

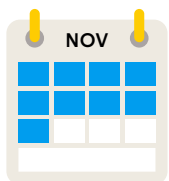
Ready, set, walk!

Simple steps to get your challenge moving.



Spread the word

Let everyone know about your challenge and encourage others to join in too.



Plan your month

Think about how you'll cover the 100 miles across November. Whether that's exploring new walking routes or ditching the car whenever possible.



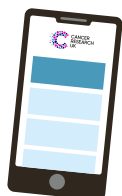
Set your target

Keep yourself motivated with a fundraising goal. If you set a target on your online Giving Page, you can more than double your sponsorship!



Get fundraising

Use the tips and tools in your pack to start raising money.



Track your miles

Show your supporters your progress by connecting your online Giving Page to Strava. Visit [our website](#) to find out how. If you don't have Strava, you can still post your mile count on your online Giving Page to encourage donations.

