WestVirginiaUniversity.
POTOMAC STATE COLLEGE

Advisement Sheet

Student _____

Exercise Physiology Major (AA) – FA22

Course Number/Name	Course	GEF	Cr.	Semester	Grade
First Year First Semester			**17(15)**		
BIOL 101 General Biology 1		2B	3		
BIOL 101L General Biology 1 Laboratory		2B	1		
HN&F 171 Introduction to Nutrition			3		
PSYC 101 Introduction to Psychology		4	3		
MATH 124 Algebra with Applications		3	3		
PALM 200 or EXPH 240 Medical Terminology*			3(1)*		
WVUE 191 First-Year Seminar			1		
Second Semester			**14**		
ENGL 101 Composition and Rhetoric		1	3		
BIOL 102 General Biology 2			3		
BIOL 102L General Biology 2 Laboratory			1		
EXPH 101 Introduction to Exercise Physiology			1		
MATH 128 Plane Trigonometry			3		
PSYC 241 Introduction to Human Development			3		
Second Year First Semester			**14**		
ENGL 102 Composition, Rhetoric and Research		1	3		
PHYS 101/101L Introductory Physics 1 & Laboratory		8	4		
EXPH 364 Kinesiology			3		
CHEM 115 Fundamentals of Chemistry 1		8	3		
CHEM 115L Fundamentals of Chemistry 1 Laboratory		8	1		
Second Semester			**15**		
PHYS 102/102L Introductory Physics 2 & Laboratory			4		
CHEM 116 Fundamentals of Chemistry 2		8	3		
CHEM 116L Fundamentals of Chemistry 2 Laboratory		8	1		
PSIO 241 Elementary Physiology			4		
STAT 211 Elementary Statistical Inference			3		
Total Credits Required			**60**		

*Students taking EXPH 240 will need two open elective credit hours to reach the minimum 60 hours required for the degree.