

10 Days of 5k Challenge Sponsorship form



Please make sure to fill out each section accurately and in full.

If any of your sponsors would like to add Gift Aid to their donation, please encourage them to donate online, where they'll be given the option to include Gift Aid during the process.

Your details are safe with us. Check out our Privacy Policy at cruk.org/privacy for more details. If you change your mind, you can tell us anytime by contacting **0300 123 3379** or emailing preferences@cancer.org.uk.

Your details

| | | |
|-----------|-------------|------------|
| Title: | First name: | Last name: |
| Address: | | |
| Postcode: | | Telephone: |

Please use blue or black pen and write in CAPITAL letters. All fields are mandatory.

| Title | First name | Last name | Postcode | Home address – not your work address | Amount | Date collected |
|-------|------------|-----------|----------|---|--------|----------------|
| MISS | ANNE | EXAMPLE | AB1 2CD | 12 EXAMPLE TERRACE, LONDON | £20.00 | DD/MM/YYYY |
| | | | | | £ | / / |
| | | | | | £ | / / |
| | | | | | £ | / / |
| | | | | | £ | / / |
| | | | | | £ | / / |
| | | | | | £ | / / |
| | | | | | £ | / / |
| | | | | | £ | / / |
| | | | | | £ | / / |
| | | | | | £ | / / |

I've raised a total of £

Next steps

- Collect your donations from your sponsors and send this sponsorship form, along with a cheque made payable to Cancer Research UK, to Cancer Research UK, PO Box 1561, Oxford, OX4 9GZ (please don't send cash).
- Please don't photocopy this form. If you need additional forms please print separately.

Visit cruk.org/10days5k

Cancer Research UK is a registered charity in England and Wales (1089464), Scotland (SC041666), the Isle of Man (1103) and Jersey (247). Registered address: 2 Redman Place London E20 1JQ. © Cancer Research UK 2026.

