

Fundraising boosters



Take a selfie

Snap a selfie in your challenge bobble hat, and share it across social media to let friends and family know why you're supporting Cancer Research UK.

Film a video

Film a video of yourself taking a dunk and share it across socials with a link to your fundraising page to encourage donations.

Clear out the old

If you're a shopaholic as well as a fundraising hero, why not have a clear out and sell off your old clothes to donate the profits to your fundraising page?

Ask your employer

Ask your workplace if they'll support your challenge by matching the funds you raise or making a donation.

Host a festive quiz

Everyone loves to get competitive – host a quiz and make sure some questions are swimming or cold water related to remind people what you're trying to achieve.

