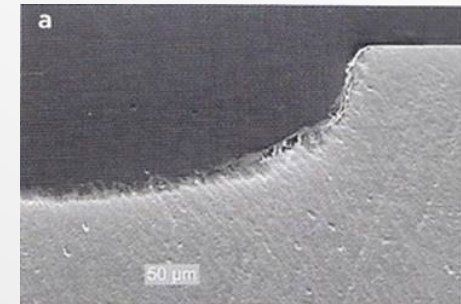


Extrinsic

Consumption of Acidic Foods, Drinks & Carbonated Beverages



Surface Softening Leading to dental erosive wear





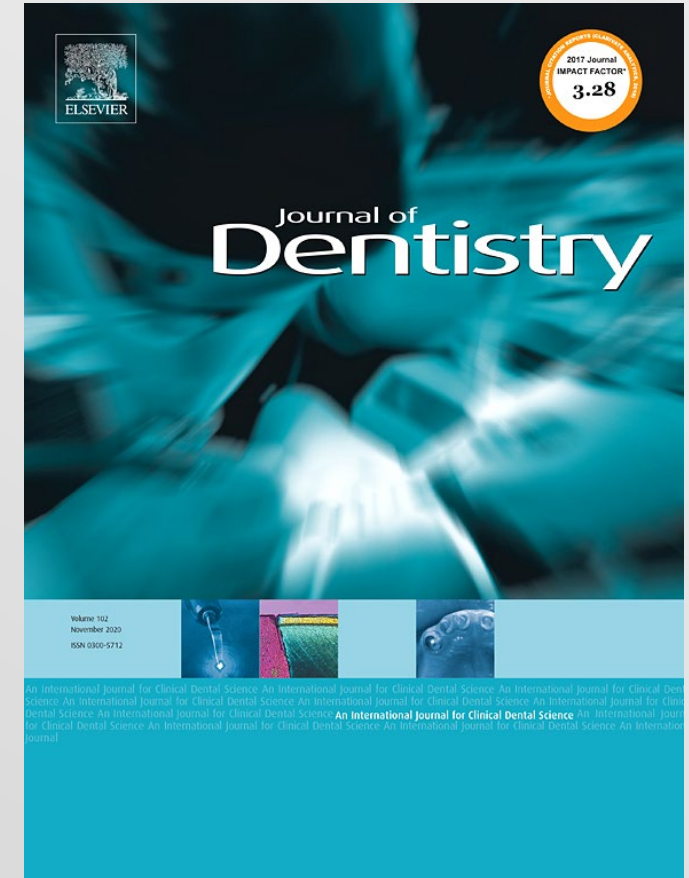
## META-ANALYSIS

# EROSION

### RESULTS

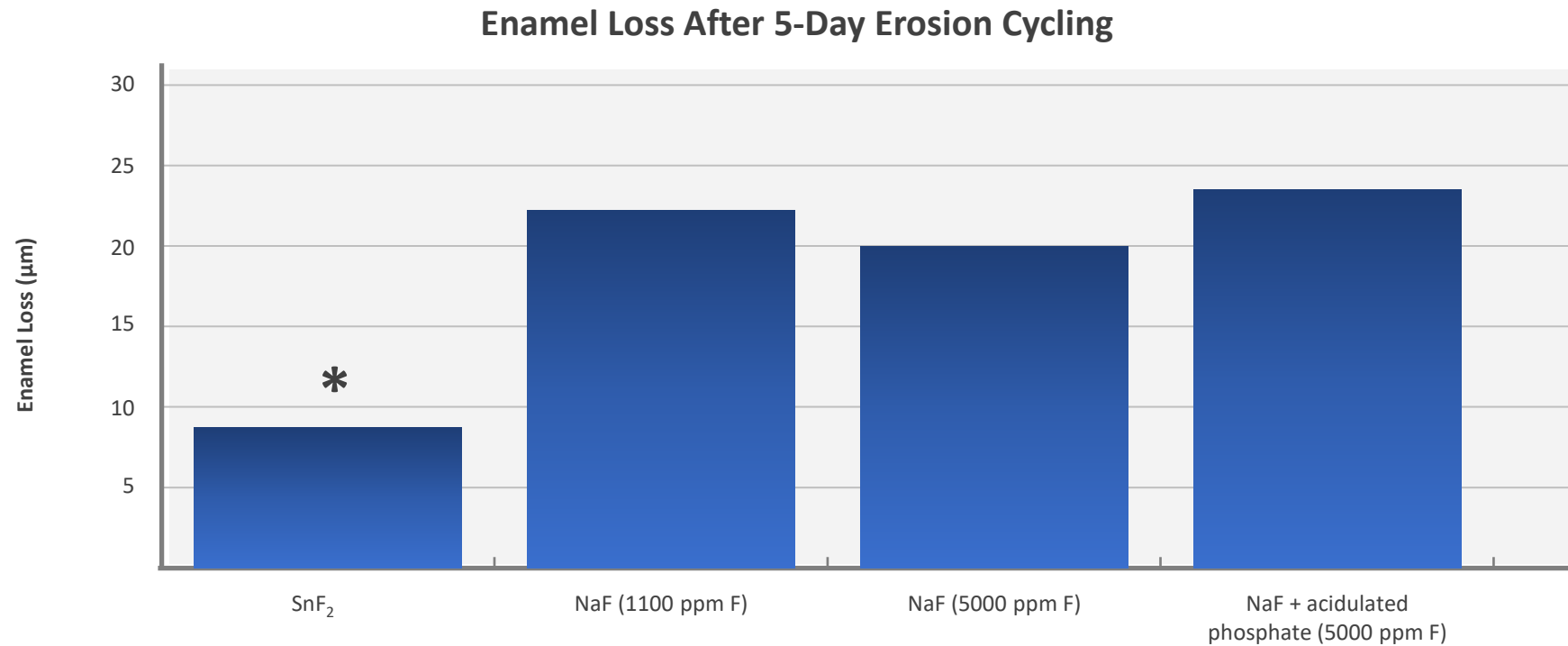
Estimated Average Effect of brushing with Bioavailable Gluconate Chelated Stannous

|         |                                     |
|---------|-------------------------------------|
| Erosion | 83% ↓ Enamel Surface Loss (p<0.001) |
|---------|-------------------------------------|



# Clinical Evaluation of SnF<sub>2</sub> and Erosion Protection—Eversole et al.

**SnF<sub>2</sub> was demonstrated to be significantly more effective at reducing enamel loss than all other treatments including two prescription strength sodium fluorides**



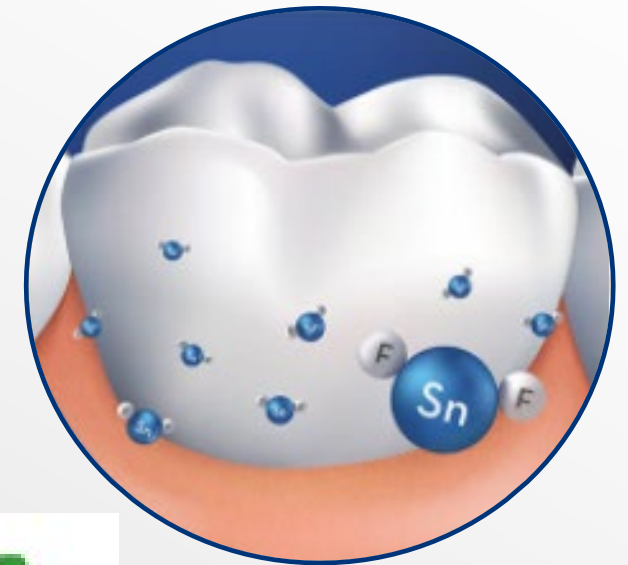
**\*p<.05 vs. All**



“ Additional to causal management options, it is possible to use specific protective products or materials. Products (e.g., toothpastes or mouth rinses) containing stannous fluoride or stannous chloride have the potential for slowing the progression of ETW. For other products, data so far are sparse. ”



“Preventive strategies are essential as first line management for erosion protection once bulk tooth surface structure is lost, erosive wear is irreversible<sup>12</sup> ”



Is the ONLY dentifrice with the seal for Enamel Erosion Control



[https://www.ada.org/resources/research/science-and-research-institute/ada-seal-of-acceptance/product-search#sort=%40productname%20ascending&f:@category=\[Enamel%20Erosion%20Control\]](https://www.ada.org/resources/research/science-and-research-institute/ada-seal-of-acceptance/product-search#sort=%40productname%20ascending&f:@category=[Enamel%20Erosion%20Control])

# ETW in pediatric population?

A recent global review of mean prevalence of moderate toothwear in deciduous teeth to be between 30-50%; more common in males and increases with age

**Damage to permanent teeth in childhood/adolescence may compromise dentition and impact restorative care for lifetime.**

**Damage will continue until there is an intervention.**



## KEY FACTS:

### ATHLETES<sup>1</sup>:

- **92% regularly consume sports drinks**
- Onset of sports drink use: 10.8 years
- Erosion prevalence: 36.5%

1. Mathew et al Caries Research 2002



A 12-year-old male with severe erosive lesions affecting the primary and permanent molars. The nutrition diary revealed that the boy consumed more than 1 L of a cola type drink per day

Most common sites were lower 1<sup>st</sup> molars<sup>2</sup>

2 Arnadottir et al 2010



ETW IS NOT WELL DIAGNOSED

# WITHOUT DIAGNOSIS, NO PREVENTION STRATEGY CAN BE IMPLEMENTED

[https://www.sciencedirect.com/science/article/pii/S0300571220301706?dgcid=rss\\_sd\\_al](https://www.sciencedirect.com/science/article/pii/S0300571220301706?dgcid=rss_sd_al)

Dentists had difficulty correctly diagnosing (both detection and differentiation) and managing ETW, across all severity levels and particularly in early stages. These difficulties were particularly apparent when compared to caries. The current results are clinically relevant given the importance of early diagnosis for ETW management.

<https://bmcoralhealth.biomedcentral.com/articles/10.1186/s12903-017-0451-9>

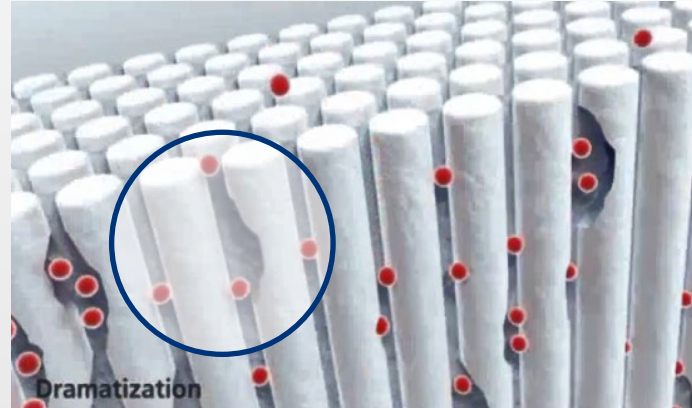
Tooth wear is a relatively new emerging dental public health problem which has not yet raised sufficient awareness among the public. **Even dental professionals are not giving sufficient attention to this issue.** Most dental professionals overlook the early stages of tooth erosion and dismissed tooth surface loss as something that is 'normal' or physiological and thus does not require any intervention [1]. The terms 'tooth wear' and 'dental erosion' had been used interchangeably by some whilst others used tooth wear as the cumulative effect of abrasion, attrition and dental erosion [2]. In addition, the terms dental erosion and dental erosive wear had often been considered to be synonymous. Huysmans et al. attempted to differentiate the two by defining, erosion as a partial demineralization of enamel or dentine by intrinsic or extrinsic acids and erosive tooth wear as the combined effect of erosion and mechanical wear (abrasion or attrition) on tooth surface [3] with erosion being the dominant process.





ENAMEL EROSION VS. CARIES

# SUB-SURFACE VS. SURFACE MINERAL LOSS



Caries (subsurface phenomenon)

Erosion (surface phenomenon)

Weak acid (e.g. lactic acid)

Strong acid (e.g. citric acid)

Pellicle protects enamel surface

Pellicle can't protect under such harsh acid conditions

Sub-surface phenomenon

Surface damage

Buffering by saliva helps to neutralize

Buffering of saliva is overwhelmed

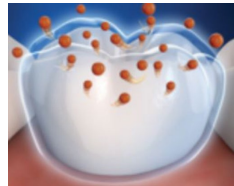
Reversible in early stages

Irreversible surface damage

A role for treatment of early lesions

Prevention is key for managing the condition

# Erosive Toothwear



Dental Erosion results from a demineralization process that is not the result of bacterial acids. Dietary or Medically related acids can overwhelm the natural, pellicle coated tooth surface and induce a surface softening of the mineral and ultimately surface loss of enamel. Once lost, this mineral cannot be restored naturally.

| Link             | <a href="https://pubmed.ncbi.nlm.nih.gov/33383100/">https://pubmed.ncbi.nlm.nih.gov/33383100/</a>   | <a href="https://pubmed.ncbi.nlm.nih.gov/32259415/">https://pubmed.ncbi.nlm.nih.gov/32259415/</a>   | <a href="https://rd.springer.com/article/10.1007/s00784-016-1905-1">https://rd.springer.com/article/10.1007/s00784-016-1905-1</a>  | <a href="https://pubmed.ncbi.nlm.nih.gov/26349125/">https://pubmed.ncbi.nlm.nih.gov/26349125/</a>   | <a href="https://www.dentalcare.com/-/media/dentalcareus/research/pdf/am-j-dent/2011/fallerajdaugust2011.pdf?la=en&amp;v=1-201604260314">https://www.dentalcare.com/-/media/dentalcareus/research/pdf/am-j-dent/2011/fallerajdaugust2011.pdf?la=en&amp;v=1-201604260314</a>  | <a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7559150/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7559150/</a>  |
|------------------|---|---|--|---|--|--|
| <b>Title</b>     | Bioavailable gluconate chelated stannous fluoride toothpaste meta-analyses: Effects on dentine hypersensitivity and enamel erosion  | Stabilized Stannous fluoride dentifrice in relation to dental caries, dental erosion and dentin hypersensitivity: A systematic Review   | Erosion protection benefits of stabilized SnF2 dentifrice versus an arginine–sodium monofluorophosphate dentifrice: results from in vitro and in situ clinical studies   | Erosion Prevention Potential of an Over-the-Counter Stabilized SnF2 Dentifrice Compared to 5000 ppm F Prescription-Strength Products  | Enamel Protection: A comparison of marketed dentifrice performance against dental erosion  | Stannous Fluoride Effects on Enamel: A Systematic Review   |
| <b>Objective</b> | To compare the effect of bioavailable gluconate-chelated stannous fluoride (SnF2) toothpaste with control toothpastes for treatment of dentine hypersensitivity (DH) and enamel erosion.                            | To review the scientific evidence for the efficacy of stabilized stannous fluoride dentifrice in relation to dental caries, dental erosion and dentin hypersensitivity.                     | The aim of these investigations was to assess the ability of two fluoride dentifrices to protect against the initiation and progression of dental erosion using a predictive in vitro erosion cycling model and a human in situ erosion prevention clinical trial for verification of effectiveness. (1.5% Arginine) | To determine the relative ability of various F-containing products to protect enamel against the initiation and progression of tooth surface loss due to erosive acid challenges.         | To determine the relative ability of various marketed toothpastes formulated with either stabilized stannous fluoride (SnF2), sodium fluoride (NaF), or sodium monofluorophosphate (SMFP) to protect human enamel against the initiation and progression of damage due to dietary acid attack, using a laboratory erosion cycling model. | The objectives of this review are to highlight all the clinical features concerning stannous fluoride reported in the literature and eventually its chemical interactions. In dental patients, what is the effect of stannous fluoride compositions on oral health compared to other dental healthcare products? And as secondary outcome: On enamel and other hard tooth tissue, what is the effect of stannous fluoride composition on their structure compared to other dental healthcare products? |
|                  | West N <a href="#">Bioavailable gluconate chelated stannous fluoride toothpaste meta-analyses: Effects on dentine hypersensitivity and enamel erosion</a> J Dent2021;Feb;105:103566Erosion, Meta-analysis, Stannous | Konradsson K <a href="#">Stabilized stannous fluoride dentifrice in relation to dental caries, dental erosion and dentin hypersensitivity: A systematic review</a> Am J Dent2020;33: 95-105 |  | Eversole SL <a href="#">Erosion Prevention Potential of an Over-the-Counter Stabilized SnF2 Dentifrice Compared to 5000 ppm F Prescription-Strength Products</a> J Clin Dent2015;26:44-49 | Faller RV <a href="#">Enamel protection: a comparison of marketed dentifrice performance against dental erosion</a> Am J Dent2011;24(4):205-10   | Fiorillo L, Cervino G, Herford AS, Laino L, Ciccù M. <a href="#">Stannous Fluoride Effects on Enamel: A Systematic Review</a> . Biomimetics (Basel). 2020 Aug 31;5(3):41. doi: 10.3390/biomimetics5030041. PMID: 32878006; PMCID: PMC7559150.  |