

## Smile Design: 7 Deadly Sins



**Course Author(s):** David Rice, DDS

**CE Credits:** 1.5 hours

**Intended Audience:** Dentists, Dental Hygienists, Dental Assistants, Dental Students, Dental Hygiene Students, Dental Assistant Students

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**Course Expiration Date:** 02/10/2024

**Cost:** Free

**Method:** Self-instructional

**AGD Subject Code(s):** 780

**Online Course:** [www.dentalcare.com/en-us/professional-education/ce-courses/ce642](http://www.dentalcare.com/en-us/professional-education/ce-courses/ce642)

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- P&G is providing these resource materials to dental professionals. We do not own this content nor are we responsible for any material herein.
- Participants must always be aware of the hazards of using limited knowledge in integrating new techniques or procedures into their practice. Only sound evidence-based dentistry should be used in patient therapy.

**Conflict of Interest Disclosure Statement**

- Dr. Rice does consulting work for P&G. He is the founder of [igniteDDS](#), who partners with Crest + Oral-B.

**Introduction – Smile Design**

What separates top clinicians from everyone else? Their ability to see their patient's dental future before it happens. The 7 Deadly Sins will help you see, diagnose, and deliver long-term anterior clinical success.

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## Overview

As we launch back into dentistry, our ability as a team, to see our patients needs, as well as, give them an *impactful why* it's so important to treat, will define our ability to deliver optimum oral health. The 7 Deadly Sins is a 7-step process for you and your team to follow to: visualize; diagnose; treat and succeed. Whether it's orthodontics and whitening or a complete restorative rehabilitation, you will leave with a fast, effective and repeatable system for every patient you see.

## Learning Objectives

**Upon completion of this course, the dental professional should be able to:**

- Explain the 7 key steps to assess and treat every patient you see.
- Explain why each step is so valuable to your diagnostic and treatment plan process.
- Describe how to implement them in your practice immediately.

## Video



[Click on image to view video online.](#)

## Course Test Preview

To receive Continuing Education credit for this course, you must complete the online test. Please go to: [www.dentalcare.com/en-us/professional-education/ce-courses/ce642/test](http://www.dentalcare.com/en-us/professional-education/ce-courses/ce642/test)

- 1. What is the first and one deadly sin that applies to each of the other deadly sins?**
  - A. Perception
  - B. Midline
  - C. Incisal edge position
  - D. Axial inclination
  
- 2. One technique to establish incisal edge position uses speech. Asking a patient to count from which below proves helpful?**
  - A. Ten to fifteen
  - B. Twenty to twenty-five
  - C. Thirty to thirty-five
  - D. Fifty to fifty-five
  
- 3. The neutral zone describes a zone that \_\_\_\_\_.**
  - A. is bordered by muscles intra and extra-orally
  - B. is bordered by bone intra and extra-orally
  - C. is bordered by teeth intra and muscle extra-orally
  - D. is bordered by bone intra-orally
  
- 4. When it comes to establishing midline, which is more important?**
  - A. A midline that is in the middle of a patients face
  - B. A midline that is perfectly vertical
  - C. A midline that is perpendicular to the patient's eye line
  - D. A midline that is parallel to the patient's nose
  
- 5. Axial Inclination of anterior teeth is key. Which statement below is true when building ideal?**
  - A. Axial inclination can be different from a patient's right to left sides.
  - B. Axial inclination should show a slight distal inclination as teeth move distally.
  - C. Axial inclination should show a slight mesial inclination as teeth move distally.
  - D. Axial inclination should show a slight mesial inclination as the teeth move mesially.
  
- 6. There are two sets of embrasures to assess in restoring anterior teeth.**
  - A. True
  - B. False
  
- 7. Incisal embrasures increase in size as we move distally in a classic Gullwing smile.**
  - A. True
  - B. False
  
- 8. Anterior guidance is a principle that in its simplest form denotes \_\_\_\_\_.**
  - A. posterior teeth do touch when a patient moves their mandible forward in protrusion or forward and laterally.
  - B. posterior teeth do not touch when a patient moves their mandible forward in protrusion or forward and laterally.
  - C. anterior guidance is only concerned with anterior teeth.
  - D. no teeth touch when a patient moves their mandible forward in protrusion or forward and laterally

- 9. Which of the following limits composite resin as compared to ceramic materials?**
- A. Ability to layer
  - B. Ability to mask underlying color
  - C. Strength
  - D. Variety of color choices
- 10. Which of the following limits feldspathic porcelain as it compares to other ceramic materials?**
- A. Strength
  - B. Ability to layer
  - C. Ability to achieve esthetics
  - D. Stannous fluoride

## References

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3. Kokich VO Jr, Kiyak HA, Shapiro PA. Comparing the perception of dentists and lay people to altered dental esthetics. J Esthet Dent. 1999;11(6):311-24. doi: 10.1111/j.1708-8240.1999.tb00414.x.
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## Additional Resources

- No Additional Resources Available.

## About the Author

### David Rice, DDS



Founder of the nation's largest student and new dentist community, [igniteDDS](#), Dr. David Rice travels the world speaking, writing and connecting today's top young dentists with tomorrow's most successful dental practices. In addition to igniteDDS, Dr. Rice maintains a team-centered, restorative and implant practice in East Amherst, NY. With 25 years of practice in the books, he has completed curriculums at the Spear Center, The Pankey Institute, The Dawson Center and most prolifically, the school of hard knocks...

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