

# 310 Pull-Ups Challenge Totaliser



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is doing 310 pull-ups  
this August to help  
support life-saving  
cancer research.

Donate to their online  
Giving Page to help  
them smash their target.

Your online Giving Page URL

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Visit [cruk.org/310pullups](https://cruk.org/310pullups)



Cancer Research UK is a registered charity in  
England and Wales (1089464), Scotland (SC041666),  
the Isle of Man (1103) and Jersey (247).

Target

£ .....

Total

£ .....

Week 4

£ .....

Week 3

£ .....

Week 2

£ .....

Week 1

£ .....