**Planning your involvement activities: “where to start” guide**

This worksheet has been developed to help researchers plan their patient involvement activities. This is designed to help you plan your own involvement activity and think of all the things to consider at planning stage. You can refer back to this at any point during the planning, delivery and evaluation of your involvement activity.

You should fill this in once you have read through the Cancer Research UK [Patient Involvement Toolkit for Researchers](https://www.cancerresearchuk.org/patient-involvement-toolkit-for-researchers).

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| What problem are you trying to solve? |
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| How can insights from people affected by cancer help you solve this problem? |
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| What questions do you need to ask people affected by cancer to gather this insight? |
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| At what stage(s) of your research do you want to involve people affected by cancer? |
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| Who is your target audience? What experience or skills do they need? (If any.) |
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| What method(s) of patient involvement will you use? |
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| How will you recruit people affected by cancer? |
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| What information, training or support will people affected by cancer need? |
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| What do I need to do to successfully deliver the patient involvement activity (or activities)? |
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| How will you evaluate the patient involvement activity (or activities)? |
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