



Promote your fundraising on Facebook

1

Post a photo of you wearing your free Cancer Research UK bobble hat and snood



2

Post your online Giving Page link in the comments.
More people will see it this way!

3

Tag three friends who might like to take part with you



Join our Facebook community

Meet other walkers, share top tips and motivate each other through the month by joining our [Walk 100 Miles Challenge Facebook group](#)

