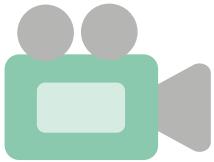


Fundraising boosters

Use these ideas to give your fundraising a lift and smash your target.



Film a video

Video yourself out on your runs to let friends and family know you're supporting Cancer Research UK then share across your social media.



Organise a running tour

Show your friends and family a great new running route that you've discovered and ask for a donation in return!



Dinner party

Why not host a dinner party fundraiser? It's simple – you cook for your friends in exchange for a donation. Plus, you'll be fuelled for your next 5k run.



Wrap-up event

"I'll donate when you've done it" – the words no fundraiser wants to hear! Hold doubters to their word with a wrap-up event at the end of your month and lap up those last-minute donations.

