



A Service for the Young
and the Young at Heart

THE TWENTY SIXTH SUNDAY AFTER PENTECOST

17 NOVEMBER 2024 AT 9:15 AM
The Cathedral of the Incarnation
Garden City, New York

Welcome to *Cathedral for Kids* - *A Mass for the Young and Young at Heart*

Everyone is welcome in God's house and we are glad you're here! In the Episcopal Church, we pray using our whole bodies - our minds, our voices, our hands, and our feet. Here are few of the ways we pray together:

- ***When we sit, we listen with our ears and our hearts.*** Sitting helps us be comfortable so we are ready to receive God's Word and hear what God is speaking to our hearts in prayer.
- ***We also stand when we join our voices together in song.*** Few things make a community feel more welcoming than singing, and we invite you to participate fully in this Mass. Besides, singing together is fun!
- ***When we hear the names of the Father, Son, and Holy Spirit, we make the sign of the cross.*** We touch our foreheads, our chest, our left shoulder, and our right shoulder, making the sign of the cross on our bodies. Look for the + in your bulletin indicating when you can make the sign of the cross!

In the Church Calendar, we are in the great, green, growing Sundays after Pentecost. Everywhere you look, you will see green! In this season, we are learning what it means to be Christians - people who have the Holy Spirit living with us always.

If you are new to the Cathedral and would like to know more about our programs and services, please speak with one of the clergy, ask one of our members, or email us anytime at cathedral@incarnationgc.org.

GATHERING MUSIC

*After a brief welcome, we begin our worship time together
by joining our voices in several short refrains.*

O COME AND LET US SING *(please remain seated)*

Taizé

O come and let us sing to God, our hope. God's mer cy is for ev - er. O
come and let us sing to God our hope. God's mer cy is for ev - er.

WE HAVE COME INTO THIS HOUSE *(please stand)*

Bruce Ballinger

We have come in - to this house to gath - er in His name and wor - ship Him.
Let us lift up ho - ly hands to mag - ni - fy His name and wor - ship Him.
We have come in - to this house to gath - er in His name and wor - ship Him.
Let us lift up ho - ly hands to mag - ni - fy His name and wor - ship Him.
We have come in - to this house to gath - er in His name and
Let us lift up ho - ly hands to mag - ni - fy His name and
wor - ship Christ the Lord. Wor - ship Him, Christ the Lord.
wor - ship Christ the Lord.

WELCOME AND ACCLAMATION

Presider + Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be God's kingdom, now and forever. Amen.**

COLLECT OF THE DAY

Presider The Lord be with you

People **And also with you.**

Presider Let us pray.

Blessed Lord, who caused all holy Scriptures to be written for our learning: Grant us so to hear them, read, mark, learn, and inwardly digest them, that we may embrace and ever hold fast the blessed hope of everlasting life, which you have given us in our Savior Jesus Christ; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

After the Collect, all sit for the reading

PROCLAIM AND RESPOND TO THE WORD OF GOD

THE FIRST READING

Daniel 12:1-3

The Lord spoke to Daniel in a vision and said, "At that time Michael, the great prince, the protector of your people, shall arise. There shall be a time of anguish, such as has never occurred since nations first came into existence. But at that time your people shall be delivered, everyone who is found written in the book. Many of those who sleep in the dust of the earth shall awake, some to everlasting life, and some to shame and everlasting contempt. Those who are wise shall shine like the brightness of the sky, and those who lead many to righteousness, like the stars forever and ever."

The Word of the Lord.

People **Thanks be to God.**

GOSPEL ACCLAMATION *(all stand and sing the refrain)*

Caribbean Alleluia

All young people are invited to the front to hear the Word of God and to sit on the story rugs for the Sermon.



Hal - le, Hal - le, Hal - le - lu - ja! Hal - le, Hal - le, Hal - le - lu - ja! Hal - le, Hal - le, Hal - le - lu - ia! Hal - le - lu - ja! Hal - le - lu - ja!

THE HOLY GOSPEL

Mark 13: 1-8

Deacon The Holy Gospel of Our Lord Jesus Christ According to Mark.
People **Glory to you, Lord Christ.**

As Jesus came out of the temple, one of his disciples said to him, "Look, Teacher, what large stones and what large buildings!" Then Jesus asked him, "Do you see these great buildings? Not one stone will be left here upon another; all will be thrown down." When he was sitting on the Mount of Olives opposite the temple, Peter, James, John, and Andrew asked him privately, "Tell us, when will this be, and what will be the sign that all these things are about to be accomplished?" Then Jesus began to say to them, "Beware that no one leads you astray. Many will come in my name and say, 'I am he!' and they will lead many astray. When you hear of wars and rumors of wars, do not be alarmed; this must take place, but the end is still to come. For nation will rise against nation, and kingdom against kingdom; there will be earthquakes in various places; there will be famines. This is but the beginning of the birthpangs.

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

THE SERMON *(please be seated)*

After the sermon, we stand to sing as the children return to their places.

"Go, my chil - dren, with my bless - ing, nev - er a - lone.
Wak - ing, sleep - ing, I am with you, you are my own.
Here you heard my dear Son's sto - ry, here you touched him, saw his glo - ry.
Go, my chil - dren, with my bless - ing, you are my own"

WE PRAY FOR THE WORLD AND THE CHURCH Fred Rogers, 1992

Deacon We offer our prayers for the Church and for the world.
At the end of each prayer, offer your own prayers silently to God.

Dear God, please inspire our hearts to come ever closer to You. We pray for those people who know us and accept us as we are. Those people who encourage us to see what's really fine in life.

We pray for all the people of Your world, our sisters and brothers whose names we may not know but whose lives are ultimately precious in Your sight. With all our hearts, we pray for all Your children everywhere - yes, everywhere.

And finally we offer our strengths and our weaknesses, our joys and our sorrows to Your never-ending care. Help us to remember all through our lives that we never need to do difficult things alone, that Your presence is simply for the asking and our ultimate future is assured by Your unselfish love.

In our deepest gratitude we offer this prayer. **Amen.**

CONFESSION AND ABSOLUTION

Stand or kneel as you are able

Deacon We pray also to you for forgiveness of our sins.

People **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole hearts. We have not loved our neighbors as ourselves. We are truly sorry and humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Presider Almighty God, have mercy on you, + forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

PREPARE THE TABLE

Please be seated as we sing the Offertory Hymn. When the ushers come to your seat please place your offering in the basket. Today's offering supports the ministries of the Cathedral of the Incarnation.

OFFERTORY HYMN: WE GATHER TOGETHER

1 We gath - er to - geth - er to ask the Lord's bless - ing;
 2 Be - side us to guide us, our God with us join - ing,
 3 We all do ex - tol thee, thou lead - er tri - um - phant,

he chas - tens and has - tens his will to make known;
 or - dain - ing, main - tain - ing his king - dom di - vine;
 and pray that thou still our de - fend - er wilt be.

the wick - ed op - press - ing now cease from dis - tress - ing:
 so from the be - gin - ning the fight we were win - ning:
 Let thy con - gre - ga - tion es - cape trib - u - la - tion:

sing prais - es to his Name; he for - gets not his own.
 thou, Lord, wast at our side; all glo - ry be thine!
 thy Name be ev - er praised! O Lord, make us free!

THE GREAT THANKSGIVING

Presider The Lord be with you.

People **And also with you.**

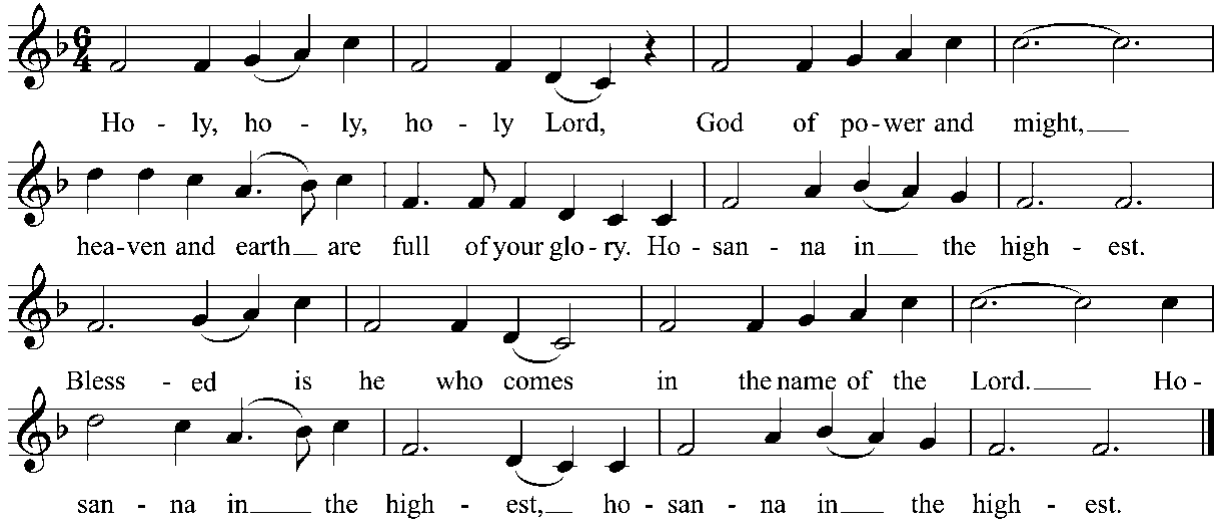
Presider Lift up your hearts.

People **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

Presider It is a right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord. And so we join the saints and angels in proclaiming your glory, as we sing:



Ho - ly, ho - ly, ho - ly Lord, God of po-wer and might,___
hea-ven and earth___ are full of your glo-ry. Ho - san - na in___ the high - est.
Bless - ed is he who comes in the name of the Lord.____ Ho -
san - na in___ the high - est,___ ho - san - na in___ the high - est.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the New Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

People **Christ has died. Christ is risen. Christ will come again.**

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. Send your Holy Spirit upon these gifts. Let them be for us the Body and Blood of your Son. + And grant that we who eat this bread and drink this cup may be filled with your life and goodness.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. **Amen.**

THE LORD'S PRAYER

Presider And now, as our Savior Christ has taught us, we are bold to say:

People **Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.**

BREAK THE BREAD

Presider Alleluia. Christ our Passover is sacrificed for us.

People **Therefore let us keep the feast. Alleluia.**

Presider The gifts of God for the people of God. Take them in remembrance that Christ died for you and feed on him in your hearts by thanksgiving.

SHARE THE GIFTS OF GOD

All baptized persons are invited to receive Holy Communion in the cathedral.

Persons who do not wish to receive Communion may come forward and receive a blessing. If you would like to receive gluten-free Eucharist, please tell the priest when you come forward.

COMMUNION MOTET: *You, Lord, we praise*

15th cent. German Tune
Arr. Richard Proulx

You, Lord, we praise in songs of celebration for this feast of our salvation. Here at your table every life you nourish; by your grace we all may flourish. *Kyrie eleison.* In the light of your Incarnation all creation knows the love of God, and in you finds release that we all might live in peace. *Kyrie eleison.*

You, Lord, in our stead to the grave descended when by sin our life was ended. No greater love than this to you could bind us; daily still your mercies find us. *Kyrie eleison.* Bind our hearts as one we implore you, who adore you and confess your Name. Thus may we ever be yours in peace and unity. *Kyrie eleison.*

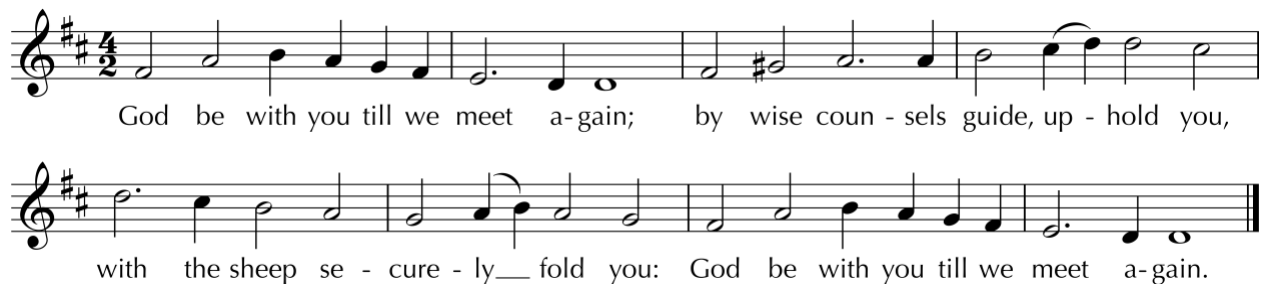
ANNOUNCEMENTS *(please remain seated)*

POST COMMUNION PRAYER *(please stand)*

Presider Let us pray.

People **Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart
Through Christ our Lord. Amen.**

HYMN OF PRAISE



God be with you till we meet a-gain; by wise coun - sels guide, up - hold you,
with the sheep se - cure - ly_ fold you: God be with you till we meet a-gain.

BLESSING & EXCHANGE OF PEACE

Presider The blessing of God Almighty, + Father, Son, and Holy Spirit be with you now and forever more.

People **Amen.**

The peace of the Lord be always with you.

People **And also with you.**

Greet those around you in the name of the Lord. All are invited to Fellowship in Faith, an intergenerational formation and fellowship hour held in the Mercer School of Theology immediately following service.

Sacramental Bread and Wine for the month of November is given in honor of God's Many Blessings, family and friends by Lorraine and Ruth Siegmann.

Announcements

Weekly Meditation and Contemplative Prayer – online via zoom, Mondays at 6:30 – 7:00pm. See our eNews for link.

Dean’s Forum and Fellowship in Faith – Program today at 10:15 – 11am at the Mercer School of Theology.

Hymn Festival: Simon Lole, Conductor – Sunday, November 24th at 4pm. Join us for this wonderful and uplifting program featuring “Great Hymns of the Faith” conducted by the renowned composer and conductor Simon Lole. Register in the eNews.

Calling Garden Enthusiasts – The Cathedral is applying for a grant to create a native pollinator garden on the cathedral grounds near our apiary. If you are interested in being part of our core group of volunteers who would help maintain the garden for the next two years, reach out to ccosgrove@incarnationgc.org by November 22.

Neighbors Being Neighbors on Thanksgiving – Per tradition, we will be serving a hot Thanksgiving meal at noon on Thanksgiving Day to our friends on Jackson Street. We need volunteers to assist with prep and service; the sign up sheet is available on the Welcome Table.

Volunteers Needed: Saturdays Once a Month – For the past few years, The French Workshop has provided pastries for our Sunday morning Coffee Hour. We're in need of a few new volunteers to pick these up on Saturday morning, and deliver them to the See House kitchen.

We pray for those who have died, and for those grieving the death of a loved one, that they may find comfort and peace.

For further information, please sign up for our eNews every Friday morning at incarnationgc.org/connect/e-news or email us at Cathedral@IncarnationGC.org

Text and Music for "O come and let us sing": © copyright Les Presses du Taize, GIA Publications, Inc, authorized agent. Reprinted with permission under OneLicense #A-741853. All rights reserved.

Text and Music for "We have come into this house": © copyright 2000,, GIA Publications, Inc, authorized agent. Reprinted with permission under OneLicense #A-741853. All rights reserved.

Text and Music for "Halle, halle": © copyright 1990 Iona Community/Wild Goose Publications, GIA Publications, Inc, authorized agent. Reprinted with permission under OneLicense #A-741853. All rights reserved.

Text and Music for "Go, my children, with my blessing": © copyright 1983, Jaroslav Vajda, alt., Concordia Publishing House, authorized agent. Reprinted with permission under OneLicense #A-741853. All rights reserved.

THE CATHEDRAL LEADERSHIP

THE CHAPTER

The Right Reverend Lawrence C. Provenzano, DD., *Bishop of Long Island*
The Very Reverend Canon Michael Sniffen, PhD., *Dean of the Cathedral*
The Rev. Canon Eddie Alleyne, The Rev. Adam Canon Bucko, Ms. Mia Jealous-Denk,
Mr. Michael Eng, Canon Charles Janoff, Esq., *Chancellor*, Dr. Lorna Lewis,
The Rev. Canon John Merz, Ms. LaVerne Mitchell, Mr. Keith Okrosy,
The Rev. Gideon Pollach, The Rev. Canon Kate Salisbury, Mr Dennis Walcott.

THE CATHEDRAL COUNCIL

Mr. Keith Okrosy, *Warden*, Ms. Rebecca Maines, *Warden*
Ms. Fabian Burrell, Ms. Trish Craine, Ms. Tamara Harris,
Ms. Norma Jones, Ms. Brenda Kennedy, Mr. Matthew Mohan,
Ms. Laura Nelson, Ms. Carol O'Rourke,
Ms. Martha Ripp, Ms. Carolyn Ver Pault

THE CLERGY AND STAFF

The Rev. Canon Eddie Alleyne, *Sub Dean and Canon for Cathedral Life*
The Rev. Canon Adam Bucko, *Director of the Center for Spiritual Imagination*
The Rev. Canon Kate Salisbury, *Canon for Christian Education*
The Very Rev. Canon Mark Kowalewski, PhD., *Vicar – Incarnation Chapel*
The Very Rev. Canon Daniel Ade, *Vicar – Incarnation Chapel*
The Rev. Landon Moore, *Associate Priest of the Cathedral*
The Rev. Brian C. Barry, *Associate Priest of the Cathedral*
The Rev. Denise Althea Galloway, *Deacon - Director of Outreach*
The Rev. Canon Bruce Griffith, ThD., *Canon in Residence*
Canon Larry Tremsky, *Director of Music*
Mr. David Preston, *Associate Organist/Choirmaster*
Mr. Kyle Sabo, *The Dean's Verger*
Ms. Arleen Breen, *Cathedral Administrator*
Mrs. Lisa Knudsen, *Administrative Assistant*
Ms. Caroline Cosgrove, *Assistant to the Dean*

WEEKDAY LITURGY AT CATHEDRAL OF THE INCARNATION

WEDNESDAY Eucharist with Healing at 12:00 in the Cathedral



*From the Brooklyn Bridge to Montauk Point
A house of prayer for Long Island*