

# 10 Days of 5k Challenge Sweepstake

## Step 1: Get ready

Source a prize for your sweepstake and fill out the details at the top and bottom of the poster.

## Step 2: Get set

Ask your friends, family and colleagues if they'd like to guess how long it will take you to complete your 10 5k runs. Then get them to fill out their guess and name in a box.

## Step 3: Go!

Remember to keep track of your run times! Then announce the winner on the date you've mentioned on your poster.

## Step 4: Don't forget

Return your donations in the form of a cheque (payable to Cancer Research UK) or postal order to: 10 Days of 5k Challenge, Cancer Research UK, PO Box 1561, Oxford, OX4 9GZ

Remember to include your name and address so we can add it to your fundraising total. If you'd prefer to collect your donations digitally, please share your online Giving Page with sweepstake participants.



Complete 10  
5k runs this  
March to  
help power  
progress



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REGULATOR**