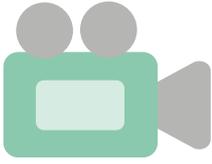


# Fundraising boosters

Use these ideas to give your fundraising a lift and smash your target.



## Film a video

Video yourself doing your push-ups to let friends and family know you're supporting Cancer Research UK and share it across your social media.



## Host a quiz

Everybody loves to get competitive. Host a quiz and sell tickets in return for donations. Make sure some questions are fitness-related to remind people of what you're doing.



## Out with the old

Your pre-loved can power progress. Why not have a clear out? Sell clothes you no longer wear and donate the profits to your online Giving Page.



## Wrap-up event

'I'll donate when you've done it!' – the words no fundraiser wants to hear! Hold doubters to their word with a wrap-up event at the end of your month and push up those last-minute donations!

