

# Northern Virginia Community College & West Virginia University

Associate of Science – General Studies leading to  
Bachelor of Science in Sports Exercise Psychology (WVU-BS)

## Suggested Plan of Study

Northern Virginia Community College	Cr Hrs	WVU Equivalents	Cr Hrs
<b>Year One, 1<sup>st</sup> Semester</b>			
ENG 111	3	ENGL 101	3
ITE 115	3	CS 101	3
MTH 163	3	MATH 126	3
BIO 101	4	BIO 101 +103	4
PED 116 & SDV 100	2	PE 000 & ORIN 000	2
TOTAL	15		15
<b>Year One, 2<sup>nd</sup> Semester</b>			
PSY 201	3	PSYC 101	3
ENG 112	3	ENGL 102	3
HISTORY ELECTIVE	3	GEF 5	3
HUMANITIES/ FINE ARTS ELECTIVE	3	GEF 6	3
BIO 102	4	BIO 102 + 104	4
TOTAL	16		16
<b>Year Two, 1st Semester</b>			
RPK 210	3	SEP 272	3
PSY 202	3	PSYC 000	3
CST ELECTIVE	3	ELECTIVE OR MINOR	3
HUMANITIES/ FINE ARTS ELECTIVE	3	ELECTIVE OR MINOR	3
SOC 200	3	SOCA 101	3
TOTAL	15		15
<b>Year Two, 2<sup>nd</sup> Semester</b>			
GENERAL ELECTIVE	3	ELECTIVE OR MINOR	3
ADJ 100; SOC 215/235/236/246/266	3	SOCA 200+ REQUIREMENT	3
PSY 216	3	PSYC 251	3
PSY 215	3	PSYC 281	3
PSY 231	3	PSYC 241	3
TOTAL	15		15

## WEST VIRGINIA UNIVERSITY

Year Three, 1st Semester		Year Three, 2 <sup>nd</sup> Semester	
ACE 256	3	SEP 312/313	2
SEP 271	3	SEP 383	3
SEP 373	3	SEP 385	3
SEP 210	1	ATTR 121	3
PET 175	2	ELECTIVE OR MINOR	3
EXPH 364	3		
TOTAL	15	TOTAL	14
Year Four, 1 <sup>st</sup> Semester		Year Four, 2 <sup>nd</sup> Semester	
SEP 415/420/493	3	SEP 425	3
SEP 474	3	EXPH 365	3
ELECTIVE OR MINOR	3	COUN 303	3
ELECTIVE OR MINOR	3	ELECTIVE OR MINOR	3
ELECTIVE OR MINOR	3	ELECTIVE OR MINOR	3
TOTAL	15	TOTAL	15

Students must obtain a GPA of 2.75 or higher to be admitted to the SEP program upon transferring to WVU. Those students not meeting all requirements will be admitted to the Pre-SEP program. If accepted into the Pre-SEP program, students may still be able to graduate after only 2 years at WVU, a total of 4 years.

Students must meet the following grade requirements for the specific courses to be admitted into the SEP program:

- Grade of C or better in: BIO 102; ENG 111; PSY 201; SOC 202
- Grade of B or better in RPK 210

Students are also encouraged to obtain 20 documented community service hours prior to transferring to WVU. If not, students will have to acquire the entire 50 required hours during the 2 years at WVU. The Center for Service and Learning will help transfer documented service to their iServe account.

Virginia residents entering the SEP or Pre-SEP majors are eligible to be part of the academic common market and receive in-state tuition. The same is true for students from other select states. To find out if they are eligible for the academic common market, students should explore the following information: <http://undergraduateacademicaffairs.wvu.edu/home/acmatwvu>

Students are required to complete 3 credit hours from each of the GEF Areas 4 through 7 before successful graduation from West Virginia University. Students are encouraged to study the provided GEF chart to select electives that satisfy these requirements. By using the suggested plan of study above, students are able to fulfill this requirement prior to graduation from Northern

Virginia Community College. Students not completing this requirement at NOVA, will need to utilize ELECTIVE credit at WVU to do so.

Students completing the Sport and Exercise Psychology degree are encouraged to work with their advisors to integrate completion of an academic minor or minors into their programs of study, to the degree allowed within elective hours. WVU offers over 100 minors that complement major fields of study, build on students' unique interests, expand perspectives, and broaden skills. See <http://catalog.wvu.edu/undergraduate/minors/#minorsofferedtext> for a list of available minors. Students are encouraged to explore possible academics minor interests while still at NOVA. Students may begin completion of the lower level requirements of an academic minor by utilizing elective credit at NOVA to take equivalent courses.

If you have questions regarding admissions into the Sports and Exercise Psychology program, completion of GEF 4-7, or completion of an academic minor, please contact the Office of Undergraduate Education at WVU.