# Cancer Awareness in the Workplace



Helping your employees live longer, healthier lives



In addition to our bespoke programme, we offer oneoff activities and a cancer awareness month package to suit shorter-term workplace health initiatives.

#### What we can offer: One-off activity



Webingr

£825 VAT exempt Choose from our range of webinars to help employees understand how they can reduce their risk of cancer and how to spot it early. These include a 15-minute Q&A session and are delivered by health experts and cancer awareness nurses.



Cancer awareness stand

£950 plus VAT By visiting your sites, our specialist team of nurses will provide your employees with tailored information and support. The stands will allow your employees to:

- have in-depth, confidential conversations about health and cancer
- engage and raise their cancer awareness with our interactive resources
- have a Smokerlyzer® test to measure the carbon monoxide levels in their breath
- find out their body mass index (BMI) to see if their weight is within a healthy range
- · find out about local and national health services
- take home a wide range of leaflets and health information



Talk

£850 VAT exempt Designed with the workplace in mind, our talks are evidence-based and interactive. They help employees understand how they can reduce their risk of cancer and how to spot it early. They are 60 minutes, delivered by cancer awareness nurses and feature a Q&A session.

## What we can offer: Cancer awareness packages

#### **Cancer awareness month**

£995 plus VAT



Cancer 101 webinar

A 60-minute webinar delivered via Teams, which includes a Q&A session with our cancer awareness nurses and health information experts. The webinar covers what cancer is, spotting it early and how to reduce your risk.



Health communications

#### What they include:

- Top tips to reduce your cancer risk, such as how to keep a healthy weight, and how to have conversations about cancer and health
- Quizzes on myth busting and more
- A range of videos from lived experiences shared by people affected by cancer to tips on living a healthier life

### **Cancer awareness day**

£1,195 plus VAT



Talk



Cancer awareness stand A 60-minute talk delivered by cancer awareness nurses on how employees can reduce their risk of cancer and how to spot it early.

On the same day, cancer awareness nurses will set up a stand to provide your employees with interactive resources, tailored information and support.

