


# Cycle 300 Miles Challenge Calendar

Keep track of your miles  
in July 2026



Lets go! Time to start cycling.					Going out? Save money and cycle.	
	1	2	3	4	5	

Beat the Monday rush and cycle to work.						Try out a new cycling route.	
6	7		8	9	10	11	12
			You're halfway! Keep on cycling.				
13	14	15	16	17	18	19	
				Only one week to go.			
20	21	22	23	24	25	26	
Keep pedalling through and clocking up those miles!				You've done it! Put your feet up, hero.			
27	28	29		30	31		



Visit [cruk.org/cycle300](https://cruk.org/cycle300)



Together we are  
beating cancer