

TMD Clinical Examination

Question	Yes or No
A. Have you had pain in the face, jaw, temple, in front of the ear or in the ear in the past month?	
B. Have you ever had your jaw lock or catch so that it won't open all the way, and was this limitation in jaw opening severe enough to interfere with your ability to eat?	

Anytime during the exam the patient reports pain, ask if the pain is familiar, like the pain the patient has been experiencing.

1. Mandibular movements (measured in millimeters).

	mm Opening	Pain: Yes or No	Familiar: Yes or No
Unassisted Opening without pain		N/A	N/A
Unassisted Opening with pain			
Maximum Assisted Opening (passive stretch)			
Right Lateral Excursion	N/A		
Left Lateral Excursion	N/A		

2. Pain on muscle palpations, conducted at 2-3 pounds of pressure.

Temporalis includes: posterior, middle and inferior aspects

Masseter includes: origin, body and insertion

Muscle site	Pain: Yes or No	Familiar: Yes or No
Right Temporalis		
Left Temporalis		
Right Masseter		
Left Masseter		

3. Pain on joint palpations, 1 lb. of pressure on the lateral pole and 2-3 pounds "around" the lateral pole.

Joint site	Pain: Yes or No	Familiar: Yes or No
Right Lateral Pole		
Left Lateral Pole		
Right "around" the Lateral Pole		
Left "around" the Lateral Pole		

4. Joint Sounds.

Sounds are assessed by palpation. Coarse crepitus should also be audible 6 inches from the joint.

Joint site	Right Click: Yes or No	Left Click: Yes or No	Right Crepitus: Yes or No	Left Crepitus: Yes or No
Opening				
Closing				
Right Excursion				
Left Excursion				
Protrusion				