

# Run 66 Miles Challenge Calendar



Keep track  
of your miles  
in July

		Lace up! Time to start running.					
			1	2	3	4	5
	Popping to the shops? Why not run there?						
6	7	8	9	10	11	12	
13	14	15	16	17	18	19	Try a new running route.
20	21	22	23	24	25	26	Keep going! Only one week to go!
27	28	29	30	31			You've done it! Put your feet up, hero.

Visit [cruk.org/run66miles](http://cruk.org/run66miles)

