

	Kilometre Marker
	Pit Stop – toilets, first aid and refreshments
	National Rail

- Print this map if you can and keep it with you during the event.
- Follow the signposted route and the directions of our marshals and cyclists.
- Only use the designated crossing points and follow instructions from our marshals, as the roads are open to traffic.
- Use public transport to return home or to the finish area if you cannot complete your walk.
- **Always follow the highway code and remember that you're responsible for your own safety when crossing roads.**



Shine Night Walk Leeds 10k 2025



Cancer Research UK is a registered charity in England and Wales (1089464), Scotland (SC041666), the Isle of Man (1103) and Jersey (247).